

CITY OF SEVEN HILLS

COMMUNITY NEWSLETTER SPRING – SUMMER 2023

Dear Residents,

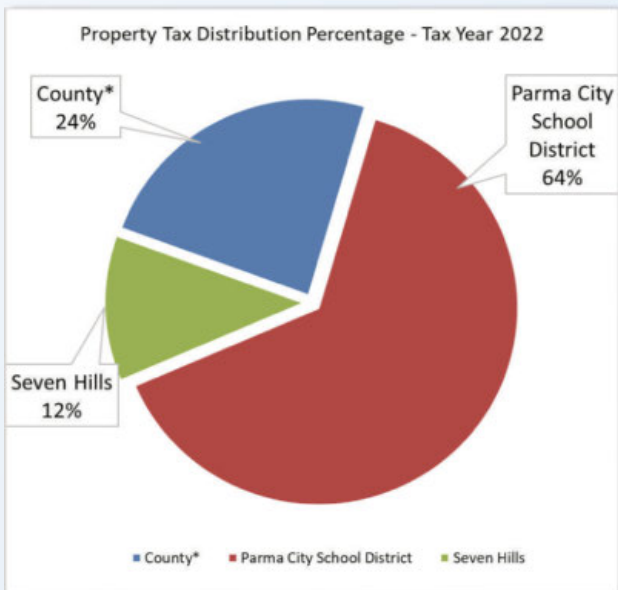
Welcome to the spring edition of our quarterly newsletter. I want to remind everyone that there will be an election this May. Please be sure to complete an absentee ballot or vote in person on May 2. Wards 1, 3 and 4 will once again vote at SEVEN HILLS RECREATION CENTER, 7777 SUMMITVIEW DRIVE, 44131 and Ward 2 will continue to vote at ST PETER UNITED CHURCH OF CHRIST, 125 EAST RIDGEWOOD DRIVE, 44131.

May Ballot Issue

Seven Hills will have a municipal *renewal* trash levy on the May ballot. **This renewal will not increase taxes.** The funds generated by this levy, plus the current balance in our refuse fund, will completely cover our recently passed 5-year contract with Waste Management. The contract with Waste Management will run from 2023-2027 and the levy will run from 2024-2028.

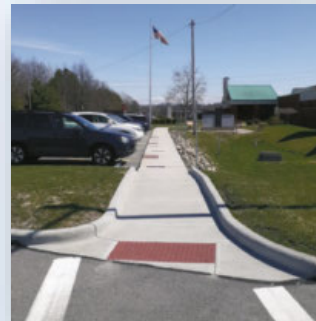
Finance

At the close of our February 2023 reporting cycle, our General Fund Unexpended Cash Balance is \$7.9 million. We have been steadily growing this fund since 2017. This fund provides liquidity in the event of a recession, it also represents funds that we have been setting aside to meet some long-term needs, such as an indoor climate-controlled storage facility to protect our multi-million-dollar investment in Service Department vehicles and equipment. **Our total cash balance is \$19.0 million.** \$8.7 million of our total cash balance is invested in the STAR Ohio fund managed by the Ohio Treasurer of the State, earning 4.76% interest. This pie chart below shows the approximate distribution of your real estate property taxes.



Parks and Recreation

One of the major tenets of our Parks Master Plan was to make our parks and recreation programs more inclusive. From the start, we set out to have amenities and programming for all activity levels and a distribution of assets throughout the city for easy access. Another goal was to make several improvements allowing for adaptation and accessibility. Last year ADA-accessible bathrooms were added to Meijer, Summitview, and Calvin Parks. The steps leading to the old restroom at Meijer were replaced with ramps, the parking lot was reconfigured to include van-accessible parking.



Several van-accessible handicap spots were added to both City Hall and Recreation Center parking areas. Also, both facilities had numerous handicap ramps added or replaced.

This year, we have already contracted to make John Glenn Park more inclusive by adding a parking lot. North Park and Calvin Park get completely new parking lots with accessible parking and ADA compliant restrooms. The restroom facility at Summitview is the first of its kind in our area – this family restroom has an adult sized changing table to accommodate all ages and abilities! **Programming at our Recreation Center is considered among the most inclusive in the county, receiving the All Means All accreditation** from the Cuyahoga County Board of Developmental Disabilities as well as programming grants in 2021 & 2022.

**Note: In this chart, "County" represents property taxes going to Cuyahoga County government, plus several county-level agencies such as the Metroparks, Port Authority, Health and Human Services, Cuyahoga County Public Library, and the Board of Developmental Disabilities.*

MAYOR'S MESSAGE (CONTINUED)



Economic Development

LSB Seven Hills LLC, the private property owners of the Rockside Road Development continue to review proposals from new developers. At this time, they haven't brought forward any potential new deals for the city to review. Raising Cane's, who in December 2022, applied for and were granted a permit to begin work, reversed their decision to break ground. During a January 2023 conference call with the city, Raising Cane's cited inflation and high interest rates as the reason for their decision not to move forward. Raising Cane's remains the sole owner of the 3 acres of the most northeastern corner of the PUD zone.

Infrastructure

In our last newsletter, I briefly spoke of our Calvin Park Phase 2 Water Management Project. The dredging of Somerset Basin is a part of this project. I can now happily report to you that we received a grant from the **Ohio Department of Natural Resources (ODNR) for \$150,000** towards this project and the cost to the city was further offset through the usage of **Northeast Ohio Regional Sewer District (NEORS) cost share program in the amount of \$198,000**. The combination of the ODNR and NEORS funds will cover 68% of the total cost of this project.

Partnerships and Progress

We continue to be highly successful in our partnership efforts. Since we last spoke, we received preliminary approval on grant from **Cuyahoga County Council District 6 in the amount of \$186,000**. This grant was funded through the American Rescue Plan Act (ARPA).

These funds are to be applied specifically to our new splash pad at Calvin Park. In addition, we were awarded **\$9,351** from Ohio Attorney General's Office for police body armor. This grant will cover 75% of the total cost of this new armor for our officers! When we total our Grants, Awards, Partnerships, and Sponsorships from the last 3 years, we reach an **astounding \$6,843,600**.

Summary

I hope you are looking forward to this summer as much as I am. In addition, to all our normal summer events, we will be witnessing the construction of new amenities and infrastructure improvements throughout the city. These projects have been significantly enhanced through the almost \$7 million noted in **Partnerships and Progress**. These funds have been sourced outside of the taxes paid to Seven Hills and most could have been awarded elsewhere if not for the hard work of many individuals. Such an accomplishment could not be possible without the support of our residents, the support of council and the dedication of my staff to their mission.

I'm going to leave you with a quote from NFL coach and executive Vince Lombardi **"Individual commitment to a group effort - that is what makes a teamwork, a company work, a society work, a civilization work."**

Sincerely,

Mayor Tony Biasiotta



Police / Fire Emergency 911

Seven Hills City Hall	216-524-4421
Police NON-Emergency	216-524-3911
Fire NON-Emergency	216-524-3321
Mayor's Office	216-525-6227
Recreation Center	216-524-6262
Senior & Community Services	216-525-6230

Mayor's Court	216-524-4421
Building Department	216-524-4427
Council Clerk	216-525-6235
Finance Department	216-525-6249
Law Department	216-525-6237
Service Department	216-525-6225
Engineering Department	216-525-6277



POLICE DEPARTMENT-EMERGENCY: 9-1-1

POLICE NON-EMERGENCY: 216.524.3911

HOW TO AVOID TELEPHONE SCAMS

Your personal information is important! Guard your social security number, your bank account and credit card numbers, and your driver's license or state identification number. Some criminals trick you on telephone calls to get your personal information. The criminals can then take your information and use your credit cards and bank accounts or open new ones. A real bank or credit card company will never call you and ask for your social security or bank account numbers.



HOW TO AVOID TELEPHONE FRAUD

1. Donate only to recognized charities. Ask the caller to send more information.
 2. Reject high pressure sales methods. Ask the caller to send more information.
 3. Do not do business with anyone who offers to send a delivery service to collect your donation or payment for something you have not yet ordered or received.
 4. Be careful making a donation or buying a service in exchange for the promise of a guaranteed sweepstakes winning.
 5. Be careful of phone calls or email saying that a friend or relative is in a faraway place and needs money to help him. This is a scam. Check with the friend or relative first before sending money.
- Do not purchase any gift cards and provide the gift card numbers to anyone over the telephone.

HOW TO AVOID PRIZE AND SWEEPSTAKES FRAUD

1. If something sound too good to be true, it probably is!
 2. Do not pay to collect sweepstakes winnings.
 3. Phone numbers can be changed on caller ID so that con artists can trick you about who or where they are.
- Ignore all phone solicitations to play a foreign lottery. Such sales and purchases are against the law.



SOLICITORS

The Seven Hills Police Department would like to remind residents that if you are on the do not knock list and unwanted solicitors are still knocking on your door that you should notify the Police Department immediately.

Although many solicitors register with the City, there are several that do not. We want to hear from our residents when anyone approaches their homes without a solicitor's permit.

ALWAYS, ask to see a solicitor's permit or proper identification. If they refuse or do not show you adequate identification, contact the Seven Hills Police Department at 216-524-3911 with a description and an officer will respond.



THEFT FROM VEHICLES

Spring and summer are always the time we experience thefts from cars that are left unlocked in driveways and streets. Please remember to remove all valuables from your vehicles each night and lock your car doors.

IF YOU SEE SOMETHING SAY SOMETHING. CONTACT THE SEVEN HILLS POLICE DISPATCH CENTER AT 216-524-3911. FOR EMERGENCIES DIAL 911.

FIRE DEPARTMENT-EMERGENCY: 9-1-1

FIRE NON-EMERGENCY: 216.524.3321



In the fall of 2017 the Suhy family of Independence received a call that every parent dreads. Their daughter Allison had gone into anaphylaxis from a peanut allergy while attending Ohio University. After several days, due to the lack of oxygen that occurred during her anaphylactic emergency, Allison lost her life. Through this unspeakable tragedy the family decided to make a difference in the allergy community. Since 2018 the Allison Rose Foundation has made it their mission to keep other families from going through this preventable tragedy.

The Allison Rose Foundation has now educated over 70 school districts throughout Ohio and has helped supply many of those districts with epinephrine auto-injectors. In 2023 the foundation has made it part of their mission to help supply restaurants and other qualified entities with the training necessary to recognize and help treat anyone that is going into anaphylaxis.

Working alongside the Allison Rose Foundation, many of our city employees have now sat through this training as well. Because of this, the city will now be able to keep epinephrine auto-injectors in the Community Room at City Hall and the Gathering Room at the Recreation Center. These life saving devices will be supplied by the Allison Rose Foundation free of charge to the City of Seven Hills.

Beginning in late April or early May visitors to City Hall and the Recreation Center will see yellow boxes like the one below hanging on the walls. These boxes will have two epinephrine auto-injectors inside. We hope that these will never need to be used, but we are also incredibly proud of the partnership the City of Seven Hills now has with the Allison Rose Foundation.



ALLISON
ROSE
FOUNDATION



APRIL IS TAX TIME AND SCAM TIME

April is tax time for many people. It's also time when scammers start to prey upon our citizens. A person calls or emails you claiming to be from a state or federal agency, like the IRS, demanding money and claiming that you will be in serious trouble unless you immediately send them money. These scams prey upon people's fears and emotions. And, they are very effective.

Most people want to be law-abiding citizens, and don't wish to intentionally run afoul of the law. And, many of the people receiving these calls, text messages or emails have recently filed their tax returns. Many people have or will receive tax refunds, so they have the ability to pay. That's what makes this type of scam so effective.



These scammers are very aggressive, posing as IRS agents in hopes of stealing taxpayer money or personal information for identity theft purposes. They tell you that you did something wrong and that they will place a lien on your property or arrest you unless you immediately comply.

According to IRS Tax Tip 2022-15, there are certain things that the IRS will never do such as:

- Call to demand immediate payment using a specific payment method such as pre-paid debit cards, gift cards or wire transfers;
- Threaten to immediately bring local police or other law enforcement groups to have the taxpayer arrested for not paying;
- Demand that taxes be paid without giving taxpayers an opportunity to question or appeal the amount owed;
- Call unexpectedly about a tax refund.

What should you do to avoid being victimized by a scammer?

- First, calm down and think about what's happening.
- Ask yourself how would the IRS ever get your email or cell phone number?
- Why would the IRS demand you pay them by Apple gift card or Western Union?
- Write down the number and hang up the phone.

The IRS will send you letters as a first form of contact. Report the activity by calling law enforcement at (216) 524-4423 or report the number to phishing@irs.gov or call the IRS at 800-366-4484.

Eric J. Moore

ERIC J. MOORE
Director of Law
City of Seven Hills
7325 Summitview Drive
Seven Hills, Ohio 44131
(216) 525-6237



SERVICE DEPARTMENT

COMMUNITY SERVICE DIRECTOR JACK JOHNSON

PHONE: 216.525.6225 E-MAIL: JJOHNSON@SEVENHILLSOHIO.ORG

Flooding Emergency—On weekends and after hours, please call Non-Emergency Dispatch at (216) 524-3911 and they will contact the Service Department to assist in any Flooding Emergency.

Flags—The U.S. flag, our national symbol, should not be placed in the regular rubbish. Flags can be placed in the drop box in the entrance of City Hall during regular business hours year round.



Mailboxes—The Service Department will make repairs to mailboxes that have been damaged by snowplows. Typically, damage is a result of the snow hitting the mailbox and not direct contact with the plow. Please check the condition of your mailbox in preparation for snow. Call the Service Department to report an issue at (216) 525-6225.

Brush and Branch Collection—Branch chipping service will be the 1st and 3rd Monday of the month. Place branches on the tree lawn for the Service Department to chip. No need to bundle or tie. Call the Service Department to schedule at (216) 525-6225.

Water Main Breaks—Should you notice bubbling or streaming water along the roadway or tree lawn, please call the Cleveland Water Department at (216) 664-3060 to report the break.

Street Light Outages—To report a street light outage, broken fixture or light flickering please call The Illuminating Company at 1-888-544-4877 or the Service Department at 216-525-6225.

Document Shredding—The City will have two document shred dates this year. April 18th and August 15th from 1pm-7pm behind City Hall. Documents will be shredded on site. This service is for Seven Hills residents only. No businesses. Residents of Seven Hills may bring their personal records, financial documents, letters, manila folders, ledgers, cancelled checks, old invoices and bills. Staples and paperclips do not need to be removed. No plastic, metal spirals, 3-ring binders, cardboard, or magazines.

Household Hazardous Waste & Computer Roundup—The City will have two roundup dates this year. May 16th and September 19th from 8am-6pm behind City Hall. For more information please check the Cuyahoga County Solid Waste District website: www.cuyahogarecycles.org/seven-hills

Household Materials Accepted—Oil or solvent-based paint, sealers, primers, or coatings (aerosols or liquids) - varnishes, polyurethane, shellacs, paint thinner, mineral spirits, turpentine, pesticides, herbicides, fungicides, caustic household cleaners, automotive fluid, motor oil, car batteries, adhesives, driveway sealer, kerosene, gasoline, lighter fluid, mercury.

Household Materials Not Accepted—Latex paint, explosives, gun powder, ammunition, flares, medical waste, pharmaceuticals, sharps, radioactive waste, florescent bulbs.

Disposal of Latex Paint—The Cuyahoga County Solid Waste District does not accept latex paint at the HHW Roundup. Latex paint is comprised mostly of water and is not a hazardous material. To dispose of latex paint, solidify with sawdust or cat litter, and place in your curbside trash. Remove the lid so trash crews now that it is solidified. For more information visit www.cuyahogarecycles.org/seven-hills

Computer Materials Accepted—Computers, printers, cable boxes, calculators, toner, back up batteries, stereo systems, keyboards, mouse, cellphones, fax machines, power supplies, laptops, speakers, telephone network systems, circuit boards, modems, test equipment, cable, wire, hard drives, extension cords, copy machines, servers, CDROM/floppy drives, DVR recorders.

Tire Roundup—You may drop off your car or light truck tires (20" or less) behind City Hall on September 19th from 8am-6pm. Scrap tires must be off of the rim.

Trash Pickup—Schedule a bulk pickup by calling Waste Management at 866-797-9018 or the Service Department at 216-525-6225. Fabric furniture, mattresses, and box springs MUST be wrapped in plastic. Carpet should be no longer than 4' bubbled and tied. Limit 8 rolls per week. Four (4) additional bags or cans (35-gallon, 40 pound limit) allowed outside the cart. Bags or cans may be filled with trash, yard waste, or construction debris. **ONLY 4 ALLOWED - Updated Rule!**

Waste Management Holiday Schedule

Memorial Day: Monday, May 29th, 2023—Delayed One Day

Independence Day: Tuesday, July 4th, 2023—Delayed One Day

Labor Day: Monday, September 4th, 2023—Delayed One Day

Thanksgiving Day: Thursday, November 23rd, 2023—Thursday Picked Up on Friday

Christmas Day: Monday, December 25th, 2023—Delayed One Day





City of Seven Hills, Ohio

Mayor Biasiotta

2023 DOCUMENT SHREDDING

The City of Seven Hills provides two shredding events yearly. This service is for Seven Hills residents only. No Businesses. Residents of Seven Hills may bring their personal records, financial documents, business documents, letters, manila folders, ledgers, cancelled checks, old invoices and bills. Staples and paperclips do not need to be removed.

Bring your papers in a bag or box along with your proof of residency. Drive behind City Hall and our Service Department personnel will assist you with your documents, then return your bag or box to you. Sensitive information is always handled in a secure manner. Documents will be shredded on site.

2023 DATES
APRIL 18TH
AUGUST 15TH
1PM - 7PM
BEHIND CITY HALL

THIS IS A FREE, DRIVE-THRU SERVICE FOR SEVEN HILLS RESIDENTS. THE SHREDDING WILL TAKE PLACE RAIN OR SHINE.

PLEASE NO:
PLASTIC, METAL SPIRALS,
3-RING BINDERS, CARDBOARD
OR MAGAZINES.

City of Seven Hills, OH

7325 Summitview Drive

216.524.4421



ENGINEERING & FINANCE DEPARTMENTS

ENGINEERING DEPARTMENT

Work for 2023 is starting to shape up! The following projects have been bid out and are awaiting awards by City Council:

2023 Pavement Rehabilitation Program
2023 Pavement Markings Program

The 2023 Pavement Rehabilitation Program includes the following streets: St. Francis Drive, Greenlawn Drive, Somerset Lane, Bryant Lane, Justo Lane, E. Parkhaven Drive, Jasmine Drive, Cricket Lane (portion), S. Cricket Lane, Lotus Lane and Applewood Drive (portion). Work will commence in April and the plan is to complete the work by September.

The 2023 Pavement Markings Program refreshes the street striping throughout the City, and will begin after the City has finished performing cracksealing and pavement rejuvenation on the City streets this Spring/early Summer.

The City has awarded the contract to Fabrizi Trucking & Paving Co., Inc. for the following project:

Calvin Park Drainage Improvements (Phase 2)

Work will commence the week of March 27th with some selective tree clearing in the stormwater basin area near Somerset Lane. The remainder of the work will commence shortly thereafter and will plan to wrap up in late August. This project will improve the functionality of this vital stormwater management system!

The Engineering Department plans to go out for public bid on the following projects this year:

Skyview Drive watermain Replacement

This project was awarded by the Cleveland Water Department in late 2022. Design is underway and the cost of the project will be funded by Cleveland Water Department.

The Engineering Department is working with owners of privately owned stormwater management facilities (detention or retention basins) to ensure that they are being maintained properly. Work has started on a few basins to come into compliance, but many more require attention. The Engineering Department will be working yearly to ensure compliance so that these stormwater management facilities function as they were intended to do.

The City partners with the Northeast Ohio Regional Sewer District (NEORS) and Cuyahoga Soil & Water Conservation District (CSWCD) to assist with the management of stormwater in our City. There are helpful resources available from each of these groups for residents. Please check the following links for more information:

Northeast Ohio Regional Sewer District
<https://www.neorsd.org/>

Cuyahoga Soil & Water Conservation District
<https://cuyahogaswcd.org/>

If you have any questions and/or concerns about any of the above-mentioned projects, feel free to e-mail Mark Schmitzer, P.E., City Engineer at mschmitzer@rlba.com , David Bradt, P.E., Assistant City Engineer at dbradt@rlba.com or, call (216) 525-6258.

FINANCE DEPARTMENT NEWS

Tax Year 2022 Municipal Income Taxes Filing Deadline

The filing deadline for 2022 municipal income tax returns is Tuesday, April 18, 2023. Tax forms and filing information can be found on the Regional Income Tax Agency's (RITA) website: www.ritaohio.com. If you need to contact RITA's Customer Service, please call (800) 860-7482.

COMMUNITY SERVICES

COMMUNITY SERVICE DIRECTOR: TONY TERRY

PHONE: 216.525.6230 E-MAIL: TTERRY@SEVENHILLSOHIO.ORG



A MESSAGE FROM COMMUNITY SERVICE DIRECTOR TONY TERRY

Hello All,

As this mild winter comes to an end, there is excitement building for our summer activities. In May, the city will begin all of our outdoor activities starting with our first concert then rolling into Memorial Day parade, Opening Day Baseball, Famer's Market and Home Days. We hope you take advantage of these by bringing your friends and family to enjoy.

Please know that I am here and ready if you have any questions or needs. You can call me at 216-525-6230 or email me at tterry@Sevenhillsohio.org

Stay safe,
Tony

Upcoming Breakfast & Bingo Dates

April 17th—Bingo

May 10th—Breakfast & Bingo

May 15th – Bingo

NO BINGO ON MAY 2ND!

Silver Lining **MEDICARE**

Don't waste another day in your less-than-ideal MEDICARE Plan

Spring ...into action!

Call me & let's discuss all your Medicare Plan options!

Karina Rapalo
Owner & Independent Agent
(216) 978-3396

CITY OF SEVEN HILLS RESIDENTIAL LOCK-BOX PROGRAM

This is recommended for Senior Citizens & Disabled Residents.

This is a great resource for a resident who is living alone, with no one close by to help them in an emergency.

\$35 each and installed by Seven Hills Fire Department.

Contact Tony Terry at 216-525-6230 for more info!

Mind Challenge for the New Majority— A Trivia Competition

Represent Seven Hills in The Mind Challenge for the New Majority from **May 18th - June 6th, 2023!** Local municipalities and Senior Centers will each seat a team to compete against other cities in the Northeast Ohio region.

Teams are comprised of 4 to 6 players + Alternates. Anyone over the age of 50 may play. **No Registration Fee or Participation Fee.** In

March we will meet to form the team placement and play some practice rounds of the Trivia Tournament. Playoff competition against other municipal teams will occur after team formation rounds. All dates and locations for each of the rounds will be announced. Cash prizes (and bragging rights) will be awarded to the municipality. All participants, regardless of team placement will receive a T-Shirt. Let's make Seven Hills A Winner in the 2023 Mind Challenge!

If you are interested in being part of the Seven Hills Team - call Tony at 216-525-6230.

COUNCIL QUARTERLY



Dear Residents,

Welcome to the spring edition of the Seven Hills newsletter. After a pleasantly mild winter, it is with much anticipation and joy that spring is finally upon us.

With warmer weather fast approaching, our 2023 Roads Resurfacing Program will soon get underway. The streets scheduled for resurfacing this year include Applewood Drive, Bryant Lane, Cricket Lane (north of Jasmine Drive), S. Cricket Lane, Greenlawn Drive, Jasmine Drive, Justo Lane, Lotus Lane, E. Parkhaven, Somerset Lane, and St. Francis Drive. In addition, the following roads will receive repairs to be completed by the Seven Hills service department; Alla Drive, Bonroi Drive, E. Dawnwood, Pleasant Run Drive, Winchester Drive, and Wynde Tree Drive.

Furthermore, there will be refuse disposal levy on the upcoming May ballot, please be advised that this renewal will not increase your taxes. The funds generated from this levy along with the current balance in the city's refuse fund will completely cover the recently passed 5-year contract with Waste Management for their services.

Please mark your calendars for the many upcoming events that the city has planned throughout the summer months. Some of the events include the Memorial Day Parade, the summer concert series, the Seven Hills Farmer's Market, Home days, as well as the fall Octoberfest. I hope to see you at some of these upcoming events.

Lastly, if any questions or concerns may arise, please do not hesitate to contact me. I can be reached by phone at (440) 547-6832 or by email at pkiriazis@sevenhillsohio.org.

Best Regards,

Phillip Kiriazis
City Council President



Ward 1

Council President
Philip Kiriazis
440-547-6832
pkiriazis@sevenhillsohio.org

Ward 3

Thomas J. Snitzky
216-236-6322
tsnitzky@sevenhillsohio.org

Council-At-Large

Patrick Elliott
216-990-8725
pelliott@sevenhillsohio.org

Ward 2

Norman Martin
216-317-4600
nmartin@sevenhillsohio.org

Ward 4

Michael Morrow
216-769-3973
mmorrow@sevenhillsohio.org

President Pro-Tem
Stacey L. Kelly
216-642-3722
slk7hills@gmail.com

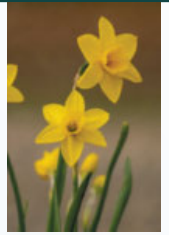
Justin Costanzo
216-408-2314
jcostanzo@sevenhillsohio.org

2023 Seven Hills City Council Representatives



It's "Neat and Tidy" Time!

Hello Ward 2 neighbors. Likely you and I are both hoping for springtime to be here soon. The daffodils will be raising their heads by the time you receive this newsletter.



Over the last few years, I have been trying to communicate how we as individual property owners impact the long term viability of our city. Yes, business expansion is important and has been very successful under the current administration. However, our City of Seven Hills is mostly a single family community. Keeping a community "neat and tidy" helps to keep our community tax base strong and it protects your investment in your home.

A strong tax base means we all can receive quality services such as:

- Smooth roadways, winter snow plowing and leaf pickup to keep our storm water systems free and flowing;
- Police and fire protection to serve and protect us in times of need;
- Improving our parks and recreation opportunities for you, your children and grandchildren to enjoy.

What can you do to help ensure our community stays strong and be able to provide these services? Just do the simple things that continue to make us good neighbors. That means keeping our exterior of our homes in good repair and our yards maintained. Keep the trash cans in the garage or behind the garage so they are not unsightly.

Seven Hills city ordinances require unlicensed or inoperable motor vehicles to be stored in the garage or off site and not on the driveway. Property owners who rent their homes must register with the building department and follow a number of requirements to ensure safety and property maintenance is performed.

There are other property maintenance requirements that can be found on our city's web page at the link for "Codified Ordinances." The ordinances that outline the responsibilities for property owners are similar to most progressive communities. The goal of those ordinances is to keep a community "neat and tidy" and to protect your investment in your home as well as the protection of our community tax base. Be proud of our wonderful residential community. Please do your part to help keep affordable quality services that protect our families lives and property here in Seven Hills. Enjoy the spring blooms!

Regards,

Norm Martin
Ward 2 Councilman

Tranquil. That was the first thing that I thought of when I contemplated creating this newsletter submission. On the surface things may seem quiet, but your council, administration, and this councilman are hard at work improving the life of Seven Hills citizens. I recently volunteered to be part of a review team of our building and zoning codes, some of which have not been updated since 1985, others since the 1940's. The accomplishments of this council and this mayor are many and stunning and partly do to an environment where everyone is working together without concern over who gets "credit" .

PLEASE take a moment and observe all the improvements; Roads, Sewers, Runoff Mitigation, Economic Development, Capital Improvement, Park Redevelopment and many small but meaningful changes to our municipal property. The cash balance in the General Fund is approximately \$8MM and the Capital Improvement Fund is approximately \$2MM, leaving us well positioned for additional investment in our city. This May's election has municipal issue 20. A Trash Collection Renewal Levy. This is a Renewal and will not increase taxes; 100% dedicated to garbage, refuse pickup and distribution; it will cover this expense for the next 5 years; it will project our general fund and maintain our bond rating.

On a personal note - It has been the highlight of my professional career to be such a key part of Seven Hills rebirth. I am very proud of being part of the Hemlock Creek Sewer Project team that dramatically modernized the Sewers, Water Lines and Roads in a vast swath of Ward 3 with a final assessment approximately 60% less than the original projection! Till we chat again, have a wonderful spring.



Respectfully,

Tom Snitzky
Ward 3 Councilman

CPR / AED FIRST AID TRAINING

NOW OFFERING!
BLENDED LEARNING AMERICAN RED CROSS
CERTIFICATION & NON-CERTIFICATION TRAINING



TO REGISTER:

- Online at sevenhillsohio.org
- At the Front Desk
- Scan the QR Code



We Love Our Parks!

Please remember -
Field & Pavilion Use
is by PERMIT ONLY!

Contact Holly to utilize any
City of Seven Hills Field/Park Facility
(Baseball diamonds, soccer fields, pavilions, etc.)

216-524-6262
hzak@sevenhillsohio.org



Henry F Curtis, IV
Chairman

Inajo Davis Chappell
Member

Lisa M. Stickan
Member

Terence M. McCafferty
Member

Anthony W. Perlatti
Director

Anthony N. Kaloger
Deputy Director

THE MAY 2, 2023 PRIMARY ELECTION

The May 2, 2023 Primary Election will decide municipal and judicial candidates who will advance to the November 7, 2023 General Election. Voters will also decide ballot issues.

There are new deadlines for Voting by Mail and new hours for Early In-Person voting. This information is on the Board of Elections website: www.443vote.us.

There are 30 municipalities in the May 2, 2023 Primary Election. Please visit the Board of Elections website: www.443vote.us to view the Election Overview or a sample ballot to learn what is on the ballot in your city.

Voters who wish to Vote-by-Mail must complete and submit a ballot application. To request a Vote-by-Mail ballot application, visit the Board of Elections website or call 216-443-VOTE (8683). Vote-by-Mail ballot applications are also available at all public libraries.

Early In-Person Voting begins on April 4, 2023. Early In-Person voting hours are posted on the Board of Elections website. Voters are reminded to bring photo identification when voting Early In-Person or voting on Election Day.

On Election Day the polls are open from 6:30 a.m. to 7:30 p.m. To confirm your voting location, visit the Board of Elections website or call 216-443-VOTE.

The Board of Elections is hiring Election Day Officials (Poll Workers). Apply online or call 216-443-3277.

2925 Euclid Avenue | Cleveland, Ohio 44115 | 216-443-VOTE (8683) | www.443vote.us

Utilities Contact Information

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AT&T: 800.572.4545

Waste Management Refuse: 866.797.9018

**Northeast Ohio Regional
Sewer District:** 216.881.8247

IN-MEMORIAM

In memory of Seven Hills residents:
Vincenzino Ciclone
Shoukry Labib Agaiby

If you wish to honor the memory of a loved one or friend who was a Seven Hills resident, and would like their name noted in the next newsletter, please e-mail Kathy Holland at kholland@sevenhillsohio.org

SEVEN HILLS HISTORICAL SOCIETY

The Seven Hills Historical Society wants to meet you and hear of your history in Seven Hills. Come and see us at the Seven Hills Farmer's Market on the first Thursday of the month from 4:00pm to 7:00pm. Mark your calendars—July 6th, August 3rd, and September 7th.

Read how it all began and know that it continues today!

HISTORY OF THE SEVEN HILLS HISTORICAL SOCIETY

1977— The year of the 50th anniversary of Seven Hills. Joyce Durkot, a resident assembled a display of memorabilia which was on display at the Parma Snow Library.

1973–1978— Geri Skwarski obtained and documented many family histories.

1977— A history of Seven Hills was written by Mary Jane Navicky, with the help of Joyce Durkot, Geri Skwarski, James King and others.

1980— In 1980 the students at Hillside Junior High School compiled a booklet "Seven Hills, Past and Present" which exists and is used today.

2001— On July 19, 2001 Karen Gardner called the first meeting to order of the newly formed Seven Hills Historical Society. Mayor Gerald Trafis decided that a display case holding memorabilia would be placed in City Hall. Too much light destroyed the contents of the case and so the case was dismantled. The Mayor asked Judith O'Donnell to head the society. She declined.

2006— The society revived in 2006 with a letter to Mayor Bentkowski from the Board, officially forming the Seven Hills Historical Society with Sheryl Grospitch, President, Sheree Stephan, Vice President, and Joyce Hewitt, Secretary. A website was established. Several meetings were held and the group attempted to get a 501c(3) organization.

2008— On October 1, 2008 Seven Hills Historical Society was incorporated in the State of Ohio with a new slate of officers: Judith O'Donnell, President, Kathy Patterson, Vice President, and Sheree Stephan, Secretary.

2012— On January 31, 2012 the Department of the United States Treasury accepted the group's application to become a 501c(3) organization. Regular monthly meetings have been held in the Seven Hills Historical Society room at City Hall since 2012. Present officers are Judith O'Donnell, President, Kathy Patterson, Secretary, and Joyce Roth, Treasurer.

During the years, the Historical Society has been collecting artifacts, clothing, historical papers and other items relating to Seven Hills. All donated by the residents. Possibly, some of your ancestry is in the Historical Society Room.

Meetings are held the first Wednesday of the month in the Historical Society Room at City Hall from 12:00pm–2:00pm. Please call Kathy Patterson at 216-548-9758 or Judith O'Donnell at 440-340-4435 with questions about the cemetery.

FARMER'S MARKET

Welcome Spring! If you are new to our community, there are many perks to living here. One bonus is the Seven Hills Farmer's Market, now in its 9th year! Open on Thursdays, 4:00 – 7:00 PM, July thru September, the market can be found in the open area adjacent to the gazebo (the corner of Hillside and Broadview Roads).

Sharing the bounty of Northeast Ohio's locally grown or produced items, farmers markets are critical components of our food system. The Seven Hills Farmer's Market has quality, variety, and encourages personal interaction with the growers and creators who bring their best every Thursday. Ask them for tips on preparing or using their merchandise! Discerning consumers know that our market items are transported shorter distances and produce is generally grown using methods that are gentle to our earth. These factors help to protect our environment.

The Seven Hills Farmer's Market, also features weekly live music in the gazebo. Some of the musical entertainers this summer will include; Wayne Tomsic, Backstreet Blues Band, The Barlow Boys, Gemstone, Riley Perry, Kennedy & Daine, The Baker's Basement, Hip To That and more. There is always a free weekly raffle with items generously donated by our vendors. Additionally, an exciting lineup of food trucks will be on hand to tease your tastebuds; July 6-Barrio. July 13-Cheesy Dave's. July 20-Smash Time. July 27-Boss ChickNBeer. August 3-Cedar Grill, August 10-Manna Truck. August 17-Pork In The Road. August 24-Empanadas On Wheels. August 31-Blasian Fusion. September 7-Cheezylicious. September 14-Bearden's. September 21-Barrio. September 28-Slyman's.

The Seven Hills Farmer's Market is grateful to their sponsors; The Loan Gal Team at CrossCountry Mortgage, Taleris Credit Union, Inc., and Vince Hrobat Insurance Agency, Inc. who provide the funds needed to sustain the market. Please contact them for your mortgage, banking and insurance needs.

For more information, contact Kathy, 216-525-6227, kholland@sevenhillsohio.org
Happy, Healthy, Homegrown; the Seven Hills Farmers Market, growing community by inspiring healthy, sustainable, abundant living!



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SAVE THE DATES!

2023 SEVEN HILLS COMMUNITY EVENTS

APRIL
08  **EASTER EGG HUNT**
 CITY GAZEBO
 12PM - 2PM

MAY
26 **SUMMER CONCERT SERIES**
BRIAN PAPISH PARTY BAND
 6PM AT CITY HALL PAVILION

MAY
29 **MEMORIAL DAY PARADE**
 STEPS OFF AT 10:30AM 

JUNE
03 **OPENING DAY CELEBRATION**
 11AM AT CALVIN PARK 

JUNE
16 **SUMMER CONCERT SERIES**
 **FUNKOLOGY**
 6PM AT CITY HALL PAVILION

JULY
21  **HOME DAYS**
 6PM CITY HALL GROUNDS
 10PM FIREWORKS

JULY
22  **1PM - 3PM SAFETY FAIR** 
 2PM HOME DAYS
 CITY HALL GROUNDS
 10PM FIREWORKS 

JULY
23  **HOME DAYS** 
 12PM CITY HALL GROUNDS

AUGUST
18 **SUMMER CONCERT SERIES**
 **OUT OF EDEN**
 6PM AT CITY HALL PAVILION

SEPTEMBER
15 **SUMMER CONCERT SERIES**
 **FRANK & DEAN**
 6PM AT CITY HALL PAVILION

SEPTEMBER
23  **OKTOBERFEST** 
 1PM AT CITY HALL PAVILION

DECEMBER
02  **CHRISTMAS CELEBRATION**
 CITY HALL GROUNDS

FARMER'S MARKET WILL BE HELD EVERY THURSDAY
 FROM JULY 6TH THROUGH SEPTEMBER 28TH AT THE
 CORNER OF BROADVIEW AND HILLSIDE! 

MORE INFO AVAILABLE AT
WWW.SEVENHILLSOHIO.ORG
 OR BY SCANNING THE QR CODE!



COMMUNITY RECREATION CENTER HOURS:

SUNDAYS: 12PM – 6PM • MONDAYS– FRIDAYS: 5:30AM – 9PM •

SATURDAYS: 8AM – 8PM



United States Military Veteran Membership: Resident: \$100 Non-Resident: \$150
(Proof of Honorary Discharge via DD-214 required)

Seven Hills Resident Membership Info - Annual / Upfront Payment

Youth	\$105	A resident 12 or younger (must be purchased with Adult Membership).
Teen w Parent	\$160	A resident between 13-17 (must be purchased with an Adult).
Teen w/o Parent	\$210	A resident between the ages of 13 and 17.
Adult	\$210	A resident 18 to 61 years old.
Adult Couple	\$345	2 Adults at the same address in Seven Hills.
Family	\$400	Immediate family household members, up to four people living in Seven Hills (max. 2 adults).
Additional Children	\$40	Additional children may be added for \$40 each per year.
Senior	\$100	Resident 62 or over.
Disabled Resident	\$100	Resident that is "Totally Disabled" determined case by case. Must provide State Disability Info.
Resident College	\$100	Resident full time college student with permanent residence in Seven Hills.

Parma Resident Membership Info - Annual / Upfront Payment for NEW Parma Members (No previous Membership)

Youth	\$150	Parma resident 12 or younger (must be purchased with Adult Membership).
Teen w Parent	\$200	A Parma resident between the age of 13 and 17 (must be purchased with an Adult).
Teen w/o Parent	\$275	A Parma resident between the ages of 13 and 17.
Adult	\$275	A Parma resident 18 to 61 years old.
Parma Couple	\$450	2 Adults at the same address in Parma.
Family	\$525	Immediate family household members, up to four people living in Parma (max. 2 adults).
Additional Children	\$50	Additional children may be added for \$50 each per year.
Senior	\$150	Parma Resident 62 or over.
Disabled Resident	\$150	Parma Resident that is "Totally Disabled". Must provide State Disability Info.
Resident College	\$150	Resident full time college student with permanent residence in Parma.

Non-Resident Membership Info - Annual / Upfront Payment

Individual	\$400	One Person living outside of Seven Hills or Parma
Non Resident Couple	\$605	2 Adults outside of Seven Hills or Parma with same address
Family	\$675	Immediate family household members, up to four people living outside of Seven Hills or Parma (max. 2 adults).
Additional Children	\$105	Additional Children may be added for \$105 each per year.

The above listed memberships are purchased for one full year - one time upfront payment.

All memberships are non-refundable and non-transferrable.

Daily Drop In: Resident: \$5 with Valid ID • Parma Resident: \$10 Valid ID Required

Effective 6/1/2023 Non-Resident (Outside Seven Hills & Parma) \$15 Valid ID Required

SEVEN HILLS INDOOR RENTAL INFORMATION

RECREATION CENTER GATHERING ROOMS

POOL PARTIES:

POOL PARTIES INCLUDE USE OF ONE ROOM AND THE POOL FOR UP TO 20 SWIMMERS FOR THE ENTIRE RENTAL. POOL PARTIES CAN BE RENTED FOR 2-HOURS ON THURSDAY, AND FRIDAY EVENINGS; SATURDAY AND SUNDAY AFTERNOONS.

MEMBERS: \$130 NON-MEMBERS: \$190

GATHERING ROOM RENTALS:

THE PRICING FOR THE GATHERING ROOMS AT THE RECREATION CENTER ARE DEPENDENT ON MEMBERSHIP AS WELL AS THE NUMBER OF PEOPLE YOU ARE LOOKING TO HOST. THE KITCHEN AND PATIO CAN BE RENTED FOR ADDITIONAL FEES.

MEMBERS:

1 ROOM – \$40 / HOUR

2 ROOMS – \$70 / HOUR

3 ROOMS UP – \$100 / HOUR

NON-MEMBERS:

1 ROOM – \$65 / HOUR

2 ROOMS – \$100 / HOUR

3 ROOMS – \$130 / HOUR

TO BOOK A ROOM AT THE RECREATION CENTER PLEASE CONTACT HOLLY ZAK AT 216-524-6262 EXT. 400 OR BY E-MAIL AT HZAK@SEVENHILLSOHIO.ORG

CITY HALL COMMUNITY ROOMS

THE COMMUNITY ROOMS AT CITY HALL ARE AVAILABLE TO RENT TO RESIDENTS OF SEVEN HILLS FOR A FEE OF \$25 PER HOUR. COMMUNITY ROOM RENTALS ARE A MINIMUM OF 4-HOURS AND SECURITY IS REQUIRED FOR ALL EVENTS AT CITY HALL. PAYMENT TO SECURITY IS TO BE PAID ON THE DAY OF THE EVENT.

CONTACT & ADDITIONAL INFORMATION

TO BOOK YOUR EVENT AT THE CITY HALL COMMUNITY ROOMS PLEASE CONTACT TAYLOR TOMECKO AT 216-524-4421.

RESERVATIONS ARE NOT CONSIDERED FINAL OR CONFIRMED UNTIL FULL PAYMENT IS RECEIVED.

RESERVATIONS CAN BE MADE NO MORE THAN 180 DAYS IN ADVANCE AND NO LESS THAN 14 DAYS IN ADVANCE FOR THE RECREATION CENTER AND 30 DAYS IN ADVANCE FOR THE CITY HALL COMMUNITY ROOMS.



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SilverSneakers® Yoga. Move through seated and standing yoga poses designed to increase flexibility, balance, and range of movement. Finish with restorative breathing exercises and final relaxation to promote reduced stress and mental clarity.



SilverSneakers® Splash. In this fun, shallow-water exercise class you'll use a signature splash-board to increase strength and endurance. Splash is suitable for all skill levels and is safe for non-swimmers.



SilverSneakers® Stability. Get stronger and improve your balance through exercises that strengthen the ankle, knee and hip joints, all in a fun and social setting. This class is designed specifically to help prevent falls.



SilverSneakers BOOM™ MIND. The best from yoga and Pilates are combined into one fusion class designed to relax your body and mind. The focus is on core muscles, lower-body strength and balance.



SilverSneakers BOOM™ MUSCLE. This class incorporates athletic exercises that boost your overall fitness. Move through muscle-conditioning blocks and activity-specific drills to improve strength and functional skill.



SilverSneakers BOOM™ MOVE. This fun, dance-inspired workout improves your cardio fitness with easy-to-follow moves set to energizing music.

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ADULT PROGRAMS

SESSION DATES – DROP IN TO MOST PROGRAMS AT ANY TIME!

SPRING: APRIL 16TH – MAY 27TH (REGISTRATION OPENS 4/7)

SUMMER 1: JUNE 4TH – JULY 15TH (REGISTRATION OPENS 5/28) / SUMMER 2: JULY 30TH – SEPTEMBER 2ND (REGISTRATION OPENS 7/16)

ZUMBA WITH NELA

PERFECT FOR EVERYBODY AND EVERY BODY! EACH ZUMBA® CLASS IS DESIGNED TO BRING PEOPLE TOGETHER TO SWEAT IT ON. A TOTAL WORKOUT, COMBINING ALL ELEMENTS OF FITNESS – CARDIO, MUSCLE CONDITIONING, BALANCE AND FLEXIBILITY, BOOSTED ENERGY AND A SERIOUS DOSE OF AWESOME EACH TIME YOU LEAVE CLASS.



INSTRUCTOR: NELA SERRANO

DAYS: WEDNESDAY & FRIDAY EVENINGS 6:30PM – 7:30PM ** SEE SCHEDULE FOR SPECIFICS**

FEES: MEMBER PUNCH CARD: \$27 OR \$6 DROP IN

NON-MEMBER PUNCH CARD: \$37 OR \$8 DROP IN

FIT HAPPENS WITH DEBBIE – SHE’S BACK!

JOIN US FOR A FULL BODY WORK OUT USING WEIGHTS, RESISTANCE BANDS, YOUR OWN BODY WEIGHT, AND EXERCISE BALLS TO SCULPT AND STRENGTHEN YOUR BODY. THIS WORK OUT TARGETS ALL MUSCLES GROUPS TO TONE AND DEVELOP YOUR ENTIRE BODY, INCLUDING YOUR ABDOMINALS AND MID-SECTION. MODIFICATIONS ARE TAUGHT TO MAKE THIS AN EFFECTIVE CLASS FOR BEGINNERS TO ADVANCED FITNESS LEVELS. DEBBIE IS ALSO A CERTIFIED NUTRITIONIST WHO PROVIDES TIPS AND STRATEGIES TO ENHANCE YOUR OVERALL HEALTH AND WELL BEING. JOIN IN AND SEE HOW GREAT YOU CAN FEEL!



INSTRUCTOR: DEBBIE MAKOWSKI

DAYS: TUESDAY EVENINGS: 6:30PM – 7:30PM

FEES: 6-CLASS PUNCH CARD: \$42 12-CLASS PUNCH CARD: \$82 OR DROP-IN \$10



BEGINNER’S YOGA WITH HEATHER

FOR THOSE THAT WANT TO TRY YOGA FOR THE FIRST TIME OR THOSE THAT NEED A BIT MORE INSTRUCTION & SLOWER PACED CLASS. WE WILL CONNECTOUR BODY, MIND, AND SPIRIT THROUGH BREATH AND MOVEMENT, HELPING TO IMPROVE STRENGTH AND FLEXIBILITY. A GREAT WORKOUT OPTION FOR THOSE JUST STARTING OUT THEIR YOGA JOURNEY!



INSTUCTOR: HEATHER HANCHUK-RYT 200 HOURS / CYT 500

DAYS: MONDAY EVENINGS: 5:30PM – 6:30PM

FEES: 5-CLASS PUNCH CARD: MEMBERS: \$40 NON-MEMBERS: \$45

10-CLASS PUNCH CARD: MEMBERS: \$70 NON-MEMBERS: 80 OR DROP-IN \$10

ALL LEVELS POWER YOGA WITH HEATHER

UPBEAT MUSIC, HIGH ENERGY CLASS! OFFERING HIGHER LEVEL BALANCES, BINDS, AND POSES BUT ALWAYS GIVING MODIFICATIONS FOR THOSE WHO MAY NEED THEM. NO ONE SHOULD BE AFRAID TO TRY THIS CLASS... ALL LEVELS WELCOME!



INSTUCTOR: HEATHER HANCHUK-RYT 200 HOURS / CYT 500

DAYS: MONDAY EVENINGS: 7PM – 8PM

FEES: 5-CLASS PUNCH CARD: MEMBERS: \$40 NON-MEMBERS: \$45

10-CLASS PUNCH CARD: MEMBERS: \$70 NON-MEMBERS: 80 OR DROP-IN \$10

JAZZERCISE

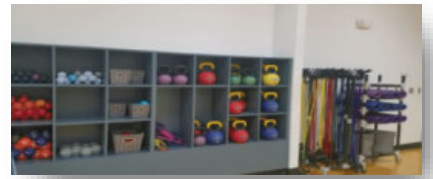
THE ORIGINAL DANCE EXERCISE PHENOMENON-OPEN TO ALL AGES! EACH 60-MINUTE CLASS OFFERS A BLEND OF EXERCISE WITH THE FUN OF DANCE SET TO YOUR FAVORITE MUSIC – TOP 40, JAZZ, COUNTRY, FUNK & CLASSIC! PILATES, YOGA AND KICKBOXING MOVEMENTS ARE INCORPORATED TOO. SESSIONS AND REGISTRATIONS ARE CONTINUOUS (DOES NOT FOLLOW REC DATES) !

CLASSES MEET IN REC. CENTER GYM 1 FEES: 1 MONTH: \$50 DROP-IN \$15 JOIN AT ANY TIME!

DAYS: MONDAY & WEDNESDAY EVENINGS 6:30PM – 7:30PM WITH LOIS POWERS- LOISJAZZERCISE@GMAIL.COM / 330.468.6637

DAYS: TUESDAY & THURSDAY MORNINGS 8:30AM – 9:30AM WITH CAROL MASON

ADULT PROGRAMS



SESSION DATES – DROP IN TO MOST PROGRAMS AT ANY TIME!

SPRING: APRIL 16TH – MAY 27TH (REGISTRATION OPENS APRIL 7TH)

SUMMER 1: JUNE 4TH – JULY 15TH (REGISTRATION OPENS MAY 28TH)

SUMMER 2: JULY 30TH – SEPTEMBER 2ND (REGISTRATION OPENS JULY 16TH)

TRIM & TONE WITH TANYA

A UNIQUE, HEAD TO TOE, FEEL GOOD WORKOUT COMBINING CARDIO MOVES WITH RESISTANCE TRAINING AND CORE WORK LED BY AN AFAA CERTIFIED INSTRUCTOR. EVERY MUSCLE GROUP WILL BE TARGETED AND TONED, EVEN SOME YOU DIDN'T EVEN KNOW YOU HAVE! MODIFICATIONS ARE TAUGHT SO EVERY "BODY" CAN ENJOY THIS FUN AND INNOVATIVE CLASS.

MONDAYS - WEDNESDAYS - FRIDAYS 9:30AM – 10:30AM



PILATES SCULPT WITH TANYA

STANDING AND MAT PILATES EXERCISES USING LIGHT HAND WEIGHTS TO TOTALLY RESHAPE YOUR BODY FROM THE INSIDE OUT. ALL MUSCLE GROUPS WILL BE LENGTHENED AND TONED, IMPROVING CORE STRENGTH, BACK HEALTH AND OVERALL WELL BEING. MODIFICATIONS ARE TAUGHT. BEGINNERS AND ADVANCED.

TUESDAYS 9:30AM – 10:30AM



STRESS RELIEF YOGA

THIS CLASS BEGINS WITH A GENTLE YOGA FLOW TO WARM THE BODY INCLUDING SOME LIGHT CORE WORK TO STRENGTHEN THE ABDOMINALS AND BACK. IT CONTINUES WITH DEEP STRETCHING AND RESTORATIVE YOGA POSES ON THE FLOOR, CONCLUDING WITH A FINAL RELAXATION. THE FOCUS IS ON BREATH AND MINDFULNESS TO STRENGTHEN OUR BODIES WHILE IMPROVING FLEXIBILITY AND BALANCE. YOU WILL LEAVE FEELING REFRESHED AND REJUVENATED. ALL LEVELS AND AGES WILL BENEFIT FROM THIS RESTORATIVE CLASS.

THURSDAYS 9:30AM – 10:30AM



ALL OF THE ABOVE CLASSES ARE ELIGIBLE FOR TANYA 'S PUNCH CARD:

MEMBER CARD: \$50 (10 CLASSES) OR \$7 DROP IN NON-MEMBER CARD: \$70 (10 CLASSES) OR \$9 DROP IN

ROCK STEADY BOXING

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INSTRUCTOR: JESSICA NADZAM

DAYS: MONDAYS & THURSDAYS : 11AM – 12NOON

FEES: 5-CLASS PUNCH CARD: MEMBERS: \$40 NON-MEMBERS: \$45

10-CLASS PUNCH CARD: MEMBERS: \$70 NON-MEMBERS: 75

DROP IN: \$10



LEAGUE PLAY



OUTDOOR REC VOLLEYBALL LEAGUE PLAY!

GAMES PLAYED WEDNESDAY EVENINGS @ CITY HALL COURTS STARTING JUNE 14TH
\$250 PER TEAM CONTACT DAVE AT [DILUZIO@COX.NET](mailto:diluzio@cox.net) TODAY FOR MORE INFO!

ADULT MEN'S HOOPS

MEN'S LEAGUES WILL PLAY THURSDAY NIGHTS AND SUNDAYS. SUNDAYS: BRONZE DIVISION WILL PLAY EARLY TO MID-AFTERNOONS AND SUNDAY SILVER DIVISION WILL PLAY AFTERNOON TO EARLY EVENINGS. GOLD DIVISION WILL PLAY AFTERNOON TO LATE EVENINGS. COMPETITION IS AS FOLLOWS: GOLD IS HIGHLY COMPETITIVE, SILVER IS A FUNDAMENTAL LEVEL OF PLAY WHERE DEFENSE AND SCORING ARE CONCERNED. BRONZE DIVISION IS A RECREATIONAL LEVEL LEAGUE AND IS A GREAT START FOR NEW TEAMS NOT FAMILIAR WITH OUR LEAGUES. THURSDAYS ARE A MIX OF GOLD & SILVER TALENT.
CONTACT PHIL TOMBERLAIN AT ROOKIEATHLETICS@GMAIL.COM FOR MORE INFORMATION REGARDING OUR UPCOMING LEAGUES!



SUMMER / FALL BOCCE LEAGUE

WARM UP YOUR PALLINO! BOCCE IS HOT AT SUMMITVIEW COMMONS BOCCE COURTS (BEHIND CITY HALL TO THE LEFT OF THE PAVILION). LEAGUE ORGANIZATION AND REGISTRATION WILL BEGIN MID-JUNE. TENTATIVE START OF LEAGUE PLAY IS EARLY TO MID-SUMMER. LOOK FOR UPCOMING INFORMATION ON OUR WEBSITE AND FACEBOOK PAGE! AS LONG AS NO LEAGUE GAMES ARE BEING PLAYED, COURTS ARE OPEN TO THE PUBLIC. ANY GENERAL QUESTIONS AT THIS TIME CAN BE DIRECTED TO MICHAEL KLUBNIK AT MKLUBNIK@SEVENHILLSOHIO.ORG OR 216-525-6273

SEVEN HILLS BASKETBALL FEDERATION
3-ON-3 TOURNAMENT
HOME DAYS WEEKEND

MORE INFO
COMING SOON!



 Seven Hills Basketball Federation www.sevenhillsbasketball.com

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Registration Opens
April 10th



SUMMER CAMP 2023!

PRICING

MEMBERS

FULL TIME: \$160

PART TIME: \$140

SKIP THE LINE! REGISTER ONLINE!

NON-MEMBERS

FULL TIME: \$190

PART TIME: \$155

PAYMENT PLANS
NOW AVAILABLE!

FILL YOUR CHILD'S SUMMER WITH FUN AND ADVENTURE AT THIS YEAR'S SEVEN HILLS SUMMER DAY CAMP! CAMP WILL RUN DAILY FROM 6:30AM - 6PM.



DOODLEBUGS CAMP (3 TO 5 YEARS)



FIREFLIES CAMP (6 TO 10 YEARS)



DRAGONFLIES CAMP (11 TO 13 YEARS)

OUR CAMP IS OFFERED FOR 10 WEEKS, BEGINNING JUNE 5TH AND RUNNING THROUGH AUGUST 11TH.



FOR MORE INFO E-MAIL:
CAMPS@SEVENHILLSOHIO.ORG

SEVEN HILLS
PARKS
AND
RECREATION



ROOKIE ATHLETICS



FLAG FOOTBALL SKILLS

We play different skill drills and games getting a good fundamental knowledge of the sport while growing ability and building towards game play. Focusing on Running with the ball, Throwing, Catching, Route Running, Defense, & Game Play. 5 class program - \$50

Day and Time: *Friday*

Ages 3-4: 4:30 pm - 5:00 pm

Ages 5-6: 5:15 pm - 6:00 pm

Ages 7-8: 6:15 pm - 7:00 pm

SPRING STARTS APRIL 21ST REGISTRATION OPENS APRIL 2ND

SUMMER 1 STARTS JUNE 16TH REGISTRATION OPENS MAY 14TH

SUMMER 2 STARTS AUGUST 4TH REGISTRATION OPENS JULY 9TH



SOCCER SKILLS



Soccer introduces beginners to team play, along with building coordination and motor skills. Rookie Athletics will begin with teaching the basic skills such as ball control, defense, passing, and finishing through a series of fun skill drills and games that build towards game play!

5 class program - \$50

Day and Time: *Monday*

Ages 3-4: 4:30 pm - 5:00 pm

Ages 5-6: 5:15 pm - 6:00 pm

Ages 7-8: 6:15 pm - 7:00 pm

SPRING STARTS APRIL 17TH REGISTRATION NOW OPEN

SUMMER 1 STARTS JUNE 12TH REGISTRATION OPENS MAY 14TH

SUMMER 2 STARTS JULY 31ST REGISTRATION OPENS JULY 9TH



DODGEBALL

We use light foam balls making any impact pain free. After some warm up drills & rule review we dive directly into game play in a fast paced, ball-flying, dippin n' dodgin exciting time. 5 class program - \$50

Day and Time: *Monday*

Ages 5-6: 6:15 pm - 7:00 pm

Ages 7-8: 7:15 pm - 8:00 pm

SPRING STARTS MAY 8TH REGISTRATION OPENS 4/2

SCAN CODE FOR MORE INFORMATION
& TO REGISTER



Basketball Skills

If you are looking to learn the fundamentals or gain more experience and knowledge on the court, our skills class is for you! Through skill drills and games, see improvement in all areas of basketball. Tuesdays, 5 class program - \$50

Day and Time: Tuesdays

Ages 3-4: 4:30pm - 5pm

Ages 5-6: 5:15pm - 6pm

Ages 7-8: 6:15pm - 7pm

Grade 3&4: 7:15pm - 8pm

SPRING STARTS MAY 9TH REGISTRATION OPENS APRIL 2ND

SUMMER 1 STARTS JUNE 13TH REGISTRATION OPENS MAY 14TH

SUMMER 2 STARTS AUGUST 1ST REGISTRATION OPENS JULY 9TH

T-Ball League

Week 1 will teach the basics of hitting, base running, fielding and throwing. From there we will continually review the basics while playing a two - three inning game where everybody bats. Each class goes for about 45 minutes. *Games will be played Saturdays between 9am-12pm.* You will be contacted via email prior to week 1 with exact times. 6 class program. *Ages 3&4. Beginner 5 year olds are welcome!* - \$75

SPRING STARTS APRIL 22ND REGISTRATION NOW OPEN

SUMMER STARTS JULY 15TH REGISTRATION OPENS IN JUNE

Basketball League

For Ages 5-8. Your young athlete will have a great time learning the fundamentals while becoming game ready. Week one will be a skill introduction and review, followed by five weeks of games. 6 class program. *Games will start between 9am - 2pm Saturdays.* You will be emailed prior to Week 1. - \$75

SPRING STARTS APRIL 22ND REGISTRATION OPENS 4/2

SUMMER STARTS JUNE 3RD REGISTRATION OPENS 5/14

PickUp Basketball

Just want to play basketball? Pick up is a perfect way to ramp up for the basketball season. 120 minutes of game after game after game. 5 class program. - \$100

SPRING STARTS MAY 6TH REGISTRATION NOW OPEN

SUMMER STARTS JUNE 10TH REGISTRATION OPENS 5/14

THURSDAYS

7&8 Grade: 5pm - 7pm

SATURDAYS

3&4 Grade: 2pm - 4pm

5&6 Grade: 4pm - 6pm

**SCAN CODE FOR MORE INFORMATION
& TO REGISTER**



2023 Spring / Summer Aquatic Programs

Group Learn-To-Swim
Members: \$50 | Non-Members:
\$60
For ages 6 months and up.

Summer Session
Registration Begins May 7th
Mon. PM Only: June 5th to July 17th
No Class July 3rd
Wed. PM Only: June 7th to July 19th
No Class July 5th
Sat. AM Only: June 10th to July 15th

Monday-Thursday AM Lessons
Session #1: June 5th to 13th
Session #2: July 10th to 20th
Session #3: TBD

Groups times will be
posted at sevenhillsohio.org



For more information about
our aquatics programs,
contact Mike w/ questions at
216-524-6262 ext. 404
or
mgallagher@sevenhillsohio.org



Group Descriptions

Cuttlefish: For ages 6 months to 3 years, the parent/guardian and participant will participate together in fun activities to help your child adjust to the water.

Newt (Pre-School #1): For ages 3 and up, the goal of this group is to have the child learn to use their arms and legs with a floatation device, enter/exit the pool independently, and float, jump in, and exit the pool with or without assistance.

Salamander (Preschool #2): For ages 3 and up, the goal of this group is to have the child improve their arm and leg strength, and float, jump in, and exit the pool with very little or without assistance.

Seahorse (Preschool #3): For ages 3 and up, the goal of this group is to the float, jump in, and swim with their face in to the instructor without assistance.

Sea Dragon (Preschool #4): For ages 4 to 7, the goal of this group is to improve on swimming skills, incorporate rhythmic breathing, and swimming farther than the previous levels.

Jellyfish (Level #1): For ages 5 and up, the goal of this group is learn freestyle with rotary breathing and backstroke without assistance.

Sea Lion (Level #2): For ages 5 and up, the goal of this group is improve on their freestyle swimming and swim backstroke farther with their body at the surface.

Otter (Level #3): For ages 5 and up, this group is to improve freestyle and backstroke swimming and introduce breaststroke.

Polar Bear (Level #4): For ages 5 and up, this group will improve technique, strength, endurance with freestyle, backstroke, and breaststroke, and introduce butterfly.

Become Part of the Seven Hills Aquatic Team!

Flexible Scheduling! We can train you as a lifeguard and/or swim lessons instructor!

Contact Mike for more details and bonus information.
216-524-6262 | mgallagher@sevenhillsohio.org

Seahawks Recreation Swim Team: We offer an inclusive competitive swimming program for all ability levels ages five and up. If your child can swim 25-yards/meters freestyle and 25-yards/meters backstroke non-stop, they can participate in this program. Contact the aquatics supervisor to schedule an evaluation to see if this program is right for your child.

Spring Session

Members: \$50 | Non-Members \$60
Apr 3rd to May 17th

Mon & Wed

10 & Under from 5-6 pm
11 & Over from 6-7 pm

Summer Session

Members \$100 | Non-Members \$110
June 19th to July 29th

10 & Under

Mon & Wed from 5 to 6 pm
Tue & Thu from 10 to 11 am

11 & Over

Mon & Wed from 6 to 7 pm
Tue & Thu from 10-11:30 am

Competitive Swimming Clinic: These clinics are for **COMPETITIVE SWIMMERS ONLY** will emphasize the proper technique for all of the four competitive strokes and turns. Contact the aquatics supervisor for more information.

Spring Session (Ages 10-16)

Members: \$20 per clinic

Non-Members: \$30 per clinic

From 11:15-12:45 pm

Apr 15th - Breast/Fly Open Turns

May 20th - Breast/Fly Technique

Summer Session (Ages 8-16)

Members: \$10 per clinic or \$30 for all 4 clinics

Non-Members: \$20 per clinic or \$60 for all 4 clinics

From 5:30-6:30 pm

June 5th - Freestyle & **June 7th** - Backstroke

June 12th - Breaststroke & **June 14th** - Butterfly

American Red Cross Junior Lifeguard Training Program: For ages 11 to 14 years, the American Red Cross Junior Lifeguarding is designed to guide youth what it takes to be a lifeguard in the future. Each participant must attend each day of the course. On successful completion, the participant will receive a certification of completion. Contact the aquatics supervisor for more information.

Members: \$50 | **Non-Members:** \$60

June 5th, 6th, 7th, & 8th from 12 to 3 pm

American Red Cross Lifeguard Training Course: Provides entry-level participants the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until EMS personnel take over. **Spring and Summer Classes Available!** Contact the aquatics supervisor for more information.

Private Swimming Lessons: This program offers one-on-one or semi-private (2-3 swimmers of equal ability level) swim lessons for children 16 & under. The emphasis can be on learning to swim or improving stroke technique. Contact the Aquatics Supervisor for more information.

WATER EXERCISE



HIIT CLASS WITH LAURA

LOOKING FOR A NEW CHALLENGE TO GET STRONGER, LEANER, AND HEALTHIER? JOIN US FOR A 30-MINUTE HIGH-INTENSITY INTERVAL TRAINING PROGRAM TO EASE YOUR JOINT STRESS WHILE MAXIMIZING YOUR MUSCLE OVERLOAD! EQUIPMENT WILL BE USED TO CREATE ADDITIONAL RESISTANCE DEMANDS TO THE MUSCLES HELPING THEM BECOME STRONGER TO SUPPORT JOINT HEALTH, INCREASE RANGE OF MOTION, AND GENERATE CALORIE BURN TO FOSTER A LEANER PHYSIQUE. MONDAYS, TUESDAYS & THURSDAYS: 8:15AM-8:45AM



CARDIO & TONING:

CHANGE-UP YOUR WORKOUTS AT THE POOL! THIS CLASS IS A COMBINATION OF CARDIO INTERVALS ALONG WITH STRENGTHENING AND TONING MOVES. GREAT FOR BEGINNERS OR THOSE WITH EXPERIENCE – A FUN TIME FOR EVERYONE!

TAUGHT BY CERTIFIED INSTRUCTORS AROUND THE 4-FOOT DEPTH.

TUESDAY & THURSDAY EVENINGS WITH KAREN: 6:00PM – 7:00PM



LOW IMPACT WATER EXERCISE WITH RENEE:

GET A GREAT WORK-OUT WITHOUT THE PAIN! WATER AEROBICS OFFERS GREAT RESULTS WHILE YOU ENJOY THE WATER. LOW-IMPACT, HIGH INTENSITY! ALL CLASSES TAUGHT BY CERTIFIED INSTRUCTORS – CLASS MEETS AROUND THE 4-FOOT DEPTH.

MONDAYS, WEDNESDAYS, & FRIDAYS: 9:00AM – 9:45AM

WEDNESDAYS 8:00AM – 8:45AM & FRIDAYS: 9:00AM – 9:45AM – SUMMER (SUMMER SCHEDULE BEGINS 6/4/2023)



ARTHRITIS FOUNDATION AQUATIC PROGRAM WITH LEIGH:

THIS PROGRAM IS SPECIFICALLY GEARED TOWARDS ADULTS LIVING WITH ARTHRITIS. PARTICIPANTS ARE PROVIDED WITH GENTLE AQUATIC ACTIVITIES WITH THE GUIDANCE OF A CERTIFIED ARTHRITIS FOUNDATION INSTRUCTOR. ALL EXERCISES ARE LOW-IMPACT AND DONE AROUND THE 4-FT. DEPTH.

MONDAYS, WEDNESDAYS, & FRIDAYS: 10:00AM – 10:45AM – SPRING

MONDAYS & WEDNESDAYS: 9:00AM – 9:45AM / FRIDAYS 10:00AM – 10:45AM – SUMMER (SUMMER SCHEDULE BEGINS 6/4/2023)



AQUA BARRE WITH KATIE:

AQUA BARRE IS A FITNESS CLASS THAT COMBINES ALL THE COMPONENTS OF CARDIO, STRENGTH, AND FLEXIBILITY FOUND IN A BALLET BARRE CLASS WITH THE BENEFITS AND FUN OF AQUATIC STRENGTH AND CONDITIONING. BALLET BARRE COMBINES PRINCIPLES OF BALLET, YOGA, AND PILATES, AND GENERAL CALISTHENICS WITH A STRONG EMPHASIS ON POSTURE, CORE STRENGTH, AND PROPER TECHNIQUE. INSTEAD OF THE CLASSIC BARRE AND LIGHT DUMBBELLS, GRAVITY AND BUOYANCY ARE BOTH USED TO PROVIDE RESISTANCE AND TONING FOR THE LOWER BODY, CORE, AND UPPER BODY. NO DANCE EXPERIENCE IS NECESSARY, AND MODIFICATIONS CAN BE PROVIDED TO APPEAL TO BOTH BEGINNERS AND EXPERIENCED AQUATIC ENTHUSIASTS!

MONDAYS: 7:45PM – 8:45PM (THIS PUNCH CARD ONLY GOOD FOR KATIE'S CLASS)

ALL WATER EXERCISE CLASSES ARE OFFERED THROUGH OUR PUNCH CARD SYSTEM
PUNCH CARDS ARE GOOD FOR 12 WATER CLASSES. (CARDS EXPIRE AFTER 8 MONTHS)

MEMBERS: \$38 NON-MEMBERS: \$50 DROP IN: \$10



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AT 216-525-6227 / KHOLLAND@SEVENHILLSOHIO.ORG



RECREATION CENTER HOLIDAY HOURS:

SUNDAY, APRIL 9TH – EASTER SUNDAY – CLOSED
MONDAY, MAY 29TH – MEMORIAL DAY – 5:30AM – 12:PM
TUESDAY, JULY 4TH – INDEPENDENCE DAY – CLOSED

CITY HALL HOLIDAY HOURS:

MONDAY, MAY 29TH – MEMORIAL DAY – CLOSED
TUESDAY, JULY 4TH – INDEPENDENCE DAY – CLOSED

DELAYS IN TRASH PICK UP

MEMORIAL DAY – MAY 29TH – DELAYED ONE DAY
INDEPENDENCE DAY: TUESDAY JULY 4TH – DELAYED ONE DAY
LABOR DAY: MONDAY SEPTEMBER 4TH – DELAYED ONE DAY

DOCUMENT SHRED DATES

APRIL 18TH – 1PM – 7PM – BEHIND CITY HALL

HOUSEHOLD HAZARDOUS WASTE ROUNDUP

MAY 16TH – 8AM – 6PM – BEHIND CITY HALL

SEVEN HILLS CITY HALL • 7325 SUMMITVIEW DRIVE • SEVEN HILLS, OH 44131
PHONE: 216-524-4421 • WEBSITE: WWW.SEVENHILLSOHIO.ORG