



City of Seven Hills Community Newsletter Fall 2023 - Winter 2024

Dear Residents,

Welcome to the fall / winter edition of our quarterly newsletter. I want to encourage everyone to vote this election.

Your vote helps us ensure we are represented at our greatest potential. Please be sure to complete an absentee ballot or vote in person on November 7th. Wards 3 & 4 will vote at Seven Hills Recreation Center located at 7777 Summitview Dr., while Wards 1 & 2 will vote at St. Peter United Church of Christ located at 125 E. Ridgewood Dr. Please note, there are several local issues on the ballot this fall. Issue 5 is a proposed renewal and increase for the Cuyahoga Community College District; Issue 12 is a no tax increase renewal of two existing Parma City School District levies; and Issues 67-71 are proposed changes to the City of Seven Hills Charter.

Finance

Our total unexpended cash balance is \$17.9 million. Our total cash dipped slightly from my last communication because of a large payment being made on our road resurfacing project. However, our balance remains comfortable for a city of our size. We are well-positioned to accommodate needed improvements such as our new service truck storage garage, infrastructure improvements, and pay down notes (when it becomes advantageous to do so). To help explain our position, I will share with you that the Government Finance Officers Association (GFOA) recommends governments, regardless of size, maintain a minimum unrestricted general fund balance of no less than two months, or 17%, of general fund operating revenues or general fund operating expenditures. This is a minimum best practice and could vary depending on the government's needs and circumstances. From the perspective of the person ultimately responsible for leading our city, the more in reserves, the better, to withstand any economic downturns. Therefore, I recommend maintaining a minimum balance of no less than 25% (or three months) of general fund operating expenditures. Using 2022 figures, the general fund had operating expenditures of about \$12 million, so this would equate to a minimum fund balance of \$3.0 million at the 25% threshold. The general fund's actual unexpended cash balance as of our August 2023 reporting cycle was \$9.1 million. Hence, we remain on solid ground.



Parks and Recreation

Some of our major components of our Parks Master Plan are rounding third and heading for home. The Splash Pad (pictured above), Concession Stand / Restroom Building, and new parking lot at Calvin are scheduled for completion this December. Next up is the addition of a Disc Golf course at Calvin. Construction on the Lodge at North Park (below) and expanded parking lot is starting to take shape. The Lodge is expected to be completed by March 2024. This facility will be available for residents to rent this coming Spring. Additional projects completed over the last few months include new pickleball courts and resurfaced tennis courts at both John Glenn and Meijer Parks, replacement backstop at Meijer Ball Field, and additional walking paths at Summitview. We encourage everyone to check out one of our six parks. For a deeper dive into this subject, be on the lookout for our State of the City Part III that will be dedicated to Parks and Recreation.



Infrastructure

The 2023 Road Program is wrapping up with the final surface pavement being placed on the roads. Final joint sealing and any last minute cleanups will be performed shortly. A final inspection of all the roadwork will be conducted before this project is complete. This program rehabilitated over 2.65 miles of roadway (curb to curb) on ten (10) different streets in the City.

Continued on next page...

The Calvin Park Stormwater Basin (located adjacent to Somerset Drive) was recently rehabilitated by the city. The existing stream channel was reinforced with armor rocks (erosion control system), as well as removal of approximately three feet (3') of sediment from the basin to restore storm water storage capacity in this basin. **Nearly 500 trees and plants were added to the project to help reforest the area.**



Somerset Basin Before



Somerset Basin After

In addition, the dredging of Driftwood Basin (located between Chestnut and Driftwood at the southern edge of the Bayberry development) is nearly complete. These basins are an integral part of our storm water management system. They capture storm water and retain it until the sewers can convey it. It is important that they be maintained and are working properly. These basins are now functioning at the level they were designed, thereby relieving a lot of the overland flooding that occurs when they are not.

Maintaining the Somerset and Driftwood basins, along with the drainage measures that were previously completed near Calvin Park as part of our Water Task Force committee, will go a long way in addressing decades old stormwater issues in the surrounding neighborhoods.



Driftwood Basin



Current Garage

Service Vehicle Storage Garage In the last four years, we have invested over \$1 million in new service department equipment. This investment has allowed our Service Department to serve you better. However our new equipment, as well as our previously purchased equipment, has been exposed to the elements year-round, as our Service Garage is not enclosed. This fall we began construction on a new climate-controlled Storage Garage adjacent to our current Service Garage. **This new 7,592-square-foot facility will extend the service life of our equipment, and in doing so, protect your tax dollars!**



New Storage

Partnerships and Progress.

Earlier this September, the Cuyahoga Land Bank demolished two city-owned homes at the southeastern corner of the intersection of Rockside and Crossview Roads. Having the parcels connected and cleared, it creates a better environment for future development. Further, we are better positioned to move on the part of the city's long-term master plan to put a right-turn lane off Crossview Road onto Rockside Road to help keep traffic moving and not backing up, as well as impacting nearby residents. **With this most recent partnership with the Cuyahoga Land Bank, our partnership, awards, grants, and sponsorship total is now just shy of \$7,000,000 since the start of 2020.**

As we head into the Thanksgiving season, I want to express my gratitude to my staff and our residents for making so much possible in such a short period of time. Wrapping up, I will share a quote from President Ronald Reagan that I find motivational **"We can't help everyone, but everyone can help someone."**

Sincerely,
Mayor Tony Biasiotta



POLICE DEPARTMENT—EMERGENCY: 9-1-1 POLICE NON-EMERGENCY: 216.524.3911



SNOW REMOVAL

Throughout the winter season, it may become very difficult for students who walk to and from school to navigate through high accumulation of snow. If you are a homeowner within close proximity to Hillside Middle School, you are asked to help mitigate this hazard by doing your best to have your sidewalks cleared.

Some children will resort to walking down one of Seven Hills very busy streets because the sidewalks aren't cleared. This is very dangerous. For this reason we are asking all residents to do what they can to ensure the safety of our children.

Please be aware that C.O. 521.06 requires you to remove snow and ice from your side walks and C.O. 311.01 prohibits you from placing snow or ice onto a street or alley or obstructing or covering a fire hydrant. However, it is legal to operate powered snow removal equipment 24 hours a day, 7 days a week. The entire ordinances can be viewed at www.sevenhillsohio.org.



THEFTS FROM VEHICLES – PLEASE KEEP YOUR VEHICLES LOCKED

Thefts from unlocked vehicles continue to occur throughout the city. In each one of these cases, the vehicles entered were all unlocked and the thefts were committed overnight. The police department encourages all residents to keep all vehicles that are parked in your driveway locked and remove all valuables (for example, purses, wallets, laptops, GPS units, etc..) each night. Many of these thefts can be prevented by simply removing your valuables and locking your vehicles.

Remember, the people committing these crimes are simply walking through our neighborhoods and going through your vehicles. The police department wants to remind all residents to report any people acting in a suspicious manner immediately by calling our dispatch center at 216-524-3911. If you see anyone committing a criminal act (i.e. going through an unoccupied car in a driveway or on the street) immediately call 911 before taking any other action. Through cooperation and vigilance, we can continue to keep our neighborhoods safe.



PARKING HOURS

No person, operator or owner shall park or permit a vehicle to remain on the roadway portion of any street or highway in the City between the hours of **3:00 A.M. and 6:00 A.M.** C.O. 351.11(a) can be viewed at www.sevenhillsohio.org.



SEVEN HILLS POLICE DEPARTMENT RESIDENTIAL CAMERA REGISTRATION

We would like to partner with the community to register your surveillance cameras. We believe this initiative would benefit all of us by helping to keep our streets, yards and homes safe. When video footage in a specific area may be helpful to our investigation, we would like to contact you. This will allow our officers to view the footage and request a copy with your permission. Your information will be securely kept with the Seven Hills Police Department. This information will be used strictly for investigative purposes to make Seven Hills a safer place to live.

Please consider participating in this voluntary program. You can register your camera information by sending your name, address and phone number to tips@sevenhillspd.org. If you have any questions, please feel free to contact the Seven Hills Police Department at 216-524-4423.





FIRE DEPARTMENT—EMERGENCY: 9-1-1
FIRE NON-EMERGENCY: 216.524.3321

Smoke Alarms at Home

SMOKE ALARMS ARE A KEY PART of a home fire escape plan. When there is a fire, smoke spreads fast. Working smoke alarms give you early warning so you can get outside quickly.



SAFETY TIPS

- Install smoke alarms in every bedroom. They should also be outside each sleeping area and on every level of the home. Install alarms in the basement.
- Large homes may need extra smoke alarms.
- It is best to use interconnected smoke alarms. When one smoke alarm sounds, they all sound.
- Test all smoke alarms at least once a month. Press the test button to be sure the alarm is working.
- Current alarms on the market employ different types of technology including multi-sensing, which could include smoke and carbon monoxide combined.
- Today's smoke alarms will be more technologically advanced to respond to a multitude of fire conditions, yet mitigate false alarms.
- A smoke alarm should be on the ceiling or high on a wall. Keep smoke alarms away from the kitchen to reduce false alarms. They should be at least 10 feet (3 meters) from the stove.
- People who are hard-of-hearing or deaf can use special alarms. These alarms have strobe lights and bed shakers.
- Replace all smoke alarms when they are 10 years old.

FACTS

- ! A closed door may slow the spread of smoke, heat, and fire.
- ! Smoke alarms should be installed inside every sleeping room, outside each separate sleeping area, and on every level. Smoke alarms should be connected so when one sounds, they all sound. Most homes do not have this level of protection.
- ! Roughly 3 out of 5 fire deaths happen in homes with no smoke alarms or no working smoke alarms.



**NATIONAL FIRE
PROTECTION ASSOCIATION**
The leading information and knowledge resource
on fire, electrical and related hazards



SERVICE DEPARTMENT

Service Director Jack Johnson

Phone: 216.525.6225 E-Mail: JJohnson@sevenhillsohio.org



Flooding Emergency – on Weekends and after hours, please call Non-Emergency Dispatch at (216) 524-3911 and they will contact the Service Department to assist in any Flooding Emergency.

Water Main Breaks - Should you notice bubbling or streaming water along the roadway or tree lawn, please call the Cleveland Water Department at 216-664-3060 to report the break.

Street Light Outages - To report a street light outage, broken fixture or light flickering please call The Illuminating Company at 1-888-544-4877 or the Service Department at 216-525-6225.

Rubbish Pickup – NEW LIMIT Four (4) additional bags or cans (35-gallon, 40 pound limit), allowed outside the cart. Bags or cans may be filled with trash, yard waste or construction debris. ONLY 4 Allowed.

Bulk items include:

- Carpet - please cut, roll, and tie in lengths no greater than 4 ft. 8 roll limit per week.
- Appliances - remove appliance doors.
- Large screen TVs - 42" and up
- Furniture, mattresses and/or box springs - must be wrapped in plastic with duct tape
- Lumber - bundle and tie wood products in lengths no longer than 3 feet and 40 pounds. Lumber such as 2 x 4 to be bundled and tied in lengths or 36 inches and 40 pounds.
- If the truck picking up your trash leaves the bulk item, a separate truck will be sent to collect it.
- Bulky Construction debris is limited to 2 bundles of 40 pounds x 48 inches or two items such as 2 cabinet fixtures.

Rubbish should be placed on the tree lawn by 7:00AM on the scheduled day of collection and shall not be placed earlier than 4:00PM on the day prior to the scheduled date of collection. Call to schedule the bulk pickup with Waste Management 866-797-9018 or Service Department 216-525-6225.

Brush and Branch Collection

Branch chipping service will be the 1st and 3rd Monday of the Month. Place branches on the tree lawn for the Service Department to chip. No need to bundle or tie. Call the Service Department to schedule at 216-525-6225

Leaf Pickup

Curbside leaf pickup will start in November and continue through December weather permitting. Ditch lines streets will be done first with subdivisions to follow. Leaf pickup signs will be placed one week in advance. Leaves should be raked no more than 6' from the street or curb. Do not add yard waste such as branches, weeds and grass clippings to your leaves. These items clog the vacuum tubes and cause unnecessary delays in the pickup process. Do not rake leaves into the street, by mailboxes, poles, or fire hydrants.

LEAVES WILL NOT BE PICKED UP IF GRASS CLIPPINGS, STICKS, BRANCHES, ETC. ARE MIXED IN WITH THE LEAVES.

Mailboxes

Now is the time to make repairs to your mailbox. Make sure the Mailbox is in good condition, securely attached to a substantial support at the proper height and at the proper distance from the roadway. Custom made mailboxes should be shielded or replaced for winter with a standard box.

Holiday Light Collection

Burned out strings of lights, power strips and power cords will be collected December 1st through January 2024. Barrels for collection will be placed behind City Hall by the back entrance. Place items loose in the barrel. No plastic bags or boxes.

Paper Recycling

Recycle unwanted newspaper, magazines, catalogs, phone books, books, cardboard and shredded paper in the paper bin placed behind City Hall.



2023 Home Days was a Hit!!

Hopefully each of you had the opportunity to come and celebrate this year's Home Days with your family, friends, and neighbors. If you couldn't attend here are some of the highlights:

On Friday night, Mayor Biasiotta welcomed our residents, talked about the state of the city, and discussed all the progress we have continued seeing. Resident Mark Hanna won the chicken wing eating competition by devouring 25 wings from the Seven Hills Tavern in 90 seconds! "Elvis" wooed the crowd in the main tent with his undeniable stage presence and sultry voice, while Boaterhead blew the roof off the Beer Garden with their Yacht Rock set list.



Saturday started with a focus on our younger residents, as The Seven Hills Police and Fire Departments held our annual safety fair. We were graced with royalty, as we held a concert/meet and greet with movie princesses on our main stage! In the evening, Bronx Country and The Shout Band headlined our 2 stages, and we capped it off with 21-minute fireworks show.

Sunday continued in the same fashion, featuring our talented residents. Our Adorable Baby Show touted arguably the cutest babies in America. Riley Perry displayed her talents on the side stage. Resident, Brian Papesh from the Brian Papesh Party Band took a break from their gig as the Hofbräuhaus House Band to close out our event on the main stage while resident Gary Stulac and Ace Molar had the honor of closing out our beer tent.

A giant thank you goes out to all of the volunteers who gave their time for the months leading into the event as well as throughout the 3-day extravaganza. This event was not possible without them.

See you next year!!

-Tony Terry

Director of Community Services



Breakfast and Bingo

Nov 11 th	8:30am
Dec 13 th	8:30am
Jan 10 th	8:30am
Feb 14 th	8:30am

Bingo Only

Nov 20 th	10:30am
Dec 4 th	10:30am
Dec 18 th	10:30am
Feb 5 th	10:30am

**Breakfast & Bingo is held at City Hall in the Community Room!*



"Ring my bell-bell-bell, Ring my bell!"

Last year the residents and volunteers of Brecksville, Broadview Heights and Seven Hills, Ohio helped raise over \$8,400 for the Salvation Army during the "Christmas Kettle Campaign"! This year the goal is to beat that number. You can help accomplish this by volunteering to be a part of this year's efforts. Bell Ringers and coordination assistants are needed! Each City commits to ringing the bell at the Giant Eagle on 77 and Rt. 82 in Broadview Hts. in the month of December. These funds will, for the most part, keep electricity and natural gas flowing to homes of low-income people facing shutoff in our communities.

You can sign up by contacting Tony Terry via email at tterry@sevenhillsohio.org or by phone at 216-525-6230





Police / Fire Emergency 911

Seven Hills City Hall	216-524-4421	Mayor's Court	216-524-4421
Police NON-Emergency	216-524-3911	Building Department	216-524-4427
Fire NON-Emergency	216-524-3321	Council Clerk	216-525-6235
Mayor's Office	216-525-6227	Finance Department	216-525-6249
Recreation Center	216-524-6262	Law Department	216-525-6237
Senior & Community Services	216-525-6230	Service Department	216-525-6225
		Engineering Department	216-525-6277

Utilities Contact Information

Water Department:	216.664.3130	Cox Communications:	216.676.8100
Emergency Only:	216.664.3060	Emergency Only:	216.535.3351
Illuminating Company:	800.589.3101	AT&T:	800.572.4545
Emergency Only:	888.544.4877	Waste Management Refuse:	866.797.9018
Dominion East Ohio Gas:	800.362.7557	Northeast Ohio Regional Sewer District:	216.881.8247

The entire Seven Hills Recreation Center will be CLOSED beginning Sunday, October 29th

The Fitness Center, Gathering Rooms, and Gyms will reopen Sunday, November 5th

The POOL area (pool, hot tub & sauna) is set to reopen by Saturday, November 18th



ENGINEERING DEPARTMENT

Work for 2023 is wrapping up! The following projects are close to being or are completed:

2023 Pavement Rehabilitation Program
2023 Pavement Markings Program

The 2023 Pavement Rehabilitation Program includes the following streets: St. Francis Drive, Greenlawn Drive, Somerset Lane, Bryant Lane, Justo Lane, E. Parkhaven Drive, Jasmine Drive, Cricket Lane (portion), S. Cricket Lane, Lotus Lane and Applewood Drive (portion). This project was awarded to Specialized Construction, Inc. and by the time of this newsletter will be completed.



The 2023 Pavement Markings Program refreshes the street striping throughout the City. This work was completed by American Roadway Logistics, Inc. earlier this summer.



Calvin Park Drainage Improvements (Phase 2)

Work is wrapping up for this vital storm water management system improvement. Planting of 250 trees is in progress, along with native plants along the water's edge and stabilization of the berms. Final restoration work will be completed in November 2023 to install final plantings of live stakes within the stone-lined stream corridor to help root the system in place. This project was completed by Fabrizi Trucking & Paving Company, Inc.

The Engineering Department plans to go out for public bid on the following project late this year or early 2024:

Skyview Drive Watermain Replacement

This project was awarded by the Cleveland Water Department's (CWD's) "Suburban Water Main Renewal Program" and will be funded by CWD. Projects awarded have three (3) years to be completed. Plans for Skyview Drive are in for final review with CWD and bidding documents will be prepared for public bidding thereafter.

The City has been awarded another watermain replacement project by the Cleveland Water Department's "Suburban Water Main Renewal Program" in Spring 2023. This project is along Graydon Drive and will replace the watermain along this street.

Informational Updates

Throughout any given year, the Engineering Department receives applications from various entities (cable, phone, gas, and electric) to improve their facilities. These improvements may be above ground or below ground, or a combination of the two. In any case, an application for permit is reviewed by the Engineering Department for these entities to perform the work within the City's public right of way or within an easement designated for the utility. If there is such a project in your area, you may contact the Engineering Department to learn more as indicated below.

Bottom of Form

The City partners with the Northeast Ohio Regional Sewer District (NEORS) and Cuyahoga Soil & Water Conservation District (CSWCD) to assist with the management of stormwater in our City. There are helpful resources available from each of these groups for residents. Please check the following links for more information:

Northeast Ohio Regional Sewer District
<https://www.neorsd.org/>

Cuyahoga Soil & Water Conservation District
<https://cuyahogawcd.org/>

If you have any questions and/or concerns about any of the above-mentioned projects, feel free to e-mail Mark Schmitzer, P.E., City Engineer at mschmitzer@rlba.com, David Bradt, P.E., Assistant City Engineer at dbradt@rlba.com or, call (216) 525-6258.

The Seven Hills Hall of Fame was formed and founded by former Mayor George Chandick and his committee in 2013. The mission was to "Establish a Hall of Fame in the City of Seven Hills to recognize individuals for outstanding achievements in their field of endeavor."

The requirements for nomination are that the individual must have lived in Seven Hills for at least five years or must have been raised in Seven Hills. Every two years, the area of nomination alternates between Athletics and Arts & Humanities.

Although members of the committee have changed throughout the years, the mission remains the same. The current Chairperson of the Seven Hills Hall of Fame is Alaina Kostyack. Other members of the committee include Kim Leanza (Vice-Chair), Mike Diederich (Treasurer), and Mike Kostyack (Public Relations).

The Seven Hills Hall of Fame has received tremendous support from the City of Seven Hills. Mayor Biasiotta has recognized inductees and Residents of the Month with proclamations. Recreation Director Jen Burger has served as a liaison.

The Hall of Fame itself is located in the Seven Hills Recreation Center main hallway across from the elevator. There are plaques displayed of all the inductees, from Super Bowl winners Jack Squirek and John Banaszak, to world renowned artists Julian and Barbara Stanczak, to illustrious opera singer David Cangelosi.

Check it out in person or on the website, www.sevenhillshof.wixsite.com/sevenhills. The Hall of Fame is always looking for new members to join the committee. Nominations are now being accepted for the Arts and Humanities Class of 2024. Nomination forms will be made available on our website in January and will be due in May 2024. Applications will be reviewed and the Induction Ceremony will be held at the Seven Hills Home Days 2024.



GOLD & SILVER EVENT

DATE: Wednesdays: October 25th & November 15th

TIME: 9 am - 1 pm

WHERE: Seven Hills Recreation Center Gathering Rooms

Gold & Silver Events will be available to give pricing on your gold & silver jewelry, platinum, and diamonds that you may no longer want. There is no obligation and you will be pleasantly surprised at the prices she offers!

GOLD – Earrings, chains, watches, rings, bracelets, broken items, dental gold, coins, ingots

STERLING – Coffee and tea service, flatware, platters, candlesticks, jewelry

DIAMONDS – and other gems

WATCHES – Silver, gold filled, gold, vintage

COINS – Silver coins 1964 and earlier and Gold coins

Gold & Silver Events has been coming to the rec center for over 10 years and is a reputable precious metals dealer that specializes in senior centers, home parties and school fundraisers. You can call 216-524-6262 to schedule a time, and walk-ins are welcome. There will also be a sign-up sheet at the front desk.

Questions? Call Sheila Wayne at
440.725.9100





BUILDING DEPARTMENT

Building Commissioner Jeff Grassi

Phone: 216.524.4427 E-Mail: Building@sevenhillsohio.org

Rental Property; Short Term Rentals; Children Daycare; Adult Family Care Home The purpose of the **Rental Property; Short Term; Child Daycare and Adult Family Care Ordinance Section 1146** is to promote safe and sanitary conditions of properties in Seven Hills. Registrations of all **RENTAL** properties is to be submitted to the Building Department on the form on the building department page of the city website for the purpose of updating your tenants and property maintenance requirements. It is important that property owner's let the city know each time you have new tenants. The **Rental Fee of \$100 is paid annually** and is due by **January 31**, or a late fee will be applied. Once your rental fee is paid our housing inspector does an exterior minimum maintenance inspection. These inspections generally take place in the spring and summer months.



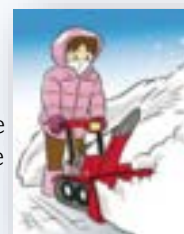
The City of Seven Hills requires any **VACANT** or abandoned property to be registered with the city and the property secured with doors and windows in good condition. The annual fee for registering is **\$200** and must be paid within 30 days of the property becoming vacant. Those forms can also be found on the Building Department page of the City website. www.sevenhillsohio.org

NEW CHAPTER 998 ACCESSORY USE STANDARDS. (sheds, detached and attached garages, pavilions, etc.) You can obtain a copy at the Building Dept or refer to www.sevenhillsohio.org for the updated Codified Ordinance.

Snow obstruction and removal:

(a) No person shall cause snow to be removed from public or private property in such a manner as to obstruct free and clear access to fire hydrants within the City.

(b) No person shall engage the services of another to cause the removal of snow from their property where the snow shall become deposited in such a manner as to obstruct free and clear access to fire hydrants within the City. You can visit www.sevenhillsohio.org Codified Ordinances to review.



Property maintenance issues and Courtesy Notices that are sent out by complaint only. The **1143.04 Ordinance Section** relates to **Exterior Minimum Maintenance** requirements. As always we ask that you maintain your buildings and structures in a manner becoming to the neighborhood, specifically we ask that you keep your accessory buildings maintained, fences and steps and railings painted to best preserve the appearance and keep windows and crumbling stone or brick repaired. We ask that you not keep household items out in the yard such as rugs or household furnishings or plastic materials not even under plastic tarps. Appliances, automobiles and trucks out of use or dilapidated shall not be stored or exposed visible from public or private property causing a blighting factor. Keep landscaping trimmed and maintained to proper heights and not obstructing sidewalks. Please make sure your house address is visible from the street.

Permits & Inspections-Permits are required for the following to list a few: Dumpster Permits good for 60 days-\$15, **Sheds, Swimming Pools** above or below ground, all **Concrete Driveways, Patios, Shed Pads, Decks** and covered **Patio structures, Roofing, Siding, Windows and Doors, Fences, Furnace and A/C, and hot water tanks, etc.** If you have questions about Permits contact the Building Department, we are always happy to assist with your questions. Permits require plan submittal and approval in addition to inspections in order to ensure your safety. The fees for various permits are set according to our Fee Schedule Sevens Hills Codified Ordinance Chapter 1125.07. **Garage Sales** have set dates from the months of April through October. The **City-Wide** Sale is in June each year. Sign up is required for all dates with No Fee.

Snow fences of the wood picket type or any other type shall not be installed or erected within the limits of a front, side or rear yard before October 15, of any year, and all snow fences shall be taken down and removed by May 1, of the immediately following year. Only one (1) snow fence is permitted along the driveway. No permit fee shall be charged for the installation of a snow fence and provisions of Chapter [997](#) do not pertain to snow fences. (Ord. 150-2018. Passed 10-22-18.)



To look into the entire requirements for trash containers please go to the City Website www.sevenhillsohio.org and review under ordinances 723.03 & 723.08

Council Quarterly



Ward 2 Roads

Roadways connect all of us. America loves its cars. Roadways in America have been celebrated in such songs as the Beatles "Drive My Car", Roger Miller and his "King of the Road", "Country Roads" by John Denver, "On the Road Again" by Willie Nelson, "Born to be Wild" by Steppenwolf, and "I Can't Drive 55" by Sammy Hagar. Well, Mr. Hagar, our Seven Hills community insists that you drive 25 mph on our streets in Ward 2.

Many drivers from other nearby areas (Parma, as well as our own residents) consider the roads in Ward 2 to be a "shortcut". Ridgewood, Crossview, and Chestnut Roads are where residents report observing the most violations of speed limits. Our Seven Hills Police Department has made it a priority to monitor speeds on those roadways. In addition, our police are focusing on the intersections of John Glenn and Crossview; East Ridgewood and Crossview; as well as the intersection of Chestnut Road and Crossview. Our officers will take care of the inconsiderate drivers from other areas violating speed limits and improperly stopping at the intersections. However, as residents of Ward 2, we need to set the example and not become part of the problem. Make full stops at the intersections. Keep it under 25 mph. We will all get to our homes safely.

Our roads are generally in good condition, but a few roads got smoother this past summer. The following roadways in Ward 2 were resurfaced this past summer:

1. St. Francis Drive
2. Greenlawn Drive
3. Somerset Lane
4. Bryant Lane



Bryant Lane had significant deterioration to the base and curbs, and that road was completely rebuilt. I am hoping for roadways such as Bonroi Drive and other street in Ward 2 can be on next year's road paving program.

Roads in residential areas that are properly maintained can have lifespans of 10-20 years in length. That is why you see an aggressive "crack sealing" program to ensure that water does not get underneath the road surface and destroy the base material due to freezing and thawing.

Safety first. Whether you have a "Fast Car" like Tracy Chapman or you think you are Bruce Springsteen and you were "Born to Run",...slow down...we are a residential community with children and walkers enjoying themselves.

Don't forget! Let's keep Seven Hills "Neat and Tidy!"

Regards,

Norm Martin
Ward 2 Councilman



The entire Seven Hills Recreation Center will be CLOSED beginning Sunday, October 29th

The Fitness Center, Gathering Rooms, and Gyms will reopen Sunday, November 5th
The POOL area (pool, hot tub & sauna) is set to reopen by Saturday, November 18th

Hello everyone!

Fall is upon us and we're getting ready for all the Holiday Festivities. I am still chairing Public Works, and on the Police, Fire and Community Services Committee. With everyone heading back into school and Fall activities, we are excited for all the new fresh starts for everyone! We have some great community events coming up including the Seven Hills Christmas Celebration on December 2nd, 2023. Don't forget to check out our calendar online for updated events!

I am actively working with my community on any new updates for the city. I plan to work within my team to ensure growth throughout the neighborhood. From small businesses to the education system. I value my role and plan to not only grow within my position but with the community. Wishing everyone a Happy Holiday's and New year!

**Respectfully,
Justin Costanzo
Councilman at Large**



2023 Seven Hills City Council Representatives

Ward 1

Council President
Philip Kiriazis
440-547-6832
pkiriazis@sevenhillsohio.org

Ward 2

Norman Martin
216-317-4600
nmartin@sevenhillsohio.org

Ward 3

Thomas J. Snitzky
216-236-6322
tsnitzky@sevenhillsohio.org

Ward 4

Michael Morrow
216-769-3973
mmorrow@sevenhillsohio.org

Council-At-Large

Patrick Elliott
216-990-8725
pelliott@sevenhillsohio.org

President Pro-Tem
Stacey L. Kelly
216-642-3722
slk7hills@gmail.com

Justin Costanzo
216-408-2314
jcostanzo@sevenhillsohio.org

VOTE CUYAHOGA COUNTY BOARD OF ELECTIONS

Henry F Curtis, IV	Inajo Davis Chappell	Lisa M. Stickan	Terence M. McCafferty	Anthony W. Perlatti	Anthony N. Kaloger
<i>Chairman</i>	<i>Member</i>	<i>Member</i>	<i>Member</i>	<i>Director</i>	<i>Deputy Director</i>

THE NOVEMBER 7, 2023 GENERAL ELECTION

There are two statewide issues, a countywide issue and municipal issues on the November 7, 2023 General Election ballot. In addition, voters will elect municipal, school board and judicial candidates.

Voters who wish to Vote-by-Mail must complete and submit a ballot application. To request a Vote-by-Mail ballot application visit: www.443vote.us or call 216-443-VOTE (8683). Vote-by-Mail ballot applications are also available at all public libraries.

Early In-Person Voting begins on October 11, 2023. Early In-Person voting hours are posted on the Board of Elections website.

On Election Day the polls are open from 6:30 a.m. to 7:30 p.m. Voters are advised to confirm their voting location on the Board of Elections website: www.443vote.us or by calling 216-443-VOTE (8683). Voters are reminded to bring photo identification when voting Early In-Person or when voting on Election Day.

The Board of Elections is hiring Election Day Officials (Poll Workers) for the November 7, 2023 General Election. Apply online or call 216-443-3277.

FINANCE DEPARTMENT NEWS

2022 Annual Financial Report

The Ohio Auditor of State released the audited annual financial report for the year ending December 31, 2022. The audit report is available via a link on the finance department's website - <http://www.sevenhillsohio.org/en-US/annual-financial-reports.aspx>. The finance department is pleased to report that our external auditors issued an unmodified "clean" opinion, meaning our financial statements are presented fairly and free from material misstatements. The preparation of this report could not be accomplished without the dedicated services of the Finance Department team, as well as cooperation from all City departments. Thanks also goes out to Zupka & Associates for the CPA firm's assistance in compiling the report in accordance with generally accepted accounting principles (GAAP).

Municipal Income Taxes

Municipal income tax forms and filing information can be found on the Regional Income Tax Agency's (RITA) website: www.ritaohio.com. If you need to contact RITA's Customer Service, please call (800) 860-7482.

City of Seven Hills Residential Lock-Box Program

This is recommended for Senior Citizens & Disabled Residents. This is a great resource for a resident who is living alone, with no one close by to help them in an emergency. \$35 each - installed by SHFD.

Contact Tony at 216-525-6230

In-Memoriam

In memory of Seven Hills residents:

William Lane Jr.

If you wish to honor the memory of a loved one or friend who was a Seven Hills resident, and would like their name noted in the next newsletter, please e-mail Kathy Holland at kholland@sevenhillsohio.org

Seven Hills Historical Society



Our purpose is to preserve and promote the unique heritage of the City of Seven Hills. We hope to instill appreciation of past generations as well as provide enjoyment, education and inspiration for current and future generations. This will be accomplished through such activities as research, publications, acquisitions, and conservation of materials, advocacy of historic landmarks and educational opportunities.

How "Seven Hills Golf Course" Really Got Its Name

The Old Seven Hills Golf Course was named because there were Seven Hills on the golf course property explained James G Smolka, a native of the area whose father's farm was included in the golf links.

George P Buhl, Mayor and Councilman during the 30's is quoted "In about 1925—it was before the village incorporated—the golf course had nine holes completed. They rough-graded a second nine, later."

Stanley E Koudelka, resident of the area from 1901, said "The investors wanted to attract people to the area who would build luxury homes. They didn't pay their bills. And when the farmers took back their land, they owed a total of \$30,000 in back taxes and liens. Much of the debt was a result of improvements that had been made on the properties". The golf course was sold at the sheriff's sale. It was the golf course's original promoters and investors, however, that were responsible for the naming of the village.

"When they found out they didn't qualify to incorporate as a village in themselves with the property they controlled, they campaigned to incorporate all of what was then Independence Township." Koudelka said, "There was an argument about the name."

Some wanted to call it Broadview Heights, but the Seven Hills Golf Course crowd won.

Seven Hills Trivia Quiz

Can you name the streets from these clues?

1. Up and Away, My Blue Heaven
2. Hey, Just a minute
3. Evening is beginning
4. Roasting nuts on an open fire
5. Please Button your shirt
6. A notable Astronaut
7. Delicious Red Fruit
8. I love to walk in the valley



Original Seven Hills City Hall Built 1940

Seven Hills Historical Society Meetings are held the first Wednesday of each month in the Historical Society Room at City Hall from Noon - 2pm.

Please call Kathy Patterson at 216.548.9758 or Judith O'Donnell at 440.340.3445 with questions about the Cemetery.

*Trivia Answers. 1. Skyline Drive 2. Justo Lane 3. Twilight Drive 4. Chestnut Road
5. Buttonwood Drive 6. John Glenn Drive 7. Cherry Lane 8. Pleasant Valley*

FARMER'S MARKET



With the summer 2023 Seven Hills Farmers Market now closed for the year, we would like to thank all who participated for their contributions to a successful, welcoming, and friendly atmosphere all (albeit rainy) summer!

Thank you to our sponsors, The Loan Gal Team at CrossCountry Mortgage, www.loangalteam.com Taleris Credit Union, Inc., www.taleriscu.org and the Vince Hrobat Insurance Agency, Inc. www.hrobatinsurance.com Their funding provided for our advertising and musical entertainment. Please help return the favor by using the services they offer.

Thank you to our customers who supported the market by shopping rain or shine.

Thank you to our vendors; Breads & Beyond Bakery, Cecilia's Sweet Delights, Dirty Fingernails Nursery and Apiary, Earthly Delights Mushroom Company, Flour Power Baking Company, Foster's Old Fashioned Fudge, Girl Scout Dog Cookies, Holistic Harvest Farms, Hook N Ladder Jerky, Just Nutrolls, Kernels by Chrissie, Luther's Farm, Nani Soaps, Phoam Naturals, Pierogi Pantry, Po's Homegrown and Homemade, R. Foote Family Farm, Sage Advice, The Bubbly Bard, The Honeyest One, Three Girls Flower Farm, and Sweet Bean Candies.

A special shout-out thank you to Peggy, face painter extraordinaire, who brought such delight to our youthful visitors.

Thank you to the musicians who provided such a wonderful soundtrack for the market; Wayne Tomsic Combo, Riley Perry, Cleveland's Backstreet Blues Band, The Barlow Boys, Kennedy Songwriting, Small Craft Advisory, Hip to That, Gemstone, and The Baker's Basement.

The market will be back in July of 2024. Until then, have a safe and healthy winter and spring.

Happy, Healthy, Homegrown; the Seven Hills Farmers Market, growing community by inspiring healthy, sustainable, abundant living!



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COMMUNITY RECREATION CENTER HOURS:

Sundays: 12pm - 6pm • Mondays- Fridays: 5:30am - 9pm • Saturdays: 8am - 8pm



United States Military Veteran Membership: Resident: \$100 Non-Resident: \$150
(Proof of Honorary Discharge via DD-214 or ID required)

Seven Hills Resident Membership Info - Annual / Upfront Payment

Youth	\$105	A resident 12 or younger (must be purchased with Adult Membership).
Teen w Parent	\$160	A resident between 13-17 (must be purchased with an Adult).
Teen w/o Parent	\$210	A resident between the ages of 13 and 17.
Adult	\$210	A resident 18 to 61 years old.
Adult Couple	\$345	2 Adults at the same address in Seven Hills.
Family	\$400	Immediate family household members, up to four people living in Seven Hills (max. 2 adults).
Additional Children	\$40	Additional children may be added for \$40 each per year.
Senior	\$100	Resident 62 or over.
Disabled Resident	\$100	Resident that is "Totally Disabled" determined case by case. Must provide State Disability Info.
Resident College	\$100	Resident full time college student with permanent residence in Seven Hills.

Parma Resident Membership Info - Annual / Upfront Payment for NEW Parma Members (No previous Membership)

Youth	\$150	Parma resident 12 or younger (must be purchased with Adult Membership).
Teen w Parent	\$200	A Parma resident between the age of 13 and 17 (must be purchased with an Adult).
Teen w/o Parent	\$275	A Parma resident between the ages of 13 and 17.
Adult	\$275	A Parma resident 18 to 61 years old.
Parma Couple	\$450	2 Adults at the same address in Parma.
Family	\$525	Immediate family household members, up to four people living in Parma (max. 2 adults).
Additional Children	\$50	Additional children may be added for \$50 each per year.
Senior	\$150	Parma Resident 62 or over.
Disabled Resident	\$150	Parma Resident that is "Totally Disabled". Must provide State Disability Info.
Resident College	\$150	Resident full time college student with permanent residence in Parma.

Non-Resident Membership Info - Annual / Upfront Payment

Individual	\$400	One Person living outside of Seven Hills or Parma
Non Resident Couple	\$605	2 Adults outside of Seven Hills or Parma with same address
Family	\$675	Immediate family household members, up to four people living outside of Seven Hills or Parma (max. 2 adults).
Additional Children	\$105	Additional Children may be added for \$105 each per year.

The above listed memberships are purchased for one full year - one time upfront payment. All memberships are non-refundable and non-transferrable.

Daily Drop In: Resident: \$5 with Valid ID • Parma Resident: \$10 Valid ID Required
Effective 6/1/2023 Non-Resident (Outside Seven Hills & Parma) \$15 Valid ID Required

The entire Seven Hills Recreation Center will be CLOSED beginning Sunday, October 29th

The Fitness Center, Gathering Rooms, and Gyms will reopen Sunday, November 5th
The POOL area (pool, hot tub & sauna) is set to reopen by Saturday, November 18th

SEVEN HILLS INDOOR RENTAL INFORMATION

RECREATION CENTER GATHERING ROOMS

POOL PARTIES:

POOL PARTIES INCLUDE USE OF ONE ROOM AND THE POOL FOR UP TO 20 SWIMMERS FOR THE ENTIRE RENTAL. POOL PARTIES CAN BE RENTED FOR 2-HOURS ON THURSDAY, AND FRIDAY EVENINGS; SATURDAY AND SUNDAY AFTERNOONS.

MEMBERS: \$130 NON-MEMBERS: \$190

GATHERING ROOM RENTALS:

THE PRICING FOR THE GATHERING ROOMS AT THE RECREATION CENTER ARE DEPENDENT ON MEMBERSHIP AS WELL AS THE NUMBER OF PEOPLE YOU ARE LOOKING TO HOST. THE KITCHEN AND PATIO CAN BE RENTED FOR ADDITIONAL FEES.

MEMBERS:

1 ROOM – \$40 / HOUR

2 ROOMS – \$70 / HOUR

3 ROOMS UP – \$100 / HOUR

NON-MEMBERS:

1 ROOM – \$65 / HOUR

2 ROOMS – \$100 / HOUR

3 ROOMS – \$130 / HOUR

TO BOOK A ROOM AT THE RECREATION CENTER PLEASE CONTACT HOLLY ZAK AT 216-524-6262 EXT. 400 OR BY E-MAIL AT HZAK@SEVENHILLSOHIO.ORG

CITY HALL COMMUNITY ROOMS

THE COMMUNITY ROOMS AT CITY HALL ARE AVAILABLE TO RENT TO RESIDENTS OF SEVEN HILLS FOR A FEE OF \$25 PER HOUR. COMMUNITY ROOM RENTALS ARE A MINIMUM OF 4-HOURS AND SECURITY IS REQUIRED FOR ALL EVENTS AT CITY HALL. PAYMENT TO SECURITY IS TO BE PAID ON THE DAY OF THE EVENT.

CONTACT & ADDITIONAL INFORMATION

TO BOOK YOUR EVENT AT THE CITY HALL COMMUNITY ROOMS PLEASE CONTACT TAYLOR TOMECKO AT 216-524-4421.

RESERVATIONS ARE NOT CONSIDERED FINAL OR CONFIRMED UNTIL FULL PAYMENT IS RECEIVED.

RESERVATIONS CAN BE MADE NO MORE THAN 180 DAYS IN ADVANCE AND NO LESS THAN 14 DAYS IN ADVANCE FOR THE RECREATION CENTER AND 30 DAYS IN ADVANCE FOR THE CITY HALL COMMUNITY ROOMS.



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SilverSneakers® Yoga. Move through seated and standing yoga poses designed to increase flexibility, balance, and range of movement. Finish with restorative breathing exercises and final relaxation to promote reduced stress and mental clarity.



SilverSneakers® Splash. In this fun, shallow-water exercise class you'll use a signature splash-board to increase strength and endurance. Splash is suitable for all skill levels and is safe for non-swimmers.



SilverSneakers® Stability. Get stronger and improve your balance through exercises that strengthen the ankle, knee and hip joints, all in a fun and social setting. This class is designed specifically to help prevent falls.



SilverSneakers BOOM™ MIND. The best from yoga and Pilates are combined into one fusion class designed to relax your body and mind. The focus is on core muscles, lower-body strength and balance.



SilverSneakers BOOM™ MUSCLE. This class incorporates athletic exercises that boost your overall fitness. Move through muscle-conditioning blocks and activity-specific drills to improve strength and functional skill.



SilverSneakers BOOM™ MOVE. This fun, dance-inspired workout improves your cardio fitness with easy-to-follow moves set to energizing music.

**Stop in today to see if you are eligible for a free or discounted
Rec Center Membership!
Monthly Schedules for Inclusive Programming are available at
sevenhillsohio.org**

The entire Seven Hills Recreation Center will be CLOSED beginning Sunday, October 29th

The Fitness Center, Gathering Rooms, and Gyms will reopen Sunday, November 5th
The POOL area (pool, hot tub & sauna) is set to reopen by Saturday, November 18th

ADULT PROGRAMS

SESSION DATES – DROP IN TO MOST PROGRAMS AT ANY TIME!

FALL 1: SEPTEMBER 10TH – OCTOBER 28TH (REGISTRATION OPENS 9/1)

FALL 2: NOVEMBER 6TH – DECEMBER 23RD (REGISTRATION OPENS 10/15)

WINTER 1: JANUARY 8TH – FEBRUARY 23RD (REGISTRATION OPENS 12/18)

FIT HAPPENS WITH DEBBIE JOIN US FOR A FULL BODY WORK OUT USING WEIGHTS, RESISTANCE BANDS, YOUR OWN BODY WEIGHT, AND EXERCISE BALLS TO SCULPT AND STRENGTHEN YOUR BODY. THIS WORK OUT TARGETS ALL MUSCLES GROUPS TO TONE AND DEVELOP YOUR ENTIRE BODY, INCLUDING YOUR ABDOMINALS AND MID-SECTION. MODIFICATIONS ARE TAUGHT TO MAKE THIS AN EFFECTIVE CLASS FOR BEGINNERS TO ADVANCED FITNESS LEVELS. DEBBIE IS ALSO A CERTIFIED NUTRITIONIST WHO PROVIDES TIPS AND STRATEGIES TO ENHANCE YOUR OVERALL HEALTH AND WELL BEING. JOIN IN AND SEE HOW GREAT YOU CAN FEEL!

INSTRUCTOR: DEBBIE MAKOWSKI

DAYS: TUESDAY EVENINGS: 6:30PM – 7:30PM

FEES: 6-CLASS PUNCH CARD: \$42 12-CLASS PUNCH CARD: \$82 OR DROP-IN \$10



BEGINNER 'S YOGA WITH HEATHER

FOR THOSE THAT WANT TO TRY YOGA FOR THE FIRST TIME OR THOSE THAT NEED A BIT MORE INSTRUCTION & SLOWER PACED CLASS. WE WILL CONNECTOUR BODY, MIND, AND SPIRIT THROUGH BREATH AND MOVEMENT, HELPING TO IMPROVE STRENGTH AND FLEXIBILITY. A GREAT WORKOUT OPTION FOR THOSE JUST STARTING OUT THEIR YOGA JOURNEY!

INSTRUCTOR: HEATHER HANCHUK-RYT 200 HOURS / CYT 500

DAYS: MONDAY EVENINGS: 5:30PM – 6:30PM

FEES: 5-CLASS PUNCH CARD: MEMBERS: \$40 NON-MEMBERS: \$45

10-CLASS PUNCH CARD: MEMBERS: \$70 NON-MEMBERS: 80 OR DROP-IN \$10



ALL LEVELS POWER YOGA WITH HEATHER

UPBEAT MUSIC, HIGH ENERGY CLASS! OFFERING HIGHER LEVEL BALANCES, BINDS, AND POSES BUT ALWAYS GIVING MODIFICATIONS FOR THOSE WHO MAY NEED THEM. NO ONE SHOULD BE AFRAID TO TRY THIS CLASS... ALL LEVELS WELCOME!

INSTRUCTOR: HEATHER HANCHUK-RYT 200 HOURS / CYT 500

DAYS: MONDAY EVENINGS: 7PM – 8PM

FEES: 5-CLASS PUNCH CARD: MEMBERS: \$40 NON-MEMBERS: \$45

10-CLASS PUNCH CARD: MEMBERS: \$70 NON-MEMBERS: 80 OR DROP-IN \$10



ZUMBA WITH NELA

PERFECT FOR EVERYBODY AND EVERY BODY! EACH ZUMBA® CLASS IS DESIGNED TO BRING PEOPLE TOGETHER TO SWEAT IT ON. A TOTAL WORKOUT, COMBINING ALL ELEMENTS OF FITNESS – CARDIO, MUSCLE CONDITIONING, BALANCE AND FLEXIBILITY, BOOSTED ENERGY AND A SERIOUS DOSE OF AWESOME EACH TIME YOU LEAVE CLASS.

INSTRUCTOR: NELA SERRANO **DAYS:** WEDNESDAY EVENINGS 6:30PM – 7:30PM

FEES: MEMBER PUNCH CARD: \$27 OR \$6 DROP IN NON-MEMBER PUNCH CARD: \$37 OR \$8 DROP IN



COMING SOON – NEW JETTI WALKING PROGRAM WITH LEIGH!

BUILD MUSCLE, IMPROVE POSTURE, INCREASE STABILITY AND WORK YOUR WHOLE BODY ALL WHILE WALKING WITH JETTI. MORE INFO COMING SOON!



ADULT PROGRAMS



SESSION DATES – DROP IN TO MOST PROGRAMS AT ANY TIME!

FALL 1: SEPTEMBER 10TH – OCTOBER 28TH (REGISTRATION OPENS 9/1)
FALL 2: NOVEMBER 6TH – DECEMBER 23RD (REGISTRATION OPENS 10/15)
WINTER 1: JANUARY 8TH – FEBRUARY 23RD (REGISTRATION OPENS 12/18)

PILATES SCULPT WITH TANYA

STANDING AND MAT PILATES EXERCISES USING LIGHT HAND WEIGHTS TO TOTALLY RESHAPE YOUR BODY FROM THE INSIDE OUT. ALL MUSCLE GROUPS WILL BE LENGTHENED AND TONED, IMPROVING CORE STRENGTH, BACK HEALTH AND OVERALL WELL BEING. MODIFICATIONS ARE TAUGHT. BEGINNERS AND ADVANCED.

TUESDAYS 9:30AM – 10:30AM



TRIM & TONE WITH TANYA

A UNIQUE, HEAD TO TOE, FEEL GOOD WORKOUT COMBINING CARDIO MOVES WITH RESISTANCE TRAINING AND CORE WORK LED BY AN AFAA CERTIFIED INSTRUCTOR. EVERY MUSCLE GROUP WILL BE TARGETED AND TONED, EVEN SOME YOU DIDN'T EVEN KNOW YOU HAVE! MODIFICATIONS ARE TAUGHT SO EVERY "BODY" CAN ENJOY THIS FUN AND INNOVATIVE CLASS.

WEDNESDAYS - FRIDAYS 9:30AM – 10:30AM



STRESS RELIEF YOGA

THIS CLASS BEGINS WITH A GENTLE YOGA FLOW TO WARM THE BODY INCLUDING SOME LIGHT CORE WORK TO STRENGTHEN THE ABS AND BACK. IT CONTINUES WITH DEEP STRETCHING AND RESTORATIVE YOGA POSES ON THE FLOOR, CONCLUDING WITH A FINAL RELAXATION. THE FOCUS IS ON BREATH AND MINDFULNESS TO STRENGTHEN OUR BODIES WHILE IMPROVING FLEXIBILITY & BALANCE. YOU WILL LEAVE FEELING REFRESHED AND REJUVENATED. ALL LEVELS AND AGES WILL BENEFIT FROM THIS RESTORATIVE CLASS.

THURSDAYS 9:30AM – 10:30AM



ALL OF THE ABOVE CLASSES ARE ELIGIBLE FOR TANYA'S PUNCH CARD:

MEMBER CARD: \$50 (10 CLASSES) OR \$7 DROP IN NON-MEMBER CARD: \$70 (10 CLASSES) OR \$9 DROP IN

PARKINSON'S FITNESS WITH JESSICA – RETURNS OCTOBER 5TH!

ENABLING PEOPLE WITH PARKINSON'S DISEASE TO FIGHT THEIR DISEASE BY PROVIDING NON-CONTACT BOXING STYLE FITNESS PROGRAMMING TO IMPROVE THE QUALITY OF LIFE AND SENSE OF EFFICACY AND SELF WORTH. JESSICA PROVIDES ENCOURAGEMENT THROUGH A "TOUGH LOVE" APPROACH, INSPIRING MAXIMUM EFFORT, SPEED, STRENGTH, BALANCE, AND FLEXIBILITY. BOXING WORKS BY MOVING YOUR BODY IN ALL PLANES OF MOTION WHILE CONTINUOUSLY CHANGING THE ROUTINE AS YOU PROGRESS THROUGH THE WORKOUT. HELP LESSEN YOUR SYMPTOMS TO LEAD A HEALTHIER, HAPPIER LIFE.

INSTRUCTOR: JESSICA NADZAM DAYS: THURSDAYS: 11AM – 12NOON

FEES: 5-CLASS PUNCH CARD: MEMBERS: \$40 NON-MEMBERS: \$45

10-CLASS PUNCH CARD: MEMBERS: \$70 NON-MEMBERS: \$80 OR DROP-IN \$10

JAZZERCISE

THE ORIGINAL DANCE EXERCISE PHENOMENON—OPEN TO ALL AGES! EACH 60-MINUTE CLASS OFFERS A BLEND OF EXERCISE WITH THE FUN OF DANCE SET TO YOUR FAVORITE MUSIC – TOP 40, JAZZ, COUNTRY, FUNK & CLASSIC! PILATES, YOGA AND KICKBOXING MOVEMENTS ARE INCORPORATED TOO. SESSIONS AND REGISTRATIONS ARE CONTINUOUS (DOES NOT FOLLOW REC DATES) !

CLASSES MEET IN REC. CENTER GYM 1 FEES: 1 MONTH: \$50 DROP-IN \$15 JOIN AT ANY TIME!

DAYS: MONDAY & WEDNESDAY EVENINGS 6:30PM – 7:30PM WITH LOIS POWERS– LOISJAZZERCISE@GMAIL.COM / 330.468.6637

DAYS: TUESDAY & THURSDAY MORNINGS 8:30AM – 9:30AM WITH CAROL MASON

DAYS: MONDAY & WEDNESDAY EVENINGS 5:15PM – 6:15PM WITH CAROL MASON

SEVEN HILLS BEFORE AND AFTER SCHOOL PROGRAM 2023-2024

FULL & PART TIME RATES AVAILABLE!

OUR ENERGETIC STAFF IS GEARED UP TO PROVIDE YOUR CHILD WITH AN ACTIVE, FUN AND PRODUCTIVE ALTERNATIVE TO THEIR BEFORE OR AFTER SCHOOL HOURS. THESE ACTIVITIES WILL INCLUDE THE FOLLOWING: SWIMMING, ARTS & CRAFTS, BOARD/CARD GAMES, VARIOUS SPORTS AND GAMES IN THE GYMNASIUM, SNACK TIME, DEDICATED TIME FOR HOMEWORK AND MUCH MORE. OPEN TO STUDENTS IN GRADES K - 7, SO SIGN UP EARLY TO AVOID BEING SHUT OUT!

PARMA BUSSING PROVIDED FOR CHILDREN ATTENDING GREEN VALLEY, DENTZLER, & HILLSIDE!
PROGRAM CALENDAR FOLLOWS THE PARMA CITY SCHOOLS SCHEDULE

BEFORE CARE PART TIME (1-3 DAYS):

MEMBERS: \$22 PER WEEK

NON-MEMBERS: \$27 PER WEEK

FULL TIME (4 OR MORE DAYS):

MEMBERS: \$30 PER WEEK

NON-MEMBERS: \$40 PER WEEK



AFTER CARE PART TIME (1-3 DAYS)

MEMBERS: \$28 PER WEEK

NON-MEMBERS: \$34 PER WEEK

FULL TIME (4 OR MORE DAYS):

MEMBERS: \$40 PER WEEK

NON-MEMBERS: \$50 PER WEEK

Kids Day Off Program

BRING THE KIDS AS EARLY AS 6:30AM AND LEAVE THEM UNTIL 6PM - NO EXTRA CHARGES! \$50 PER STUDENT PER DAY

THE DAY IS FILLED WITH ACTIVITIES, CRAFTS, SWIMMING AND MORE FUN! BRING A LUNCH, A SNACK, AND SWIM GEAR!

CONTACT CAMP STAFF WITH QUESTIONS - CAMPS@SEVENHILLSOHIO.ORG

2023: FRIDAY OCTOBER 13TH, WEDNESDAY, NOVEMBER 22ND,

2024: MONDAY JANUARY 15TH, MONDAY, FEBRUARY 19TH, TUESDAY, MARCH 19TH, FRIDAY MARCH 29TH



CHRISTMAS BREAK CAMP!



CELEBRATE THE HOLIDAY AND RING IN THE NEW YEAR WITH OUR CHRISTMAS BREAK CAMP!

KIDS WILL HAVE THE OPPORTUNITY TO GET EXERCISE AND FRESH AIR DURING THEIR TIME OFF

SCHOOL WITH OUR EXPERIENCED CAMP STAFF! WITH GAMES, ACTIVITIES, ARTS AND CRAFTS, A FIELD TRIP AND SO MUCH MORE THERE'S ALWAYS SOMETHING FOR YOUR CHILD TO DO! PLEASE PACK A LUNCH, A SNACK AND SWIM GEAR EACH DAY! CONTACT CAMP STAFF AT 216.524.6262 OR CAMPS@SEVENHILLSOHIO.ORG FOR MORE INFO!

CAMP DATES: DECEMBER 27, 28, 29, 2023 & JANUARY 3RD, 4TH, 5TH, 2024. DROP OFF AS EARLY AS 6:30AM AND PICK UP BY 6PM

PART TIME (3 DAYS PER WEEK OR LESS): MEMBERS: \$135 / NON-MEMBERS \$150 ALL 6 DATES: MEMBERS: \$225 / NON-MEMBERS: \$250

The 12 Days of Fitness December 12th - 23rd



Be sure to stop by
the Recreation Center
each day for a new sale!

ALL NOVEMBER LONG



**DON'T MISS OUR
BIGGEST MEMBERSHIP
SALE OF THE YEAR!**

Seven Hills Youth Soccer Federation

Registration for the Spring 2024 Seven Hills Youth Soccer Program will run February 10th - March 15th (or until teams are full) for ages 7 - 15 years old. If you registered for Fall 2023, no need to re-register! Contact Dave at diluzio@cox.net with questions!
Spring Soccer begins April 6, 2024

For additional league information, please visit the Suburban Recreational Soccer League's website at www.srslonline.org.

PARENTS - We are always looking for volunteers to help with coaching and other activities involving the soccer program. Please designate your interest on your child's registration!



Fees: RESIDENTS: \$45 NON-RESIDENTS: \$55
\$10 Late Fee will apply for those that register after March 15th.

Seven Hills Basketball Federation

Registration closes October 16th! watch www.sevenhillsbasketball.com for Update-to-date season information as well as on-line sign-ups and clinic info! Contact Dave at diluzio@cox.net with questions!



Her Time To Play - All Girls Clinic with CAVS!

All Girls specialized clinics provide a supportive and empowering environment for females ages 8-14 who seek a tailored basketball experience away from co-ed settings.

December 16th 9am - 10:30am Register at <https://cavaliers.leagueapps.com/>

The 19th Annual
St Nick Craft Show!

Seven Hills Recreation Center

100+ Vendors!

7777 Summit View Drive, Seven Hills Ohio 44131
Saturday, Dec. 9 • 9 AM – 3 PM • Sunday, Dec. 10 • 11 AM – 3 PM

The Seven Hills Recreation Center will be CLOSED beginning 10/29/2023

The Fitness Center, Gathering Rooms, and Gyms will reopen 11/5/2023

The POOL area (pool, hot tub & sauna) is set to reopen by 11/18/2023



SCAN CODE FOR MORE INFORMATION & TO REGISTER



FLAG FOOTBALL SKILLS

We play different skill drills and games getting a good fundamental knowledge of the sport while growing ability and building towards game play. Focusing on Running with the ball, Throwing, Catching, Route Running, Defense, & Game Play. 5 class program - \$50

FALL STARTS SEPTEMBER 29TH REGISTRATION NOW OPEN

Day and Time: *Friday*
Ages 3-4: 4:30 pm - 5:00 pm
Ages 5-6: 5:15 pm - 6:00 pm
Ages 7-8: 6:15 pm - 7:00 pm

WILL BE BACK
IN THE SPRING!
APRIL 2024

SOCCER SKILLS

Soccer introduces beginners to team play, along with building coordination and motor skills. We begin with teaching the basic skills such as ball control, defense, passing, and finishing through a series of fun skill drills and games that build towards game play! 5 class program - \$50

FALL STARTS OCTOBER 2ND REGISTRATION NOW OPEN

WILL BE BACK
IN THE SPRING!
APRIL 2024

Day and Time: *Monday*
Ages 3-4: 4:30 pm - 5:00 pm
Ages 5-6: 5:15 pm - 6:00 pm
Ages 7-8: 6:15 pm - 7:00 pm

T-Ball League

Week 1 will teach the basics of hitting, base running, fielding and throwing. From there we will continually review the basics while playing a two - three inning game where everybody bats. Each class goes for about 45 minutes. Games will be played Saturdays between 9am-12pm. You will be contacted via email prior to week 1 with exact times. 6 class program. Ages 3&4. Beginner 5 year olds are welcome! - \$75

FALL STARTS SEPTEMBER 23RD REGISTRATION NOW OPEN

WILL BE BACK IN THE SPRING! APRIL 2024

Rookie Play

Rookie Play is our newest program. We play a different sport every week. Just playing! We will pick teams at the start of every class. Coach will guide the game & give pointers while the kids are free to just Play. 5 class program - \$50

Day and Time: *Fridays*
Ages 5-6: 5:15pm - 6
Ages 7-8: 6:15pm - 7

NEW PROGRAM
STARTING FALL 2

FALL 2 STARTS NOVEMBER 10TH REGISTRATION OPENS 10/16

WINTER 1 STARTS JANUARY 5TH REGISTRATION OPENS 12/4

DODGEBALL

We use light foam balls making any impact pain free. After some warmup drills & rule review we dive into game play in a fast paced, ball-flying, dippin n' dodgin exciting time. 5 class program - \$50

Day and Time: *Monday*
Ages 5-7: 6:15 pm - 7:00 pm
Ages 9-11: 7:15 pm - 8:00 pm*Begins Fall 2

FALL STARTS SEPTEMBER 25TH REGISTRATION NOW OPEN

FALL 2 STARTS NOVEMBER 13TH REGISTRATION OPENS 10/16

WINTER 1 STARTS JANUARY 8TH REGISTRATION OPENS 12/4

The entire Seven Hills Recreation Center will be CLOSED beginning Sunday, October 29th

The Fitness Center, Gathering Rooms, and Gyms will reopen Sunday, November 5th
The POOL area (pool, hot tub & sauna) is set to reopen by Saturday, November 18th

Basketball League

For Ages 5-8. Your young athlete will have a great time learning the fundamentals while becoming game ready. Week one will be a skill introduction and review, followed by five weeks of games. 6 class program. Games will start between 9am - 2pm Saturdays. You will be emailed prior to Week 1. - \$75

FALL STARTS SEPT. 23RD REGISTRATION NOW OPEN

**FALL 2 STARTS NOVEMBER 11TH REGISTRATION OPENS 10/16

WINTER 1 STARTS JANUARY 6TH REGISTRATION OPENS 12/4

**FALL 2 WILL BE A 5 CLASS PROGRAM

NEW

**AGE 3&4 BASKETBALL
LEAGUE STARTS FALL 2
SATURDAY MORNINGS**

Basketball Skills

If you are looking to learn the fundamentals or gain more experience and knowledge on the court, our skills class is for you! Through skill drills and games, see improvement in all areas of basketball.

Day and Time: Tuesdays

Ages 3-4: 4:30pm - 5pm

Ages 5-6: 5:15pm - 6pm

Ages 7-8: 6:15pm - 7pm

Grade 3&4: 7:15pm - 8pm

Tuesdays, 5 class program - \$50

FALL STARTS SEPTEMBER 26TH REGISTRATION NOW OPEN

FALL 2 STARTS NOVEMBER 14TH REGISTRATION OPENS 10/16

WINTER 1 STARTS JANUARY 9TH REGISTRATION OPENS 12/4

PickUp Basketball

Just want to play basketball? Pick up is a perfect way to ramp up for the basketball season. 120 minutes of game after game after game. 5 class program. - \$100

FALL STARTS OCTOBER 7TH REGISTRATION NOW OPEN

SATURDAYS

3&4 Grade: 2pm - 4pm

5&6 Grade: 4pm - 6pm

DAY/TIME/PRICE CHANGES COMING TO
PICKUP STARTING FALL 2

Rookie PhysEd

Rookie Phys. Ed introduces the ABCS of sports to beginners in an exciting environment while promoting social development. Each athlete will develop their ABCS (Ability, Balance, Coordination, & Skills) through fun drills and games. Class will begin between 4:30 -6pm and will last 30min. You will be contacted by email prior to week 1 with an exact schedule. 5 class program. -\$50

FALL 2 STARTS NOVEMBER 13TH REGISTRATION OPENS 10/16

WINTER 1 STARTS JANUARY 8TH REGISTRATION OPENS 12/4



SCAN CODE FOR MORE
INFORMATION & TO REGISTER

NEW RATES BEGINNING
JANUARY 2024

The entire Seven Hills Recreation Center will be CLOSED beginning Sunday, October 29th

The Fitness Center, Gathering Rooms, and Gyms will reopen Sunday, November 5th
The POOL area (pool, hot tub & sauna) is set to reopen by Saturday, November 18th

Fall 2023 / Winter 2024 Aquatic Programs

Group Learn-To-Swim

For ages 6 months and up.

Registration begins October 29th

Fall #2 Session 2023

Members: \$42 | Non-Members: \$52

Registration Begins October 29th

Mon. PM Only: Nov 20th to Dec 18th

Wed. PM Only: Nov 22nd to Dec 20th

Sat. AM Only: Nov 18th to Dec 23rd

Winter #1 Session 2024

Members: \$50 | Non-Members: \$60

Registration Begins December 23rd

Mon. PM Only: Jan 8th to Feb 12th

Wed. PM Only: Jan 10th to Feb 14th

Sat. AM Only: Jan 6th to Feb 10th

Groups times will be
posted at sevenhillsohio.org.



For more information about
our aquatics programs,
contact Mike w/ questions at
216-524-6262 ext. 404
or mgallagher@sevenhillsohio.org



Group Descriptions

- **Cuttlefish:** For ages 6 months to 3 years, the parent/guardian and participant will participate together in fun activities to help your child adjust to the water.
- **Newt (Pre-School #1):** For ages 3 and up, the goal of this group is to have the child learn to use their arms and legs with a floatation device, enter/exit the pool independently, and float, jump in, and exit the pool with or without assistance.
- **Salamander (Preschool #2):** For ages 3 and up, the goal of this group is to have the child improve their arm and leg strength, and float, jump in, and exit the pool with very little or without assistance.
- **Seahorse (Preschool #3):** For ages 3 and up, the goal of this group is to the float, jump in, and swim with their face in to the instructor without assistance.
- **Sea Dragon (Preschool #4):** For ages 4 to 7, the goal of this group is to improve on swimming skills, incorporate rhythmic breathing, and swimming farther than the previous levels.
- **Jellyfish (Level #1):** For ages 5 and up, the goal of this group is learn freestyle with rotary breathing and backstroke without assistance.
- **Sea Lion (Level #2):** For ages 5 and up, the goal of this group is improve on their freestyle swimming and swim backstroke farther with their body at the surface.
- **Otter (Level #3):** For ages 5 and up, this group is to improve freestyle and backstroke swimming and introduce breaststroke.
- **Polar Bear (Level #4):** For ages 5 and up, this group will improve technique, strength, endurance with freestyle, backstroke, and breaststroke, and introduce butterfly.

Become Part of the Seven Hills Aquatics Team!

Flexible Scheduling! We can train you as a lifeguard and/or swim lessons instructor!

Contact Mike for more details and bonus information.

216-524-6262 | mgallagher@sevenhillsohio.org

Seahawks Recreation Swim Team: We offer an inclusive year round competitive swimming program for all ability levels ages 5 and up. If your child can swim 25-yards/meters freestyle and 25-yards/meters backstroke non-stop, they can participate in this program. Contact the aquatics supervisor to schedule an evaluation to see if this program is right for your child.



Mondays & Wednesdays

10 & Under from 5-6 pm | 11 & Over from 6-7 pm

Members \$50 | Non-Members \$60

Fall #2 Session: Nov 20th to Dec 20th, 2023

Winter #1 Session: Jan 8th to Feb 7th, 2024

Saturdays Only

9:30 to 10:30 am (All Age Groups)

Fall #2 Session: Nov 18th to Dec 16th, 2023

Member \$25 | Non-Member \$35

Winter #1 Session: Jan 6th to March 9th, 2024

Members \$50 | Non-Member \$60

Kraken Pre-Swim Team Group: Not ready for the swim team yet? We can get your child ready. Contact the aquatics supervisor/swim lessons coordinator to schedule an evaluation to see if this program is right for your child.

Saturdays Only - 10:30am - 11:15am

Fall #2 Session: Nov 18th to Dec 16th, 2023

Member \$25 | Non-Member \$35

Winter # 1 Session: Jan 6th to March 9th, 2024

Members \$50 | Non-Member \$60

Private Swimming Lessons: This program offers one-on-one or semi-private (2-3 swimmers of equal ability level) swim lessons for children 16 & under. The emphasis can be on learning to swim or improving stroke technique. Contact the Aquatics Supervisor for more information.

American Red Cross Lifeguard Training Courses: For ages 15 and up, this program provides entry-level participants the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until EMS personnel take over. *Winter Classes Available!* Contact the aquatics supervisor for more information.



**For more
information
or to register,
scan the
QR Code.**



SEVEN HILLS WATER EXERCISE

All classes are offered through our punch system
BLUE PUNCH CARDS = 12 water classes (valid: 8 months)

MEMBERS: \$38

NON-MEMBERS: \$50

DROP-IN: \$10

High Intensity Interval Training

Monday (Deep Water) / 8:00 - 8:45 AM
Tuesday, Thursday (Shallow Water) / 8:15 - 8:45 AM

Eases joint stress while exerting maximal energy



Cardio and Toning

Tuesday, Thursday / 9:00 - 9:45 AM & 6:00 - 7:00 PM

Cardio intervals, strengthening & toning movements

Great for beginners & those with experience



Low-Impact Water Exercise

Monday, Wednesday, Friday / 9:00 - 9:45 AM

Great workout without the pain

High intensity but low impact



Arthritis Foundation Aquatic Program

Monday, Wednesday, Friday / 10:00 - 10:45 AM

Specifically geared towards adults with arthritis or
those seeking low impact workouts

Class held in shallow end of lap pool

Participants are instructed under the guidance of
certified Arthritis Foundation instructor

**Friday classes (Arthritis and Low-Impact) will be FREE for all*

The entire Seven Hills Recreation Center will be CLOSED beginning Sunday, October 29th

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To schedule an appointment with Mayor Biasiotta, contact Kathy
at 216-525-6227 / kholland@sevenhillsohio.org



Recreation Center Holiday Hours:

November 23rd - Closed
December 24th — Closed
December 25th — Closed
December 31st — Closed
January 1st — Closed

City Hall Holiday Hours:

October 9th — Closed
November 23rd & 24th — Closed
December 25th — Closed
January 1st - Closed
January 15th - Closed

Delays in Trash Pick Up:

Thanksgiving Day - November 23rd
Thursday picked up on Friday

Christmas Day - December 25th
Delayed One Day

New Year's Day January 1st
Delayed One Day

Seven Hills City Hall • 7325 Summitview Drive • Seven Hills, OH 44131

Phone: 216-524-4421 • www.sevenhillsohio.org