City of Seven Hills Community Newsletter Fall 2020 - Winter 2021

A Message from Mayor Tony Biasiotta -

Dear residents, I'm going to dedicate this quarterly newsletter to Issue 41. Although the City cannot ask for your "yes" or "no" vote either way, whatever your decision, it is important to know why Council and the Administration put this issue before you this fall.

What to know:

We have an Expiring Levy - Bond Issue for the Recreation Center We have a Proposed New Levy (Issue #41) for Parks & Recreation. Impact on Seven Hills Residents Property Taxes – Net Reduction in Tax.

Impact on Seven Hills Residents Property Taxes - Net Reduction in Tax

If the levy before the electors on November 3 were approved, a tax for debt service on the bonds issued to provide funds for the construction of the Recreation Center back in 2001 that expires at the end of this year would, in effect, be substituted with a slightly less costly levy for parks and recreation. Please don't be confused by the term "additional tax" that is on the ballot language. In fact (as illustrated in the chart below), if passed this tax will be lower than what you are currently paying on the expiring issue.

Per \$100,000 valuation	Expiring Recreation Center Bond Levy	Issue 41 - Parks & Recreation Levy	% Reduction
Millage	1.65	1.40	
Annual Tax	\$57.75	\$49.00	(15.2%)
Less Homestead Exemption (if applicable)	12.5%	0%	
Annual Tax (Less Homestead Exemption)	\$50.53	\$49.00	(3.0%)

The proceeds of the proposed levy will be set aside for expenses related to our municipal parks and the operation, maintenance, and improvements to our Recreation Center. Why is this important?

Our Parks: While we have refocused in recent years on some needed park maintenance, the fact is that they are not all they can be. One reason is that parks and recreation always come last when funding is discussed. In Seven Hills (and virtually all communities), our safety forces come first (rightfully so), and then comes our Service Department (Roads, Sewers, Snow removal etc...), leaving very little for projects related to our parks. We have identified a number of improvements that could be funded by Issue 41. They can be found on the City Website at http://www.sevenhillsohio.org/en-US/City-Parks.aspx. Throughout my time as a leader in our community, I have heard from many residents that are not members of the recreation center but utilize our parks. The expanded use of funds to include our parks will allow all of our residents to benefit from improved recreation opportunities that are not membership based.

CITY DIRECTORY

Seven Hills City Hall	216-524-4421
Police NON-Emergency	216-524-3911
Fire NON-Emergency	216-524-3321
Mayor's Office	216-525-6227
Recreation Center	216-524-6262
Senior & Community Services	216-525-6230

Police / Fire Emergency 911

Mayor's Court	216-524-4421
Building Department	216-524-4427
Council Clerk	216-525-6235
Finance Department	216-525-6249
Law Department	216-525-6237
Service Department-	216-525-6225
Engineering Department	216-525-6277

<u>Utilities Contact Information</u>

Water Department: Emergency Only:	216.664.3130 216.664.3060	Emergency Only:	216.576.8100
Illuminating Company:	800.589.3101	AT&T:	800.572.4545
Emergency Only: 888.544.4877	888.544.4877	Waste Management Refuse:	866.797.9018
Dominion East Ohio Gas: Emergency Only:	800.362.7557 877.542.2630	Northeast Ohio Regional Sewer District:	216.881.8247

Continued From Front Cover....

Our Community Recreation Center: While the expiring bond levy covered the recreation center construction, no mechanism was put in place to address legacy costs. The need for a recreation center operating levy was first identified 20 years ago. However, it has now become critical as many capital improvements are on the horizon as the facility approaches 20 years of age, and equipment approaches the end of its useful life.

Without the proceeds from Issue 41, the expenses noted would have to come out of our General Fund, effectively decreasing necessary funding for other City operations and projects.

One last important note: Issue 41 is for a specific dollar amount. When property values go up, the millage will automatically be lowered. Therefore, the amount collected by the City will not go up over time.

This is our last newsletter of 2020. I encourage you all to vote. I wish you all a Happy Thanksgiving and a Merry Christmas. I look forward to a better, healthier 2021 for everyone.

Stay Safe,

Mayor Tony Biasiotta





POLICE - EMERGENCY 9~1~1

NON-EMERGENCY: 216.524.3911

When You Go Away

Make sure light bulbs will last while away. Change them if necessary.

Make arrangements to have your mail / newspapers collected.

Leave contact information with a neighbor.

Unplug all unnecessary appliances such as televisions, stereos, computers.

Mow your lawn just before leaving. Make arrangements to have it mowed during extended absence.

In the winter, make arrangements to have someone shovel sidewalks if it snows. At a minimum, have a neighbor walk from the street to your door several times. **Maintain lived-in appearance**

If you use an answering machine, turn off the ringer on the phone. If you don't have an answering machine, unplug or turn off ringers on all phones. No RING, RING

Leave a radio on within the residence and don't take action on your own.

Steps to Prevention

Is your address clearly visible from the street during the day and night?

Necessary for proper response of police and fire personnel.

Remove hiding places:

Shrubs and/or bushes cut to the lower edge of windows Trees cut 6 to 7 feet above ground

Is the property well maintained?

Appears that you care what happens here

Lighting; Interior and Exterior

Continuous -vs- motion sensor Out of reach from the ground

Timers while away

Get rid of "Hidden" keys

Better left with a trusted neighbor

Sealed envelope

Secured openings (windows & doors)

Able to open only a specific amount

Equipped with quality locks

Doors locked while you are home

Alarms

Alarm signs clearly visible

Pets: BEWARE OF DOG

Even if you don't have one

Corded phone

Cordless won't work in a power outage

Vary daily routines

Know where family members are at all times.

Know your neighbors. Develop a rapport with them and offer

to keep an eye on each other's property.

Retrieve each others mail

Allow them to use your driveway while you're away

If you observe suspicious activity, report it immediately to

your local police.

Detail as much information as possible.

Be the best witness possible & don't take action on your own

Obstacles to Personal Safety

Attitude of Complacency

"It can't happen to me." • "Nothing like this happens in my neighborhood." • "If it's going to happen, it's going to happen."

A criminal attack against you or your family can take place anywhere, as can fire or other disaster.

YOU CAN influence what happens to you by assuming more responsibility for your own security.



FIRE - EMERGENCY 9~1~1

NON-EMERGENCY: 216.524.3321





Radios: The fire department has taken delivery of new portable radios that were acquired through the Assistance to Firefighters Grant (AFG) program. Through this federal grant, which was sponsored by the Parma Fire Department, and with the matching portion of the AFG being picked up by Cuyahoga County, we took delivery of approximately \$150,000 in communication equipment at no cost to the city. This includes 25 brand new Harris Portable Radios, chargers, and microphones. These radios are an incredible upgrade from the portable radios we were currently using. Lt. Bob Perko III deserves recognition for putting in a lot of time and effort to help make this grant happen.

Training: Through the generosity of the Northeast Ohio Regional Sewer District (NEORSD) we have had the use of several houses in the Hemlock Creek area throughout 2020. These houses have been slated for demolition but were loaned out to the Fire and Police Departments for training prior to demo. These houses provided our crews with the unique ability to practice real-world firefighting techniques inside a residential structure. Those techniques include hose line advancement, search and rescue, mayday situations, and other communication techniques. The opportunity to train in homes does not come around very often so we will be taking advantage of it throughout the course of this program. If the weather permits we will be in that area training anytime a house is available to us.















BUILDING DEPARTMENT

Seven Hills Building Department 216.524.4427 building@sevenhillsohio.org



Rental Property Registration

The purpose of the **Rental Property Registration Ordinance Section 1143.40** is to promote safe and sanitary conditions of properties in Seven Hills. Annually a Rental Registration is to be submitted to the Building Department on the form on the building department page of the city website at the bottom of the page for the purpose of updating your tenants and property maintenance requirements. It is important that property owner's let the city know each time a you house a new tenant. The Rental Fee of \$50 is paid annually and we prefer to handle those beginning with the New Year each January. Once your rental fee is paid our housing inspector does an exterior minimum maintenance inspection when the weather allows driveway surfaces to be viewed and peeling paint repaired. These inspections generally take place in the spring and summer months.

Vacant Property Registration – 1144

The City of Seven Hills requires any vacant or abandoned property be registered with the city and the property secured with doors and windows in good condition. The annual fee for registering a vacant property is \$200 and must be paid within 30 days of the property becoming vacant. The forms can be found on the Building Department page of the city website at the bottom of the page.

In addition, the Building Department gets frequently asked questions relating to **property maintenance issues** and Courtesy Notices that are sent out due to a complaint. The **1143.04 Ordinance Section** relates to **Exterior Minimum Maintenance** requirements. As always we ask that you maintain your buildings and structures in a manner becoming to the neighborhood, specifically we ask that you keep your accessory buildings maintained, fences and steps and railings painted to best preserve the appearance and keep windows and crumbling stone or brick repaired. We ask that you not keep household items out in the yard such as rugs or household furnishings or plastic materials not even under plastic tarps. Appliances, automobiles and trucks out of use or dilapidated shall not be stored or exposed visible from public or private property causing a blighting factor. Keep landscaping trimmed and maintained to proper heights and not obstructing sidewalks.

As the weather begins to change please be aware of the **Snow Fence Ordinance** requirements **Section 521.07** and **Section 997.04.** To look into the entire snow fence Ordinance please go the following link on the Seven Hills website. http://library2.amlegal.com/nxt/gateway.dll/Ohio/sevenhills-oh/ codifiedordinancesofthecityofsevenhillso?f=templates\$fn=default.htm\$3.0\$vid=amlegal:sevenhills-oh/

HERITAGE HOME PROGRAM

Do you want to learn more about the Heritage Home Program?

Are you eligible?

Visit HeritageHomeProgram.org for more details today!

ENGINEERING DEPARTMENT



Hemlock Creek Watershed Utility Improvement Project REMINDER: The new sanitary sewer main is available for connecting to!

Attention affected property owners / residents on Hillside Drive, Cherry Lane, Nemet Drive, Twilight Drive, Shady Lane, North Mary Lane, Mary Lane, South Mary Lane, Seven Hills Boulevard, and Oak Lane:

As you are likely aware, many residents have already connected to the new sanitary sewer and have had their septic systems properly abandoned.

As a reminder, the information packet ("SANITARY SEWER - SERVICE LINE INSTALLATION INFOR-MATION") provided at the February 29th meeting is available online at http://www.sevenhillsohio.org/en-US/Hemlock-Creek.aspx. Since this packet provides permit requirements and details, you are encouraged to let your Contractor know that the information packets are available online.

All property owners / residents should have received by U.S. Mail a City of Seven Hills "Public Sanitary Sewer Availability" letter dated April 10, 2020.

At this time, your City-registered Contractor can apply for the required City Building Permit.

All property owners should have been notified via U.S. Mail by the Cuyahoga County Board of Health with the official connection notice. This letter is considered your official order from the Board to connect to the sanitary sewer and properly abandon your septic tank as per Ohio Administrative Code Section 3701-29-06(I) under the authority vested in Ohio Revised Code Sections 3709.21 and 3718.10.

Please note, final assessment costs are currently being calculated and finalized. Final assessment costs will be available in the near future.

Friendly reminders:

For ongoing and continual Project updates, feel free to visit the City's website at: http://www.sevenhillsohio.org/en-US/Engineering.aspx.

Please be mindful of neighboring properties who may be having construction work performed for connecting to the new sanitary sewer.

Various construction equipment may be operating in the nearby vicinity.

Use common sense to ensure that children (and adults) keep away from all construction equipment whether it is operating or not.

As always, thank you for your continued utmost patience, cooperation and understanding. We are here to help if you have any questions.

* * * East Sprague Road Resurfacing Project (County ID No. 1241) * * *

The East Sprague Road Resurfacing Project is in collaboration and partnerships with the Cuyahoga County Department of Public Works, through its County Road Operations Resurfacing Program, the City of Broadview Heights and the City of Seven Hills. Cuyahoga County is providing 80% of project cost, while the Cities of Seven Hills and Broadview Heights are each contributing 10% of the project cost. Additional information is as follows:

The resurfacing Project is now completed with a final site walk-thru with the Contractor, the City of Broadview Heights, and the City of Seven Hills that occurred on September 8, 2020.

* * * Donna Rae Drive (near Alla Drive) Drainage Improvements * * *

The Engineering Department solicitated for bids to help improve drainage issues along Donna Rae Drive near Alla Drive. The improvements involve installing 2 double catch basins along with replacing/upgrading approximately 300 L.F. of concrete curb.

• The lowest & best bid was awarded to Set In Stone Contracting by the Finance Committee on July 21, 2020 in the amount of not to exceed \$41,622.00

Construction is anticipated to commence in late-September to early-October 2020 and should be completed within a 2-week period, weather contingent.



ENGINEERING DEPARTMENT

* * * Broadview Road Traffic Signal (for new Meijer Project, former K-Mart site) * * *

Be aware of a new traffic light installation near 7701 Broadview Road in late Winter / early Spring 2021! The City of Seven Hills through the Engineering Department, will be publicly advertised for bids for the proposed traffic signal warranted from the new Meijer retail project currently under construction.

- The lowest & best bid was awarded to Signal Service Company by City Council, per Ord. No. 60-2020 on July 28, 2020 in the amount of not to exceed \$114,392.34. Please note, this Project, in its entirety, is being funded by Meijer Stores Limited Partnership per the Development Agreement of July 3, 2019 between the City of Seven Hills and Meijer Stores Limited Partnership. The City of Seven Hills will be administering the Project the Project during construction.
- The Pre-Construction Meeting for the Project was held on August 20, 2020.
- Construction is anticipated to commence in early-to-mid October 2020 with final completion no later than March 2021.

PLEASE NOTE: For a 3 week period <u>before</u> the traffic light is fully functioning and is operational, the travelling public will be made aware via required road signage, along Broadview Road both Northbound and Southbound, that a new traffic signal will soon be in operation.

* * * Skyview Drive Storm Sewer Outfall Improvement * * *

The Engineering Department has investigated the deteriorated/failed storm sewer outfall located East of the Skyview Drive cul-de-sac.

A redesign of the storm sewer outfall is necessary to prevent further deterioration of the storm sewer and to prevent further erosion of the outfall channel.

• The lowest & best bid was awarded to HSH Construction & Excavating by City Council, per Ord. No. 68-2020 on July 28, 2020 in the amount of not to exceed \$97,314.80. Construction is anticipated to commence in late-September to early October 2020

Construction is anticipated to last up to 60 days.

* * * Broadview Road (near East Pleasant Valley Road) 400 L.F. East Curb Lane Resurfacing * * *

Beginning at East Pleasant Valley Road and heading South, a 400 L.F. section of pavement (East lane against the curb) along Broadview Road is getting rehabilitated and resurfaced. This is due to the pavement's deteriorated conditions that are causing safety concerns to the travelling public while causing further problems for the City's plow trucks during Winter.

Resurfacing efforts are anticipated to commence in October 2020.

If you have any questions and/or concerns about any of the above mentioned Projects, feel free to e-mail Daniel J. Collins, P.E., City Engineer at dcollins@rlba.com or, call (216) 525-6258.

Have a safe and wonderful Fall and Winter! As always, be well and stay well City of Seven Hills!

City of Seven Hills Residential Lock-Box Program

This is recommended for Senior Citizens & Disabled Residents.

This is a great resource for a resident who is living alone, with no one close by to help them in an emergency.

\$35 each and installed by Seven Hills Fire Department. Contact Tony Terry at 216-525-6230 for more infol

SERVICE DEPARTMENT



SERVICE DEPARTMENT - Jack Johnson - Service Director PH: 216-525-6225 / jjohnson@sevenhillsohio.org

Emergencies After Hours - Contact Seven Hills Dispatch at 216-524-3911. Dispatch will contact the appropriate department to handle the City related issues such as sewers backing up,

flooding, downed trees, and dead animals. For Medical Emergencies, Dial 9 -1-1.

City Call List

Call the Service Department at 216-525-6225 if you would like to be added to the City information phone call list.

Leaf Pickup

Curbside leaf pickup will start in November and Continue through December weather permitting.

Ditch lined streets will be done first with subdivisions to follow. Leaf pickup signs will be placed one week in advance. Leaves should be raked no more than 6' from the street or curb.

Do not add yard waste such as branches, weeds and grass clippings to your leaves. These items clog the vacuum tubes and cause unnecessary delays in the pickup process. Do not rake leaves into the street, by mail boxes, poles or fire hydrants.

LEAVES WILL NOT BE PICKED UP IF GRASS CLIPPINGS, STICKS, BRANCHES, ETC. ARE MIXED IN WITH THE LEAVES.



Snow Removal

Main streets and hills are a priority followed by the side streets and subdivisions. The City typically plows and salts the intersections, hills and curves to minimize the salt costs.

Street Light Outages

To report a street light outage, broken fixture or light flickering please call The Illuminating Company at 1-888-544-4877 or the Service Department at 216-525-6225

Mailboxes

The Service Department will make repairs to mailboxes that have been directly hit by the snowplows. Typically, damage is a result of the snow hitting the mailbox and not direct contact with the plow. Please check the condition of your mailbox in preparation for winter. Anything loose, broken or rotted needs to be replaced.







Water Main Breaks

Should you notice bubbling or streaming water along the roadway or curb area please call the Cleveland Water Department CWD at 216-664-3060 to report the break. If you experience brown water, Run your cold water in the lowest level of your home until it runs clear. Do not run your hot water until the water is clear. Please understand the City is not allowed to repair CWD lines.

Simple Recycling

Residents can recycle unwanted clothing, shoes and household items with free, curbside pickup on your regular recycling collection day. Simple Recycling collection bags are provided by calling 866-835-5068. You can also contact the Service Department at 216-525-6225 for additional bags and information.

Holiday Light Collection

Burned out strings of lights, power strips and power cords will be collected December 1st - January 18th. Barrels for collection will be placed behind City Hall by the back entrance. Place items loose in the barrel. No plastic bags or boxes.





COMMUNITY SERVICES 216.525.6230

Seven Hills Senior and Community Services Protocol

Due to the COVID-19 pandemic, new policies and procedures are in place to maintain compliance with the guidelines as it pertains to senior centers. All visitors to the Community Services Department/ City Hall Community Room are required to review the updated protocols and procedures online at https://coronavirus.ohio.gov/static/responsible/Adult-Day-Senior-Centers.pdf.

Please note that masks are required and will be made available if a visitor does not have one. We will continue to monitor all information and guidelines and will adjust protocols as required as well as adjust the open/closed status of our center as mandated. In addition to operating within all of the required guidelines, our highest priority will be to offer a safe and enjoyable experience for our members. If you have any questions, please call Tony at 216-525-6230. We will be using a phased approach to return. Phases are in alignment with the State of Ohio Public Health Advisory System. We hope to see you soon!

Phase I will consist of one activity per room two to three times a week.

Everyone will be temp checked before entering the City Hall doors. If temperature is above 100.4 degrees Fahrenheit they will be denied entry. Members will be asked health a questionnaire. Visitors will be greeted outside the building by a member of the staff. If visitors answer yes to two or more of the following health questions they will be denied entry:

Do you have a fever?

Do you have a cough?

Have you experienced any shortness of breath?

Have you been exposed to anyone who might be infected with Coronavirus?

Have you or any member of your family been quarantined?

If permitted entry, staff member will sign in member on sign in sheet with information required for contact tracing.

Visitor will disinfect hands with hand sanitizer.

Visitors are to maintain social distance upon entering, during workout/activity, and while exiting building No mingling or gathering (must be seated)

Visitors will enter and exit the building using the Back Door of City Hall.

Members are to follow directional signs while entering and exiting.

Members will be expected to wear masks.

Members must make an appointment to reserve class space ahead of time to ensure that current capacity limits are maintained.

Activities will be 1 hour maximum limit.

Seven Hills Fall Fest & Children's Christmas Party have been cancelled due to covid-19 regulations

Check in at www.sevenhillsohio.org for community updates, virtual celebrations and community involvement!

Council Quarterly Section



2020 Seven Hills City Council Representatives

Ward 1
Phillip Kiriazis
440.547.6832
pkiriazis@sevenhillsohio.org

Ward 2 Norman Martin 216.317.4600 nmartin@sevenhillsohio.org Ward 3
Thomas J. Snitzky
216.236.6322
tsnitzky@sevenhillsohio.org

Ward 4
Richard Dell'Aquila
216.375.4002
rdellaquila@sevenhillsohio.org

Council-At-Large:

Patrick Elliott President Pro Tem 216.990.8725 Pelliott@sevenhillsohio.org

> Council President Stacey L. Kelly 216.642.3722 Skelly@sevenhillsohio.org

John Kulju 440.879.6323 jkulju@sevenhillsohio.org

Hello Ward 3ers -

Goodness here we are heading into another season and the pandemic is still cramping everyone's style. Tony Terry deserves much praise for continuing to try to have citywide social events while respecting covid-19 restrictions. I sure hope the Fall Fest / Chili Cook Off is not affected. I was really bummed to see Home Days cancelled. Working some of the venues as I have over the years; I know that it has become a regional event. I thought the Stay at Home Days Parade around the city would be bittersweet but I must admit, it was really a lot of fun and I would like to see it happen again in the future.

It is gratifying that the Biasiotta administration is taking the bull by the horns and aggressively pursuing flooding related issues in the public domain with the Water Management Task Force. Ward 3 will see a lot of these capital improvements. Including restoring the natural flood plain of Hemlock Creek at Donna Rae and Forrest Overlook, improving storm water flow in the Cresthill - Hickory Lane area, adding 2 new double (sized) catch basins on Alla Dr to help prevent the flow onto Donna Rae, and updating the Cheryl Ann - Hemlock Creek culvert. In addition expect to see Cuyahoga County Sewer trucks in ward 3 this fall. We contracted with the County to bolster our storm and sanitary sewer cleaning ability.

As it is the fall season that also means it is election time. There are 3 Seven Hills City wide issues on the ballot. All 3 were passed unanimously by Council for inclusion on the ballot. Issue 41 is the 1.4 mil Parks and Recreation Levy. The current 1.65 mil bond used for the construction of the Recreation Center expires at the end of this year(which means a reduction in taxes year over year). The Rec Center, after a very shaky start, has turned into a real city asset. Under the enlightened leadership of Jen Burger, it consistently runs in or close to break-even (unheard of in area rec centers). The new levy will allow necessary maintenance to be performed on the Rec Center without having to dip into the General Fund. Additionally, the issue 41 will dedicated money for long overdue Parks improvements. (If passed these funds can only be used for Parks and Recreation expenses).

Issue 42 will allow a restaurant with drive up capability to be put on the very small lot (less than 2 acres) in front of the Vatalia Senior Living complex on Rockside Rd. The developers have been unable to find an interested commercial office tenant for approx. 2 years because of the lot size. Currently Raising Cain's has an LOI with the land owner. Issue 43 will allow Dairy Queen to relocate to the vacant Ruby Tuesday sight. DQ has been a great business partner in the city since the early 1960's. They have outgrown their current location and in fact on a hot August night the traffic back up onto Broadview Rd is a hazard. Their brand new DQ Grill and Chill will be a state-of-the-art facility. That's it, have a great fall. See you around the neighborhood.

Tom Snitzky Councilman Ward 3 City of Seven Hills, Ohio



Council Quarterly Section

Hello Seven Hills Residents:

Happy Fall! As the leaves start to change, let's hope it is a sign that the remaining quarter of our year will change as well....for the better.

On November 3, 2020, Election Day will be in full swing. Listed below are ballot issues that our residents will be voting on. The below text was provided by the Board of Elections so this is how it will likely appear on the ballot:

ISSUE 41:

An additional tax for the benefit of the City of Seven Hills for the purpose of parks and recreation at a rate not exceeding 1.4 mills for each one dollar of valuation, which amounts to 14 cents for each one hundred dollars of valuation, for a continuing period of time, commencing in 2020, first due in calendar year 2021.

ISSUE 42:

Shall Article XIV, Section 7 of the Charter of the City of Seven Hills be amended to permit free-standing fast food with drive-through service on PP#'s 551-19-025, 551-19-026, and 551-12-027 in the Rockside Road Development District, located south of Rockside Road and east of Crossview Road?

ISSUE 43:

Shall Section 976.03(b) of the Zoning Code of the City of Seven Hills be amended to include fast food as a permitted use in the Broadview Road Development District, Parcel 2, which is located on Broadview Road, South of Hillside Road?

ISSUE 73:

Shall the Parma City School District be authorized to do the following:

- (I) Issue bonds for the purpose of constructing, furnishing and equipping new school buildings and facilities for grades 6-12 on two campuses and otherwise constructing, renovating, remodeling, adding to, furnishing, equipping and improving school district buildings and facilities, including improvements to the existing Parma Senior High School, and clearing, improving and equipping their sites in the principal amount of \$271,000,000, to be repaid annually over a maximum period of 37 years, and levy a property tax outside the ten-mill limitation, estimated by the County Fiscal Officer to average over the bond repayment period 6.1 mills for each one dollar of tax valuation, which amounts to 61 cents for each one hundred dollars of tax valuation, to pay the annual debt charges on the bonds, and to pay debt charges on any notes issued in anticipation of those bonds?
- (2) Levy an additional property tax to provide funds for the acquisition, construction, enlargement, renovation, and financing of general permanent improvements at a rate not exceeding 0.4 mill for each one dollar of tax valuation, which amounts to 4 cents for each one hundred dollars of tax valuation, for a continuing period of time?

While we continue to be affected by COVID, the Fall Ward Meetings are unfortunately cancelled. I urge all residents to reach out to their Council representatives with any questions you may have regarding the upcoming ballot issues. The most important thing is everyone exercises their right to vote.

As always, if you have any questions, concerns or complaints, please contact me at: 216-642-3722 or e-mail at: slk7hills@gmail.com. If I miss your call, I **WILL** return it. Be sure to leave your name and phone number. Thank you again and God bless.

Stacey L. Kelly President of Council City of Seven Hills, Ohio



Norm Martin
Seven Hills Ward 2 Councilperson
Chair of the Parks and Recreation Committee
Member of the Seven Hills Finance Committee
Email: nmartin@SevenHillsOhio.org

Do you Want to Help Contain or Possibly Lower Your Property Taxes? Then read this...

Growing Our Community's Tax Base - Part 1

What if you could make one investment in your community that simultaneously helped grow home values, generated more sales for local businesses, and attracted new jobs and employees? What if that investment also increased civic engagement, encouraged neighbors to get to know each other, and improved public health at the same time? Such an investment exists, and it's called **community amenities**. Community amenities **include public parks as well as health and wellness recreation centers.**





Studies showing the positive impact of parks on property value date back all the way to the 19th century. A recent survey in Area Development magazine found that 75% of corporate executives rated quality of life features like parks and open space as important when choosing a location for their business. Quality-of-life factors are most important to firms that prioritize talent attraction and retention. When Amazon went looking for their second headquarters, their basis for picking a site was no different than most businesses:

"We want to invest in a community where our employees will enjoy living, recreational opportunities, educational opportunities, and an overall high quality of life. Tell us what is unique about your community." [Amazon HQ2 RFP]

Increased property values result when homes are near well-maintained parks, which in turn enhances the value of the local tax base. Besides promoting health and wellness, better amenities and parks equal better economic development. Improved property value support equals more revenues and lower overall taxes for all of us long term.



Example of a "Neat and Tidy" home on Crossview Road

Council Quarterly Section

Growing Our Community's Tax Base - Part 2

How Pulling Weeds Can Help Lower Your Taxes



Broken Windows and Economic Development

Wilson and Kelling's Broken Windows Theory (1982) explores how environmental disorder can impact crime levels and people's perceptions of an environment. Disorder has been shown to induce crime and lead average citizens to withdraw, causing neighborhoods to decay and quality of life to decline (Keizer et al., 2008; O'Brien, 2015). The positive appearance of your home shows a more inviting social image. Studies suggest that well-maintained vegetation on your property can act as a territorial marker or a cue that the space is cared for, thus discouraging deviance and crime (Kuo et al., 1998; Troy et al., 2016). Together, these findings suggest well-kept vegetation can make a positive impact on both perceived and actual safety if it is well designed and maintained. Ultimately, these efforts improve home values and enhance the community's tax base.

The City of Seven Hills has a property maintenance code and ordinance that promote the well-being of our neighborhoods and help maintain and grow our community's tax base. The Seven Hills tax base ensures quality fire/EMS and police services for you and your family in the time of need; quality road repair during all seasons of the year; senior services; recreation; and a host of other needed services. Your "slice" of the tax "pie" to help pay for these services can get smaller, but only if we all help the pie (the tax base) get bigger.

How do we make the tax base bigger? You can help by keeping your home in good repair. Homes in good repair mean that you take the effort to keep good landscaping; keep your trash cans behind the front of the home; remove unlicensed and inoperable motor vehicles from the driveway; and keep the home painted and the "broken windows" repaired. In other words, keeping your property "neat and tidy." Thank you for your efforts in helping Seven Hills to be a great place to live, to raise a family, and to grow old.

Do you know of a home and property in Ward 2 that is exceptionally "NEAT and TIDY?" I will be glad to recognize some of the owners in the next edition of our city's newsletter. Complete the form below:

Seven Hills – Ward 2 "Neat and Tidy" Award Nomination Address of Nominee:
Contact info for Nominee (if known):
Describe what makes the property "Neat and Tidy?"

Return nomination to the attention of Norm Martin, Ward 2.

Mail: 6161 Ruth Drive, Seven Hills, Ohio 44131

Email: nmartin@SevenHillsOhio.org

Permit Required to Hunt Deer

- -Deer archery season is from September 26, 2020 to February 7, 2021.
- -Applications are available for pick up from Seven Hills City Hall Monday through Friday, 8 AM to 4 PM.
- -The completed application can be turned into the Seven Hills Police Department before 12/31/20.
- -Permits will not be valid to hunt until September 26, 2020.
- -Permit applications will not be accepted after December 31, 2020.
- -Please call the Police Department at 216-524-4423 if you have any questions or concerns regarding deer hunting or the City Ordinance that regulates hunting.
- -Archery deer hunting permits will again be issued by the Police Department subject to restrictions of City Ordinance 505.11 and in compliance with all Ohio Division of Wildlife regulations.
- -Ohio regulations can be found at: http://wildlife.ohiodnr.gov/huntingandtrappingregulations



Autumn is here and the leaves are falling! Please do your part as a resident and care for your property. A few tips:

Rake Leaves and pile on tree lawn. Check city website for leaf pick up dates Sidewalks / Driveways should remain free and clear of grass clippings When it snows, please shovel a path. Students walking to and from school and residents out and about will thank you!

723.03 states that you properly store waste containers not visible from the street Take pride in your property! More helpful ordinances can be found on www.sevenhillsohio.org

Parking Hours Regulated:

- (a) No person, operator or owner shall park or permit a vehicle to remain on the roadway portion of any street or highway in the City between the hours of 3:00 a.m. and 6:00 a.m., except emergency vehicles, vehicles being used by physicians on emergency calls, and vehicles being used in connection with street improvement or the stringing, laying, repair or maintenance of utility facilities in or above the street area, provided that permission for such parking shall have first been procured from the Chief of Police.
- (b) No person, operator or owner shall park or permit a vehicle to remain on the roadway portion of any street or highway in the City or on the side of any street on which there is a fire hydrant located on any portion of any street.



October 31st from 6pm - 8pm

Please follow the guidelines put in place by the Ohio Department of Health found at www.coronavirus.ohio.gov



In February the 2020 Seven Hills Farmers Market planning was underway. In March, the coronavirus pandemic put everything on hold and there was uncertainty as to whether the market would be able to open at all. When farmers markets were designated as essential, planning turned in a new direction; numerous virtual meetings and discussions; best practice options; and creating, then adopting, new policies and procedures on how to keep our vendors, customers and staff safe during the COVID pandemic.

As spring advanced into summer, in conjunction with the health department and under CDC guidelines, the Seven Hills Farmers Market designed a way to operate safely (including a vendor pre-order option for pick-up at the market) while upholding our vision to provide access to locally grown produce and artisan products for our residents and neighbors.

The 2020 Seven Hills Farmers Market season is now completed and what a great season it was! Thank you to all who participated; for your support, kindness, patience and most of all for your flexibility, adopting to our re-worked market space during this challenging time. The market could not exist without continued community support and the support of our sponsors, ensuring that our farmers' market was a safe, healthy, and inclusive space for everyone.

May you stay well and have the merriest of upcoming holidays. We are all in this together.

Happy, Healthy, Homegrown; the Seven Hills Farmers Market, growing community by inspiring healthy, sustainable, abundant living!



Looking for the right community? Discover Jennings!

Connections with neighbors, choices in everyday life and celebrations are cornerstones of dignity for every person. In these unprecedented times you can trust Jennings to continue safe, excellent services with our Catholic values, innovation and technology. At Jennings at Brecksville, choose an engaging, worry-free residence designed for your lifestyle and interests.

Our community welcomes new residents. Learn more and discover our virtual tours: Call Margery today!



Jennings at Brecksville

8736 Brecksville Road • Brecksville, Ohio 44141 (216) 581-2900 • jenningsohio.org

Stay Connected!

Sign up for E-Mail updates & news at our website! www.sevenhillsohio.org

Register for ReadyNotify at https://ready.cuyahogacounty.us

Contact Sue Oyster at 216.525.6258 to be put on the robo call list!

> Download our app! Seven Hills Recreation Center



Follow us on social medial







Sharon La Buda

Top Realtor Cleveland Magazine 2019 & 2020





Top 5% of Realtors Nationwide

CALL TODAY! 216.906.9047

sharonlabuda@howardhanna.com

PROUD SPONSOR OF THE SEVEN HILLS BASEBALL FIELDS



NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at

www.ourseniorcenter.com







(across the street from Giant Eagle) 7393 Broadview Road, Suite G Seven Hills, OH 44131 staff@kulickdds.com

www.kulickdental.com

Sharon LaBuda TOP 5% OF

REALTORS NATIONWIDE 216.906.9047



Sharonlabuda@howardhanna.co

Seven Hills Resident



Complete Home Plumbing Services Remodeling • Hot Water Tanks

(216) 299-3276

Tony DiMaria, Owner Resident of Seven Hills

FREE ESTIMATES Lic #17408



LOU SIMONYI. ELECTRICIAN

COMPLETE RESIDENTIAL ELECTRICAL SERVICES LICENSED • BONDED • INSURED OHIO LICENSE #EL45444 216-374-6090

PANEL UPGRADES • NEW CIRCUITS • FREE ESTIMATES Replace Unsafe "Federal Pacific" Panels & Settled Meter Bases



Fourth Generation of Service 7462 State Rd. • Parma (440) 842 - 4080

Traditional • Cremation • Pre Need Community Room - Luncheon Facilitie<u>s</u> John Riczo, Jr.



440-667-5799 FREE QUOTES **VETERANS & SENIOR DISCOUNTS**

Lawns, Mulching, Snow Removal, Hardscaping, Tree Removal, Fall and Spring Clean Ups

HOME **IMPROVEMENT**

All Jobs **BIG** & SMALL 216.661.3505

Roofing • Gutters Siding • Drywall

Licensed, Bonded & Insured





Brad Sussman Insurance, Itd. 844-200-4800

InsureMeBrad.net

Serving Seven Hills, Broadview Heights, Brecksville, and all of Ohio.

> **Best Protection** Superior Service Impressive Rates INSUITANCE Auto, Home, Life & Commercial



W ELEVATE Diane Weseloh

ABR, CRS, SRES, RRS 216.440.0432 diane@dianeweseloh.com www.dianeweseloh.com

WE SELL OHJO

AGENT IN 44131 ZIP CODE SINCE 2010 PER MLS!



- Carpet
- Vinvl Plank • Tile
- Professional Installation

If it has a motor, we can fix it! 5700 Broadview Road 216-351-4295

www.firehawkautomotive.com For all your automotive needs!

Vladimir Belikov, D.D.S America's Top Dentist Award 2019 We accept all major insurances including Medicaid, Care Source, Buckeye, Molina, United Healthcare

Parma Dental

Parma Office: (440) 885-1111

5500 Ridge Rd, Ste 135 • Parma, OH Highland Hts Office: (440) 995-9999 6151 Wilson Mills Rd, Ste 250 • Highland Hts, OH



Tony Tomaro Waterproofing & Construction Inc. Better Business Bureau A+ Rated Basement Waterproofing - Wall Repairs

Cement - Brick Work Sewer Unclogging - Camera and Jetting 10% DISCOUNT WITH THIS AD!

Anthony Tomaro 440-476-3601 tonytomarowaterproofing.com

4-E-5-5

Office 440-276-1806 office@tonytomarowaterproofing.com



Laurie Malone

Mediation resolves divorces at an average cost of \$2000

(440) 526-6411

Brecksville, Ohio

www.malonemediationandlaw.com





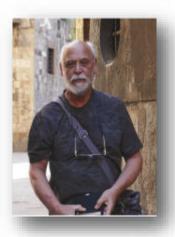
The Seven Hills Hall of Fame is honored to announce "Suede" Stephen Whitney Baum, George Sipl, Alexander Pogrebinsky, and Barbara Stanczak as our new inductees into the Seven Hills Hall of Fame, housed at the Seven Hills Recreation Center. They will be added to our impressive past recipients. Our Induction Ceremony is on November 14th from 2:00 - 5:00pm, with very limited seating due to these unprecedented times. Our ceremony will be on YouTube (a link will be provided after the Ceremony) and aired on Cox Cable Channel 45 at a later date. These four Individuals have achieved an impressive amount in their lifetimes and in their fields of endeavor. I encourage you to read about them on our website at https://sevenhillshof.wixsite.com/sevenhills. We have talented residents in Seven Hills!



"Suede" Stephen Whitney Baum



Barbara Stanczak



Alexander Pogrebinsky



George Sipl

The Seven Hills Hall of Fame would like to congratulate our first recipient of The George Chandick Scholarship, John Niezgoda. John will be receiving a check for five- hundred dollars. Congratulations John!



Due to the restrictions our Future Hall of Famers will not be making an appearance at our Induction Ceremony- we look forward to reinstating the program at a future time.

Although Seven Hills Hall of Fame is not politically affiliated we would like to thank our Seven Hills Mayor and Council for their recognition of our Seven Hills Hall of Fame Resident of the Month. Resident of the Month recognizes a Resident who has gone above and beyond in Community service and/or in another area. If you would like to nominate a Resident please email alaina316@yahoo.com.

Recreation Center Hours:

Sundays: 12pm - 6pm ● Mondays- Fridays: 5:30am - 9pm ● Saturdays: 8am - 8pm





Youth

United States Military Veteran Membership: Resident: \$100 Non-Resident: \$150 (Proof of Honorary Discharge via DD-214 required)

Seven Hills Resident Membership Info - Annual / Upfront Payment

Youth	\$105	A resident 12 years old or younger (must be purchased with Adult Membership).
Teen w Parent	\$160	A resident between the age of 13 and 17 (must be purchased with an Adult).
Teen w/o Parent	\$210	A resident between the ages of 13 and 17.
Adult	\$210	A resident 18 to 61 years old.
Adult Couple	\$345	2 Adults at the same address whose full time residence is in Seven Hills.
Family	\$400	Immediate family household members, up to four people living in Seven Hills (max. 2 adults).
Adtl. Children	\$40	Additional children may be added for \$40 each per year.
Senior	\$100	Resident 62 or over.
Disabled Resident	\$100	Resident that is "Totally Disabled" determined case by case. Must provide State Disability Info.
Resident College	\$100	Resident full time college student with permanent residence in Seven Hills.
Daily Drop In	\$5	Valid ID Required (Active Duty US Military - FREE with ID)

Parma Resident Membership Info - Annual / Upfront Payment for NEW Parma Members (No previous Membership)

A Parma resident 12 years old or younger (must be purchased with Adult Membership).

Teen w Parent	\$200	A Parma resident between the age of 13 and 17 (must be purchased with an Adult).
Teen w/o Parent	\$275	A Parma resident between the ages of 13 and 17.
Adult	\$275	A Parma resident 18 to 61 years old.
Parma Couple	\$450	2 Adults at the same address whose full time residence is in Parma.
Family	\$525	Immediate family household members, up to four people living in Parma (max. 2 adults).
Adtl. Children	\$50	Additional children may be added for \$50 each per year.
Senior	\$150	Parma Resident 62 or over.
Disabled Resident	\$150	Parma Resident that is "Totally Disabled". Must provide State Disability Info.
Resident College	\$150	Resident full time college student with permanent residence in Parma.

Non-Resident Membership Info - Annual / Unfront Payment

Non-Resident Membership Info - Annual / Upfront Payment				
Individual \$400		\$400	One Person living outside of Seven Hills or Parma	
	Non Resident Couple	\$605	2 Adults outside of Seven Hills or Parma living at the same address	
	Family	\$675	Immediate family household members, up to four people living outside of Seven Hills or Parma	
			(max. 2 adults).	
	Adtl. Children	\$105	Additional Children may be added for \$105 each per year.	
	Daily Drop In	\$10	Valid ID Required (Active Duty US Military - FREE with ID)	

The above listed memberships are purchased for one full year - one time upfront payment.

All memberships are non-refundable and non-transferrable.



ALL Month Long!

November 1st – 30th Membership Deals!



Mental Health Services Available through Community

As the end of a very trying year approaches, mental health awareness continues to be top priority for the City of Seven Hills. We realize that many may be anxious about beginning the new school year or heading into the holiday season in this time of uncertainty and we would like to offer mental health services to those in need.

The City of Seven Hills would like to introduce our new Mental Health Liaison Services to all community members at no cost. Jackie Corrigan, Clinical Mental Health CT, is able to provide a variety of services in the Seven Hills Recreation Center or virtually. Community members may request support directly or on behalf of an individual who may be struggling with identified or suspected mental health needs. Services are voluntary and do require consent in most cases. Services are available in-person or via live video conferencing and include individual sessions for purposes of screening, guidance, resources, intervention, support, crisis intervention, collaboration with outside professionals, coordination of services, linkage and/or referrals.



Please feel free to contact Ms. Corrigan at (440) 720-4541 or via email at CorriganJackie21@gmail.com.

Check out our FREE orientations! Learn how to use the equipment and circuit properly and safely!



Totally Toned Personal Training

Let TTPT show you how to get the most out of your Seven Hills Recreation Center membership! With programs tailor-made for every fitness level, and packages to fit every budget, now is the best time to get ahead of those holiday pounds and a jump start on those "resolutions"!

Call to schedule your free consultation!

Visit us at totallytonedpersonaltraining.com

Contact Mike at 216-548-5383 TODAY!

Motivation
 Education
 Accountability

Gift Certificate Packages Available!







Monthly Senior Class Schedules are available at the Front Desk and online at www.sevenhillsohio.org



SilverSneakers® Classic: Seated and standing exercises to increase muscular strength, range of motion and activities for daily living.



SilverSneakers® Circuit: Standing upper-body strength work alternated with lowimpact cardio using a chair for standing support.



SilverSneakers® Yoga: Seated and standing yoga poses to increase flexibility, balance and range of motion.



SilverSneakers Stability[®]: Standing class designed to decrease the risk of falls with focus on improving balance and lower body strength.



SilverSneakers EnerChi™: Seated or standing tai chi movements in flowing sequence to progress strength, balance and focus.



SilverSneakers® Splash: Shallow-water exercise for all skill levels to increase strength and cardiovascular endurance.



SilverSneakers BOOM™ MIND: The best of yoga and Pilates combined in an intermediate to advanced mind-body mat workout.



SilverSneakers BOOM™ MOVE: Dance-inspired workout to challenge cardio fitness with easy-to-follow movement patterns.



SilverSneakers BOOM™ MUSCLE: Muscle-conditioning blocks and activity-specific intervals to improve cardiovascular health and functional skill.

SENIOR PROGRAMS



BOOM (Tuesdays - BOOM Muscle / Thursdays - BOOM Mind) WITH TANYAJoin us for Senior Focused exercise class twice a week! Tuesdays focus on light weights to help build strength and bone density while Thursdays focus on Yoga, including flexibility, core strength and balance.

Days: Tuesdays & Thursdays - 11:00am - 11:45am in Gym 2.

Fees: Members: \$2 Non-Members: \$3

FREE to SilverSneakers, Silver & Fit, and Renew Active



SENIOR CHAIR YOGA WITH JOANN

For Seniors or those who like to keep it basic. Senior Yoga is designed for Seniors looking for a basic and well-rounded yoga program. Students are immersed in the fundamentals of Yoga. You will be instructed and supported in learning the process of proper alignment in the poses, breathing techniques, practice to build confidence in your yoga postures, as well as introductory meditation and relaxation techniques.

Days: Mondays - 11:15am - 12:00pm, Wednesdays & Fridays 9am - 9:45am in Gym 2

Fees: Members: \$2 Non-Members: \$3

FREE to SilverSneakers, Renew Active, and Silver&Fit



TAI CHI STEPS WITH JACKIE

Tai chi is an ancient Chinese movement practice that offers a number of health benefits. For seniors in particular, it can have significant benefits. That's because it focuses on muscle control, stability, balance, and flexibility. The movements are also very gentle.

December / January - Tai Chi Steps in Gym 2 or Gathering Rooms -Fridays 10am -

11am Fee: \$2 per class For more info, Call Jackie at 440-546-7531



LINE DANCE WITH JACKIE

Bring a pear of dress shoes. Come to exercise your heart, lungs, and muscles! Great for improving your memory and making new friends! October / November - Line Dancing in Gym 2 - Fridays 10am - 11am Fee: \$2 per class For more info, Call Jackie at 440-546-7531



NEW PROGRAM! FRIDAY LUNCH BUNCH!



Join us each Friday for our \$5 Lunch! Healthy, delicious lunch - prepared by Jo Ann Rencz in the Rec Center Gathering Rooms. Physical distancing guidelines will be in place - but don't distance yourself socially! Enjoy lunch and company!

Please RSVP / Pay \$5 at the Rec Center Front Desk no later than the Thursday before (so we can prepare the meal). **\$5 weekly per person** / **Fridays (Starting 10/9) 12:15**

Monthly Senior Class Schedules are available at the Front Desk and online at www.sevenhillsohio.org



ADULT PROGRAMS

Session Dates - Drop in to most programs at ANY TIME!

Fall 1: September 21st - October 31st (Registration Begins September 10th)
Fall 2: November 2nd - December 19th (Registration Begins October 20th)
Winter 1: January 4th - February 13th (Registration Begins December 14th)

ZUMBA WITH NELA

Perfect For Everybody and every body! Each Zumba® class is designed to bring people together to sweat it on. A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

Instructor: Nela Serrano

Days: Wednesday Evenings 7:00pm - 8:00pm
Fees: Member Punch Card: \$27 or \$6 Drop In
Non-Member Punch Card: \$37 or \$8 Drop In

FIT HAPPENS WITH DEBBIE

Join us for a low impact, full body work out combining Pilates, Barre, and Yoga using your own body weight, exercise balls, and resistance bands. This work out targets all muscles groups to tone and strengthen your entire body, including your abdominals and mid-section. Modifications are taught to make this an effective class for beginners to advanced fitness levels. Enjoy an uplifting power hour! No one ever regrets working out!

Days: Tuesday Evenings: 6:30pm - 7:30pm with Debbie

Fees: 6-Class Punch Card: \$42 12-Class Punch Card: \$82 or Drop-In \$10

BEGINNER'S YOGA WITH HEATHER - NEW!!

Those who want to try yoga for the first time or those who need a bit more instruction & slower paced class. We will connect our body, mind, and spirit though breath and movement helping to improve strength & flexibility. A great workout option for those just starting out their Yoga journey!

Instructor: Heather Hanchuk—RYT 200 hours / CYT 500

Days: Mondays 5:30pm - 6:30pm

Fees: 5-Class Punch Card: Members: \$40 Non-Members: \$45

10-Class Punch Card: Members: \$70 Non-Members: \$80 or Drop-In \$10

ALL LEVELS POWER YOGA - NEW!!

Upbeat music, high energy class. Offering higher level balances, binds, & poses but always giving modifications for those who may need them. No one should be afraid to try this class....All levels welcome!

Instructor: Heather Hanchuk - RYT 200 hours / CYT 500

Days: Mondays 7:00pm - 8:00pm

Fees: 5-Class Punch Card: Members: \$40 Non-Members: \$45

10-Class Punch Card: Members: \$70 Non-Members: \$80 or Drop-In \$10

BODY SCULPTING

A one-hour cardiovascular strength-training class designed to make you lean and defined providing a resultsoriented whole body workout. Build and sculpt muscles, strengthen your core, improve your strength and flexibility while burning fat and calories by using just one set of 5 lb. dumbbells. You will gain strength, balance, flexibility and endurance while focusing on total body health.

Days: Thursdays 6:30PM - 7:30PM in the Aerobics Room - Register Today at www.flexcity.com





ADULT PROGRAMS



Session Dates - Drop in to most programs at ANY TIME!

Fall 1: September 21st - October 31st (Registration Begins September 10th) Fall 2: November 2nd - December 19th (Registration Begins October 20th) Winter 1: January 4th - February 13th (Registration Begins December 14th)

PILATES SCULPT WITH TANYA

Standing and mat Pilates exercises using light hand weights to totally reshape your body from the inside out. All muscle groups will be lengthened and toned, improving core strength, back health and overall well being. Modifications are taught. Beginners and advanced. **Tuesdays 9:30am - 10:30am**

TRIM & TONE WITH TANYA

A unique, head to toe, feel good workout combining cardio moves with resistance training and core work led by an AFAA certified instructor. Every muscle group will be targeted and toned, even some you didn't even know you have! Modifications are taught so every "body" can enjoy this fun and innovative class. **Wednesdays & Fridays 9:30am - 10:30am**

STRESS RELIEF YOGA

This class begins with a gentle yoga flow to warm the body including some light core work to strengthen the abdominals and back. It continues with deep stretching and restorative yoga poses on the floor, concluding with a final relaxation. The focus is on breath and mindfulness to strengthen our bodies while improving flexibility and balance. You will leave feeling refreshed and rejuvenated. All levels and ages will benefit from this restorative class. **Thursdays 9:30am - 10:30am**

ALL OF THE ABOVE CLASSES ARE ELIGIBLE FOR TANYA'S PUNCH CARD:
Member Card: \$50 (10 Classes) or \$7 Drop In Non-Member Card: \$70 (10 Classes) or \$9 Drop In

MORNING YOGA WITH JOANN

Wake up easy and get moving in this All Levels flow class that will guarantee that you are ready to face the day with a smile. Breath and movement merge to stretch the body and awaken the mind in a perfect mix of light workout and deep stretch. A good morning begins a great day!

Mondays 9:30am - 10:30am in the Aerobics Studio & NOW Fridays 10am - 11am in Gathering Rooms (starts 10/9)! Fees: Member Card: \$28 (6 Classes) or \$6 Drop In Non-Member Card: \$36 (6 Classes) or \$8 Drop In

JAZZERCISE

The ORIGINAL Dance Exercise Phenomenon! Each 60-minute class offers a blend of exercise with the fun of dance set to your favorite music - Top 40, Jazz, Country, Funk & Classic! Easy to follow, fun choreography includes a gentle warm-up, a 30-minute aerobic workout, muscle toning and strength segment with weight-band stretching. Pilates, yoga and kickboxing movements are Incorporated too. Sessions and Registrations are continuous (does not follow Rec Dates)!

Classes meet in Recreation Center Gym 1

Fees: 1 Month: \$45 (EFT) 2 Months: \$90 (EFT- unlimited classes) Drop-In \$15

Instructor: Lois Powers (loispowers@hotmail.com) or 330.468.6637

Days: Mondays & Wednesdays 6:30pm - 7:15pm

Instructor: Carol Mason

Days: Mondays & Wednesdays 5:30pm - 6:15pm

Tuesdays & Thursdays 8:30am - 9:15am





PROGRAMS / LEAGUES

Rookie Fall 2 Registration Begins October 13th

Rookie PhysEd -

Introduces the ABCS of athletics to beginners in an exciting environment while promoting social development. Each athlete will develop their ABCS (Ability, Balance, Coordination, and Skills) through fun drills and games.

Days: Wednesday Evenings 11/11 - 12/16

Price: \$50

Ages 3 - 4: 5:30pm - 6:00pm Ages 5 - 7: 6:15pm - 7:00pm Ages 8 - 10: 7:15pm - 8:00pm

Rookie Youth Basketball League

Through specialized skills, drills, and games, your young athlete will have a great time learning fundamentals while becoming gameready. Week 1 will be skills and introductions followed by weekly games (schedule provided on week 1).

Days: Saturdays 11/14 - 12/19

Price: \$75

Ages 5-6: come at 11am for week 1 Ages 7-8: Come at 12pm for week 1

Dodgeball

After a quick rule review - we dive right into game play in a fast-paced, ball-flying, dippin' dodgin' good time!

Days: Monday Evenings 11/9 - 12/14

Price: \$50

Ages 9 and Up: 7:15pm - 8pm

Basketball Skills Class

Whether you are looking to learn the fundamentals or gain more experience and knowledge on the court, our skills class is for you! Through skills, drills, and games, see improvement in all areas of basketball.

Days: Tuesday Evenings 11/10 - 12/15

Price: \$50

Ages 3-4: 5:30pm - 6:00pm Ages 5-6: 6:15pm - 7:00pm

7th & 8th Grade: 7:15pm - 8:00pm

Days: Thursday Evenings 11/5 - 12/17

Price: \$50

Ages 7-8: 5:15pm - 6:00pm

3rd & 4th Grade: 6:15pm - 7:00pm 5th & 6th Grade: 7:15pm - 8:00pm

Adult Men's Hoops 2021

Men's Basketball - For Upcoming League registration information - Contact Phil at rookieathletics@gmail.com



Train effectively and efficiently with the newest shooting machine in the world! Get over 100 shots up every 10 minutes!

To schedule a session - contact Phil RookieAthletics@gmail.com 216.502.0805





Volleyball for boys and girls in grades 1-6. Explore the fundamentals through action-packed sessions designed to teach basic skills to beginner and intermediate players. Passing, setting, hitting, blocking and serving as well as basic offense, defense, positioning, and team strategy. Kneepads are recommended but not required. Fun and innovative program - Monday Evenings Fee \$80

1st - 3rd grade 5:30 - 6:30pm 4th - 6th grade 6:30 - 7:30 pm

www.jumpstartsports.com

SEVEN HILLS BEFORE AND AFTER SCHOOL PROGRAM 2020-2021

Part Time Rates for Hybrid Learning - Starts 9/29/2020!

Our energetic staff is geared up to provide your child with an active, fun and productive alternative to their before or after school hours. These activities will include the following: swimming, arts & crafts, board/card games, various sports and games in the gymnasium, snack time, dedicated time for homework and much more. Open to students in grades K – 7, so sign up early to avoid being shut out!

Parma Bussing provided for children attending Green Valley, Dentzler, Hillside and Normandy!

Program calendar follows the Parma City Schools schedule - HYBRID 9/29 - 12/22/2020.



*PARTICIPANTS MUST REGISTER AND PAY BY THURSDAY OF THE PREVIOUS WEEK TO AVOID BEING CLOSED OUT!

Before Care Part Time Rates: Members: \$20 per week Non-Members: \$25 per week After Care Part Time Rates: Members: \$25 per week Non-Members: \$30 per week

Contact Camps Dsevenhillsohio.org for more info!

Christmas Break Camp

Our Christmas Break Camp offers your children the opportunity to get exercise and fresh air during their time off school with our experienced camp staff! Children will enjoy a Christmas Break filled with games, activities, arts and crafts, a field trip and so much more! Please pack a lunch, a snack and swim gear each day! Contact Camp Staff at 216.524.6262 or camps@sevenhillsohio.org for more info!

Camp Dates: December 21, 22, 23, 28, 29 & 30 - 2020. Get here as early 6:30am and stay until 6pm - with no extra fees!

Part Time Weekly Fee (3 Days or Less): Members: \$125 Non-Members: \$140 (Program Offered 2 Part Time Weeks)

Single Day Drop In Fee (Max 1 Day Per Week): Members: \$45 / Non-Members: \$50

Field Trip TBA- Seven Hills Bowling Lanes includes lunch and bowling)! \$20



Kids Day Off Program - \$40 per student

Pending Bring the kids as early as 6:30am and leave them until 6pm - no extra charges! The day is filled with activities, crafts, swimming and more fun! Bring a lunch,

a snack, and swim gear!

Contact Camp Staff with questions - camps@sevenhillsohio.org

Every Monday Starting October 5th - December 18th! Tuesday, November 3rd and Friday, November 13th



Seven Hills Rentals COVID-19 Updates

Rentals are currently only available for Saturdays and Sundays. They are limited to one rental per day. Availability is **extremely** limited. Reservations can be made 180 days in advance. Payment is due in full 30 days prior to the scheduled date. Reservations will **NOT** be accepted less than 30 days in advance.

At this time, all reservations are given all 3 rooms to ensure social distancing. A MAXIMUM OF 40 PEOPLE PER RENTAL IS IN PLACE. All guests MUST wear masks while coming in the building and moving around the building. Masks do not need to be worn while swimming, eating, and drinking. Please remind guests of this rule and please be respectful towards all staff members.

Member Pricing:

Pool Party - \$65/hour - Minimum 2-hours
Party without Pool - \$40/hour - Minimum 2-hours
Non-Member Pricing:

Pool Party - \$95/hour - Minimum 2-hours
Party without Pool - \$65/hour - Minimum 2-hours

Contact Spencer at 216.524.6262 or at sabbott@sevenhillsohio.org for availability or to book your next party!
Rooms are also available at City Hall for Seven Hills Residents. Call for deatails!

Come Join Us!

Therapy Link is offering <u>free</u> presentations to keep you active. During this time we realize that you want to stay active and involved, so we're inviting you to join our free zoom meetings to learn about your health!



Exercise and Aging will be presented on Oct 8th at 12:00. Please call Therapy Link at (216) 749-6650 for the Meeting ID and Password. We look forward to seeing you!!!

2020 FALL / WINTER AQUATICS PROGRAMS*

Register and More Info at WWW.SEVENHILLSOHIO.ORG

Contact Mike for more Info at aquatics@sevenhillsohio.org | 216.524.6262 ext. 404

Seahawks Swim Team

Members \$45/Non-Members \$55
From 6:15 to 7:15 pm
Mondays Only from Nov. 16th through Dec. 21st
Wednesdays Only from Nov. 18th through Dec. 23rd

Competitive Swim Team Stroke Clinics

Members \$20 per clinic/Non-Members \$30 per clinic From 12 to 1:30 pm

Oct. 10th, Oct. 24th, Nov. 14th & Dec. 5th
Each clinic will emphasize one swimming stroke. The swimmers
will also be filmed underwater and analyzed by one of our
coaches. For more info contact the aquatics supervisor.

American Red Cross Lifeguarding Training

Members \$200/Non-Members \$250 November and December Course Dates Available.

American Red Cross CPR/First Aid Training

Members: \$70/Non-Members \$80 Offered Tuesdays and the first Saturday of every Month.

Rec2Connect

The vision of **Rec2Connect** is to connect people with special needs, and their families, to community recreation, wellness, and lifetime leisure skills through innovative recreation therapy programming. For more info,

contact Jen Knott at 1.330.703.9001 or jen@rec2connect.org

SwimSations

SwimSations is a new and unique play-based aquatic therapy program for children with sensory processing challenges. For more info, contact Kristen Pataki at 440.567.3648 or kristen.pataki@gmail.com.

Water Safety Testing

Free for Members/\$10 for Non-Members

If you need water safety testing for boy/girl scouts or other activities such as a rowing team, boating, etc., one of our certified lifeguard instructors can verify skills for you.

Contact the aquatics supervisor for more info.

Adult Water Exercise Classes

We offer low impact and Arthritis Foundation Aquatic Program classes which are conducted by AEA certified instructors.

Contact the aquatics supervisor for more info.



Private/Adapted Swimming Lessons

\$30 per half hour
One-on-One or Semi-Private.
Learn-to-swim or Improve Stroke Technique.

Contact the Aquatics Supervisor
to schedule lessons.

Group Learn-to-Swim

Monday or Wednesday Only
Members \$45/Non-Members \$55

Mondays Only from Nov. 16th through Dec. 21st

Wednesdays Only from Nov. 18th through Dec. 23rd

Saturday Only

Members \$45/Non-Members \$55 From Nov. 14th through Dec. 19th

Hom Nov. 14th through Dec. 15th				
Group Learn-to-Swim Times				
Level	Mon or Wed PM	Saturday AM		
Starfish	xxxx	10:00-10:30 10:45-11:15		
Tadpole (Pre 1)	5:00-5:30	10:00-10:30 11:30-12:00		
Frog (Pre 2)	5:00-5:30	10:00-10:30 10:45-11:15		
Stingray (Pre 3)	5:00-5:30	10:45-11:15 11:30-12:00		
Turtle (L 1)	5:00-5:30	10:45-11:15 11:30-12:00		
Penguin (L 2)	5:30-6:15	10:00-10:45 11:15-12:00		
Sea Otter (L 3)	5:30-6:15	10:00-10:45 11:15-12:00		
Dolphin (L 4-6)	5:30-6:15	11:15-12:00		

^{*}The aquatic programs dates and times are subject to change without notice.

Learn-to-Swim Level Descriptions

- Starfish: 6 months to 3 years old. The STARFISH level builds readiness by emphasizing fun in the water. Parents and children will participate in several guided sessions which help children adjust to the water and learn basic water skills. Most importantly, it's fun for parents and kids!
- Tadpole (Pre-School #1): Group TADPOLE is for children who are being introduced to the swimming pool for the first few times. The main focus of this level is to become comfortable in the swimming pool. In order for your swimmer to progress to the next level, these tasks must be completed: Independently enters and exits the water; Kicks feet at the wall; Blows bubbles; Holds breath when face is underwater; Submerges underwater with assistance; Swims away from wall with assistance; Demonstrates comfort in pool setting; Understands Pool Safety Rules.
- Frog (Preschool #2): Group FROG is for the beginner swimmer who is familiar with the water. Swimmers will learn the fundamentals of swimming as well as pool safety. At the completion of level FROG, the swimmer will be able to complete the following: Front float with little or no assistance; Back float with little or no assistance; Paddles on front and back with assistance; Kicks on front and back with assistance; Holds breath underwater for 3 seconds; Submerges unassisted; 5 yards assisted streamline from wall on front and back; Log rolls assisted; Independent bobs.
- Stingray (Preschool #3): Group STINGRAY is for swimmers who have either completed Preschool 2, have recommendation from teacher to move into Preschool 3, or have intermediate skills. Children have already mastered kicking and pulling independently, floating unassisted, kicking on kickboard with little to no assistance, and jumping in and swimming back to the wall 5 feet. Children will work on backstroke, swimming 5 to 10 yards independently with rudimentary breathing, intro to dolphin kick, and streamline kicking 5 yards front and back.
- Turtle (Level #1): Group TURTLE is for the swimmer who has completed group FROG or can float unassisted and swim rudimentary freestyle. At the completion of level TURTLE, your swimmer will be able to complete the following: Front and back float unassisted; Freestyle and backstroke 5 yards assisted; Streamline kick on front and back unassisted 5 yards; Log rolls unassisted; Assisted rotary breathing; Assisted side-kick; 10 Independent bobs.
- Penguin (Level #2): Group PENGUIN is for the swimmer who has completed group TURTLE. In Group PENGUIN, swimmers will learn to swim freestyle with rotary breathing, backstroke, and will be introduced to dolphin and breaststroke kicks. In order to advance to the next level, the following must be completed: 10-15 yards Unassisted freestyle with rotary breathing; 10-15 yards Backstroke unassisted; 10-15 yards Streamline kick on front and back; Dolphin kicks assisted; Jumps in and swims to the wall unassisted; 15 Independent bobs.
- Sea Otter (Level #3): Group SEA OTTER is for swimmers ready to advance their swimming skills. In Group SEA OTTER, swimmers will enhance freestyle and backstroke, and continue to learn butterfly and breaststroke. In order to advance to the Dolphins pre-team group, the following must be completed: 25 yards Freestyle and backstroke; 25 yards Streamline kick front and back; 10 yards Unassisted streamline butterfly kick; Butterfly arms; 5 yards Unassisted breaststroke kick; 5 yards Butterfly.
- **Dolphin (Level #4 6):** The DOLPHIN group is a pre-team swim group consisting of swimmers who have completed Sea Otter swim lessons. This pre-team group is for swimmers looking to strengthen their swimming skills and learn the fundamentals of swim team. Swimmers entering the pre-team group must be able to complete the following: 25 yards Freestyle with rotary breathing; 25 yards Backstroke; 5 yards Butterfly; Breaststroke kick.

WATER EXERCISE / SWIMSATIONS



CARDIO & TONING WITH KAREN:

Change-up your workouts at the Pool! This class is a combination of cardio intervals along with strengthening and toning moves. Great for beginners or those with experience - a fun time for everyone! Taught by certified instructors around the 4-foot depth.

Tuesdays & Thursdays: 6:00pm - 7:00pm

LOW IMPACT WATER EXERCISE WITH RENEE:

Get a great work-out without the pain! Water Aerobics offers great results while you enjoy the water. Low-Impact, High Intensity! All classes taught by certified instructors - class meets around the 4-foot depth.

Mondays, Wednesdays, & Fridays: 9:00am - 9:45am

ARTHRITIS FOUNDATION AQUATIC PROGRAM WITH LEIGH:

This program is specifically geared towards adults living with Arthritis. Participants are provided with gentle aquatic activities with the guidance of a certified Arthritis Foundation Instructor. All exercises are low-impact and done around the 4-foot depth.

Mondays, Wednesdays & Fridays: 10am - 10:45am

AQUA BARRE WITH KATIE:

Aqua Barre is a fitness class that combines all the components of cardio, strength, and flexibility found in a ballet barre class with the benefits and fun of aquatic strength and conditioning. Ballet barre combines principles of Ballet, Yoga, and Pilates, and general calisthenics with a strong emphasis on posture, core strength, and proper technique. Instead of the classic barre and light dumbbells, gravity and buoyancy are both used to provide resistance and toning for the lower body, core, and upper body. No dance experience is necessary, and modifications can be provided to appeal to both beginners and experienced aquatic enthusiasts!

Mondays: 7:45pm - 8:45pm (This Punch Card Only Good for Katie's Class)

All Water Exercise Classes are offered through our Punch Card System

Punch Cards are good for 12 water classes. (Cards Expire after 8 Months)

Members: \$38 Non-Members: \$50 Drop IN: \$8

For the health and safety of our employees and families, please follow the guidelines below:

- · Stay safe Stay healthy Stay 6-feet apart and 6-feet away from staff members too!
- · Wear a face mask while on the pool deck/patio.
- · Groups of different households must maintain social distancing.
- · Please keep the pool deck/narrow passages clear.
- · Street shoes are not permitted on deck.
- · Family seating is available on the green pool deck benches and the patio picnic tables.
- · Indoor/outdoor chairs and tables must NOT be moved.



HOPKO FUNERAL HOME

6020 Broadview Rd. Parma, OH 44134

216-661-0033

OUR FAMILY SERVING YOUR FAMILY FOR OVER 100 YEARS



Septic Tank Abandonments 216-387-8746 www.clevelandsewerpro.com

Family Restaurant

Family Owned and Operated Home Cooking at prices you can afford

> 7851 Broadview Rd • Seven Hills 216-447-4444

Monday-Saturday 6am-9pm • Sunday 6 am-8pm



All Saints Federal Credit Union: St. Columbkille Branch 6740 Broadview Rd. • Parma, OH 44134 Telephone 216-524-0414 • www.allsaintsfcu.com

OUR HOURS

Monday - Closed Tuesday - 10am-3pm Wednesday - 10am-3pm Thursday - 2pm-6pm Friday - 2pm-6pm Saturday - 9am-12pm Sunday - Closed

Our Services include: Share/Savings, Draft/Checking, Christmas Club, and Student Saver accounts, Home Equity Loans, New and Used Car Loans, Share Loans, Personal Loans, and Tuition (Catholic Elementary and High School) Loans. Please call us or go to our website for our current rates. We also offer Direct Deposit, Direct Debit, Online Banking, Credit Cards and Online Bill pay.

We also offer motorcycle, RV, mobile home, and boat loans!

Proudly Serving Parish Members of: Church of the Assumption, St. Columbkille, St. Leo the Great, St. Matthias the Apostle, St. Therese and St. Francis De Sales. We welcome other faith-based communities as well! If you haven't joined the Credit Union yet, stop in to see us soon!

At your credit union, you are insured to at least \$250,000 by the National Credit Union Administration (NCUA).

CHURCHILL **TOWERS**

Comfortable Peaceful 55+ living

9333 North Church Drive Parma Heights

440-843-2392

Free Heat, Water, Sewer and Garage Parking



#1 Medicare Advantage plan provider in America

1-855-844-2078, TTY 711 ExploreUHCMedicare.com

> United Healthcare

Y0066 200813 013109 M

SPRJ58101



(216) 642-7373 www.drsglosik.com

7305 Broadview Rd • Seven Hills

Bring in your glasses prescription or call for an eye exam!



Contact Kathy Buck to place an ad today! kbuck@lpiseniors.com or (800) 477-4574 x6346



"Above and Beyond Industry Standard"

Resident of Seven Hills

Your Local Roofing Expert for 15 years

216-394-7663 • ModernRoof.net

Life Insurance Since 1879 Licensed in Illinois, Iowa, Michigan, Ohio Annuity/IRA at 3% to Members

216-341-0444 insurance@czechccu.org



FREE Home Warranty -List Your Home With Me **Call for Details**



TheresaWalters.com Theresa Walters

Dementia Care/Personal Care/Housekeeping Medication Reminders/Overnight Safety Meals Prepared & Shared/Companionship Only 2 hours daily or up to 24/7 Caring!

LOCALLY AND FAMILY OWNED AND OPERATED

Do **YOU** need help

with Mom & Dad?

∠ FAMILY FIRST



216-524-2007

Serving the local Seven Hills community for over 50 years

> 7252 Broadview Rd Parma, OH 44134

www.hrobatinsurance.com



City of Seven Hills 7325 Summitview Drive Seven Hills, OH 44131 Presort Standard US Postage PAID Cleveland, OH Permit No. 1132

********ECRWSSEDDM****

Postal Customer Seven Hills, OH 44131

To schedule an appointment with Mayor Biasiotta, contact Kathy at 216-525-6227 / kholland@sevenhillsohio.org



City Hall Holiday Hours:

Monday, October 12th - Closed
Wednesday, November 25th - 8am - Noon
Thursday & Friday, November 26th & 27th - Closed
Thursday, December 24th - 8am - Noon
Friday, December 25th - Closed
Thursday, December 31st - Regular Hours
Friday, January 1st - Closed
Monday, January 18th - Closed

2020 Delayed Trash Pick Up Schedule:

Thanksgiving – November 26th Thursday will be picked up on Friday

Christmas -December 25th - No Delay New Year's - January 1st - No Delay

Recreation Center Holiday Hours:

Thursday, November 26th - Closed Thursday, December 24th - 5:30am - Noon Friday, December 25th - Closed Thursday, December 31st - 5:30am - Noon Friday, January 1st - Closed

Seven Hills City Hall ● 7325 Summitview Drive ● Seven Hills, OH 44131 Phone: 216-524-4421 ● Website: www.sevenhillsohio.org